

St. Ignatius Loyola RC Church
Hicksville, NY



Parish Prayer Book



For the greater glory of God



Ad Maiorem Dei Gloriam

Preface

We have the great privilege of coming before God and communicating with Him. This movement of our whole self toward God and His coming toward us is called prayer. The Word dwelt among us, Emmanuel, listens to our prayers and wants a deep relationship with us. Prayer is a joyful moment of trust and faithfulness that enables us to praise Him throughout the day as we are His beloved and He is the lover of our Soul. All that He asks is that we walk with Him.

The prayers in this book are our humble effort to be with him through the day that nourishes our personal and parish faith life. Hence, we can call these prayers and devotions “walking stick”, supporting our journey with Him and toward Him. These prayers are wonderful ways to step into the presence of God and open the path for God to come to our innermost space to sanctify us through adoration, Holy Rosary, Novenas, Divine Mercy Chaplet, and so on.

I am grateful to *AnsyMary Antony* for being obedient to the leading of the Holy Spirit, and acknowledge your efforts to assemble various Catholic devotions, prepare the prayers and reflections, and compile this prayer book for the spiritual nourishment of the parish community. Thank you for providing the Annexure also, with useful information regarding the various devotions and events of the Parish.

I dedicate this prayer book in loving memory of *Gertrude Kelly* in this Ignatian Year for God’s greater glory and the salvation of souls. Thank you *Susan Kelly* for sponsoring this book.

Thank you *Fr. Francis A. Samuel OIC* and *Peggy Gill* for proofreading the book. Thank you *Stephen Hassett* for publishing the book. I also thank Fr. Benjamin, Deacons George, Mario, Jose, Nuns, Staff and parishioners for your constant support and prayers.

In Jesus and Mary,
Fr. Shibi Pappan OIC

Prayer book is dedicated in loving memory of
Gertrude Kelly
(*mother of Susan Kelly*)

**Assembling of various Catholic devotions,
preparation of prayers and reflections,
and design of Prayer Book by**
AnsyMary Antony
Director of Digital Evangelism and Communications

**Exclusively for personal and
St. Ignatius of Loyola Hicksville Parish use**

With the blessings and approval of
Fr. Shibi Pappan OIC, Pastor

Sponsored by Susan Kelly

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Prayer upon entering the church, before Mass

Lord Jesus, I come before You just as I am. Please help me worship You with an undistracted heart. You know how my mind wanders with my worries and anxieties, concern of family, friends and others close to my heart and thoughts about other things. Help me put those thoughts away and focus on You and Your glory. As I celebrate this Holy Mass, may Your Spirit cause my heart, soul, mind, and strength to exalt Your Holy Name in my singing, listening to Your Word, and interacting with Your people. Amen.

Exposition of the Most Blessed Sacrament soon after Mass



O SALUTARIS

O SALUTARIS HOSTIA
QUAE CAELI PANDIS OSTIUM:
BELLA PREMUNT HOSTILIA,
DA ROBUR, FER AUXILIUM.

UNI TRINOQUE DOMINO
SIT SEMPITERNA GLORIA,
QUI VITAM SINE TERMINO
NOBIS DONET IN PATRIA.
AMEN.

Morning prayer in the Adoration Chapel after exposition

Trinitarian Eucharistic Prayer

(taught by Angel of Peace to the Children in Fatima)

MOST HOLY TRINITY, I adore Thee! My God,
My God, I love Thee in the Most Blessed Sacrament.(3)

O Most Holy Trinity! Undivided unity! O Holy God! Mighty God! God Immortal be adored. Omnipotent Triune God, I adore and love You. My God, I love You in the Most Blessed Sacrament.

O Sacrament Most Holy, O Sacrament Divine,
All Praise and All Thanksgiving be every moment Thine.(3)

Pardon Prayer

(taught by Angel of Peace to the Children in Fatima)

MY GOD,I believe, I adore, I trust and I love Thee! I ask pardon for those who do not believe, do not adore, do not trust and do not love Thee. (3) Amen.

Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the Most Precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended, and through the infinite merits of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners. Amen. *Silence.*

Lord we thank You for everything, especially for coming into our hearts in the Holy Eucharist we just now received. May Your word, we listened today guide us.

On Mondays: Father, into Your hands we commend our spirit living and dying, this day and every day of our lives. Today we pray for all our health care workers and police officers, and for all the sick. We pray for our dearly departed and their sorrowing families also. Eternal rest grant unto them O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed rest in peace. Blessed souls we have prayed for you. We entreat you ,who are so dear to God, and who are secure of never losing Him, to pray for us, miserable sinners who are in danger of being damned and losing God forever. Amen.

On Tuesdays: Blessed be the most holy Name of Jesus without end! We do everything today and everyday for the greater glory of Your Name, Lord. Today we pray for all who are traveling this week. We also pray for all priests, nuns and religious. O God, who hast appointed Thine only-begotten Son to be the eternal High Priest for the glory of Thy Majesty and the salvation of mankind; grant that they whom He hath chosen to be His ministers and the stewards of His mysteries, may be found faithful in the fulfillment of the ministry which they have received. Through the same Christ Our Lord. Amen.

On Wednesdays: Come Holy Spirit, fill us with Your fruits, gifts and charisms. Today being Wednesday, a day dedicated to St. Joseph, let us seek his intercession in a special way. O Blessed Joseph, who yielded up thy last breath in the arms of Jesus and Mary, obtain for me this grace, O holy Joseph, that I may breathe forth my soul in praise, saying in spirit, if I am unable to do so in words: Jesus, Mary and Joseph, I give Thee my heart and my soul. Today we pray for all men in the world, all in authority that they may make right decisions for the welfare of all. Amen.

On Thursdays: Jesus in the Blessed Sacrament, we adore You and love You. Inflame our hearts with love for You. Infant Jesus, we honor You, and seek Your blessings. Today we pray for all children born and unborn, orphans, mentally challenged people and for all teachers.

On Fridays: Jesus, remember us, when You come into Your Kingdom. Sacred Heart of Jesus, have mercy on us. We pray for all those who are unjustly behind the bars, all who are abused in any way and for all who need a transformation from their sinful lives. Today

we pray for all lawyers and politicians also. We pray for their families as well.

On Saturdays: Lord, we thank You for this entire week. Today being Saturday, we seek the intercession of our Blessed Mother in all our needs. Mother of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but the Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Mother of Perpetual Help. We also pray for all women in the world, all scientists, engineers and other professionals.

In this month of **January** traditionally devoted to the **Holy Name of Jesus**, we honor His Most Holy Name by praying the Golden Arrow Prayer. May the holiest, most sacred, most adorable, most mysterious and unutterable Name of God be always praised, blessed, loved, adored and glorified in heaven on earth and under the earth, by all the creatures of God, and by the Sacred Heart of our Lord Jesus Christ in the Most Holy Sacrament of the altar.

In this month of **February** traditionally devoted to the **Holy Family**, we pray: Jesus, Mary, Joseph, model for all Christian families, I entrust my family to your care and protection. Bless each member of my family. Help me and the members of my family to love, listen to, support and accept one another. Encourage us to challenge one another to be compassionate, merciful and forgiving as we struggle with the difficulties of our lives. Guide us to seek

goodness and holiness in our everyday choices, actions and attitudes. Encourage us when our faith is weak and when we fail to lead one another to Christ. Make our home a real dwelling place of peace, joy and love, where you are ever present among us. May we work to uphold each one's dignity, integrity and unique contributions to the well-being and growth of our family. And when our time on earth is complete, bring us all safely home to you in the company of heaven. Amen.

In this month of **March**, traditionally devoted to **St. Joseph**, we pray: Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted His only Son; in you Mary placed her trust; with you Christ became man. Blessed Joseph, to me too, show yourself a father and guide me in the path of life. Obtain for me grace, mercy and courage, and defend me from every evil. Amen.

In this month of **April** traditionally devoted to the **Holy Eucharist**, we pray: Jesus in the Blessed Sacrament, we love You and adore You. Inflammé our hearts with divine love. Amen.

In this month of **May** traditionally devoted to our **Blessed Mother**, we accept her as our mother, and pray: Hail, Mary, White Lily of the Glorious and always serene Trinity, Hail brilliant Rose of the Garden of heavenly delights; O you, by whom God wanted to be born and by whose milk the King of Heaven wanted to be nourished! Nourish our souls with effusions of divine grace. Amen!

In this month of **June** traditionally devoted to the **Scared Heart of Jesus**, we pray: O Most Holy Heart of Jesus, fountain of every blessing, I adore Thee, I love Thee and with a lively sorrow for my sins, I offer Thee this poor heart of mine. Make me humble, patient, pure, and wholly obedient to Thy will. Grant, good Jesus, that I may live in Thee and for Thee. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, Thy blessing on all that I do, and the grace of a holy death. Within Thy Heart I place my every care. In every need

let me come to Thee with humble trust saying, ‘Heart of Jesus help me’. Amen.

In this month of **July** traditionally devoted to the **Precious Blood of Jesus**, we pray: O Jesus, in union with Your most precious Blood poured out on the cross and offered in every Mass, I offer You today my prayers, works, joys, sorrows, and sufferings for the praise of Your Holy Name and all the desires of Your Sacred Heart; in reparation for sin, for the conversion of sinners, the union of all Christians and our final union with You in Heaven. Amen.

In this month of **August** traditionally devoted to the **Immaculate Heart of Mary**, we pray: Immaculate Heart of Mary, pray for us.

In this month of **September** traditionally devoted to **Our Lady of Sorrows**, we pray: Mary most sorrowful, Mother of Christians, Virgin most sorrowful, pray for us.

In this month of **October** traditionally devoted to the **Our Lady of Rosary**, we pray: Our Lady of Rosary, pray for us.

In this month of **November**, traditionally devoted to **The Holy souls in Purgatory**, we pray: Eternal rest grant unto them O Lord, and let perpetual light shine upon them. May all the souls of the faithful departed rest in peace. Amen.

In this month of **December** traditionally devoted to the **Immaculate Conception**, we pray: O Mary, conceived without sin, pray for us who have recourse to Thee, and for all those who do not have recourse to Thee. Amen.

Dear Lord, we thank You for this **new day** /*[On every Monday]* **new week** /*(on the first of every month)* **new month**. Be with us Lord, as we do our day’s/week’s/month’s activities and guide us. Send Your Holy Spirit upon us and guide us. We surrender all of us into Your loving hands. Jesus we place our trust in You. **Amen.**

Repose Prayers at 3 pm on every Friday

My dear brothers and sisters, at 3 O'clock on this Friday, let us thank God for His immense love and the great sacrifice He made for our salvation.

Lord we praise and thank You, for You paid a debt which You didn't owe, but the debt we owed, which we couldn't pay. *Pause.*

As we pray this Chaplet of Divine Mercy, let us keep in mind, **the Message of DIVINE MERCY**; given to St. Faustina by Jesus - *That God Loves all of us; no matter how great or how grave our sins are. Jesus wants us all to realize and to recognize that His Mercy is far greater than our sins. He wants us all to call upon Him with Trust ! To sincerely repent of our sins , to receive His forgiveness and Mercy and then most importantly, to let His Mercy flow through us to others .*



Opening Prayer

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You! * 3

The Our Father

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

The Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed are thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

For each of the five decades

(On each "Our Father" bead of the rosary, pray)

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

[Fridays on Lent, before each decade]

1. We seek forgiveness for all the times we took Your love for granted, and failed to love You above all.
2. We seek forgiveness for all the times we went after our own desires and pleasures, instead of seeking Your Divine will.
3. We seek forgiveness for all the times we failed to do our duties and moral responsibilities, in the way we ought to do.
4. We seek forgiveness for all the times we ignored the real needs of those around us and led a self centered life.
5. We seek forgiveness for all the times we hurt You by our sins and even justified them.

(On each of the 10 “Hail Mary” beads, pray)

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Concluding prayer *(Repeat 3 times)*

Holy God, Holy Mighty One, Holy Immortal One
have mercy on us and on the whole world. Amen.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. *Silence*

O Sacrament Most Holy, O Sacrament Divine,
All Praise and All Thanksgiving be every moment Thine.(3)

Priest: You have given them Bread from Heaven

Response: Having within it all sweetness.

Lord Jesus Christ, You gave us the Eucharist, as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the Kingdom where You live with the Father, and the Holy Spirit, one God forever and ever. Amen.

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.

Amen.

Eucharistic Blessing

After the Blessing, the Blessed Sacrament is reposed.

FIRST FRIDAY HOLY HOUR

On all First Fridays , we will have an hour of adoration in front of the Blessed Sacrament. However, we will be having **9 consecutive First Fridays, from October to June**, with special Gospel readings and reflection, to observe the Sacred Heart Feast Day which falls in June, in a more meaningful and solemn way. In that way we will begin our Consecration journey to the Sacred Heart, holding the hand of Mary our Blessed Mother.

Exposition of the Blessed Sacrament

All kneel. Blessed Sacrament kept on the main Altar.



¶ O Salutaris Hostia
Quae Caeli Pandis Ostium:
Bella Premunt Hostilia,
Da Robur, Fer Auxilium.
Uni Trinoque Domino
Sit Sempiterna Gloria,
Qui Vitam Sine Termino
Nobis Donet In Patria. Amen ¶

Trinitarian Eucharistic Prayer

(taught by Angel of Peace to the Children in Fatima)

MOST HOLY TRINITY, I adore Thee! My God, My God, I love Thee in the Most Blessed Sacrament.(3)

O Most Holy Trinity! Undivided unity! O Holy God! Mighty God!
God Immortal be adored. Omnipotent Triune God, I adore and love
You. My God, I love You in the Most Blessed Sacrament.

O Sacrament Most Holy, O Sacrament Divine,
All Praise and All Thanksgiving be every moment Thine.(3)

¶ Father we adore You; lay our lives before You, how we love You.
Jesus we adore You; lay our lives before You, how we love You.
Spirit we adore You; lay our lives before You, how we love You.¶

Pardon Prayer

(taught by Angel of Peace to the Children in Fatima)

MY GOD, I believe, I adore, I trust and I love Thee! I ask pardon
for those who do not believe, do not adore, do not trust and do not
love Thee.(3)Amen.

Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee
profoundly. I offer Thee the Most Precious Body, Blood, Soul and
Divinity of Jesus Christ, present in all the tabernacles of the world,
in reparation for the outrages, sacrileges and indifferences by which
He is offended, and through the infinite merits of His Most Sacred
Heart, and the Immaculate Heart of Mary, I beg of Thee the
conversion of poor sinners. Amen.

¶ Open my eyes, Lord, help me to see your face
Open my eyes, Lord, help me to see
Open my ears, Lord, help me to hear your voice
Open my ears, Lord, help me to hear
Open my heart, Lord, help me to love like you
Open my heart, Lord, help me to love ¶

All stand.

Now let us listen to the Word of God.

1. October

A reading from the holy Gospel according to Jn 19:25-27

Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, **“Woman, behold, your son.”** Then he said to the disciple, **“Behold, your mother.”** And from that hour the disciple took her into his home.

The word of God.

R: Praise to You Lord Jesus Christ.

As reflect on this Gospel passage , we can see that Jesus is giving us His own mother to be our mother, as He knows that she will surely lead us to Him. We can also see how perfectly He is doing His duty as a Son even in such pain. We too are invited to do our duties and responsibilities especially towards those who are exclusively entrusted in our care. In this month of the Holy Rosary, let us hold our loving mother's hands and reflecting on the mysteries of the life of Jesus with her, follow Him more closely.

(Spend some time in silence. Link this passage with the month of Rosary, and Mary's role in our lives, in leading us to Jesus.)

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2. November

A reading from the holy Gospel according to Jn 14:1-4

“Do not let your hearts be troubled. You have faith in God; have faith also in me. **In my Father’s house there are many dwelling places. If there were not, would I have told you that I am going to prepare a place for you? And if I go and prepare a place for you, I will come back again and take you to myself, so that where I am you also may be.** Where I am going you know the way.”

The word of God.

R: Praise to You Lord Jesus Christ.

Jesus died for us on the cross and paid for our sins. So the moment we repent of our sins from the heart, all our sins are completely wiped away. By His death and resurrection, He has ensured a place for us with Him. All we have to do, is to grab that privilege He is offering us, by completely believing in His saving love and amend our ways.

(Spend some time in silence. Link this passage with the month of all souls of our dearly departed, death, His coming as Christ the King and His immense love that He is waiting for us)

Go to page 31

3. December

A reading from the holy Gospel according to Jn 3:16-18

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through Him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God.

The word of God.

R: Praise to You Lord Jesus Christ.

Quite often we reflect on the passion and crucifixion of Jesus, but very rarely reflect on His humbleness to become a human. In every single Mass, when the priest or deacon mix a drop of water with a greater amount of wine in the chalice, the prayer “By the mystery of this water and wine, may we come to share in the divinity of Christ, who humbled Himself to share in our humanity.” is said. This shows the significance of His incarnation. The water represents “we , the people” and wine represents the Blood of Christ. Jesus was fully divine though He became fully human for our sake. Imagine the depth of His love, to willingly and knowingly go through what He underwent from the moment of His conception to His crucifixion and ascension. In the womb of Mary, He spent 9 months just like a normal human baby. Yet how easily we get impatient while waiting. We think of the babies in the womb as part of respect life. We should also think about the generosity of God to become flesh. If that didn’t happen, there is no crucifixion or resurrection. That’s why on every

Sunday, when we say the Nicene creed, we bow at the part where

we say “by the Holy Spirit was incarnate of the virgin Mary and became man.” That’s why we pray the Angelus at 6 am, 12 noon and 6 pm. In this advent it is also good to reflect a little more about the exemplary obedience He showed to Mary and Joseph.

(Spend some time in silence. Link this passage with the incarnation of Jesus, the word made flesh, 9 months in the womb of Mary, 33 years of earthly life and His immense love for us, which made Him do all that, and make a decision to pray The Angelus thrice a day, and honor His incarnation every day)

Go to page 31

4. January

A reading from the holy Gospel according to Mt 12:46-50

While he was still speaking to the crowds, his mother and his brothers appeared outside, wishing to speak with Him. Someone told Him, “Your mother and your brothers are standing outside, asking to speak with You.” But He said in reply to the one who told Him, “Who is my mother? Who are my brothers?” And stretching out his hand toward his disciples, he said, “Here are my mother and my brothers. **For whoever does the will of my heavenly Father is my brother, and sister, and mother.**”

The word of God.

R: Praise to You Lord Jesus Christ.

Let us reflect on the Gospel we just heard. This Gospel passage invites us to do the will of God. In fact only when we do that, we are

doing something for the greater glory of God. When do we like someone else's likes? Obviously love and trust are the two key factors involved. Jesus humbled Himself as a baby, and died on the cross for our redemption. Do we need anything more to realize His great sacrificial love and self denial involved in it. He is concerned about our ultimate good, our salvation. It is when we give priority to our earthly matters more than what really matters, we doubt Him and His love for us, His plans for us. He will arrange everything in such a way that we will get closer to Him each day. In order to do His will, we must first discern His will. But how? For that we have to be in constant communication with Him. Through our silent prayers, scripture readings, advice from our loved ones, the grace from the frequent reception of sacraments. Who is our role model for doing God's will. Of course Jesus, who went to the extent of dying while doing God's will. Then comes our Mother Mary, whose Solemnity we celebrated on January 1st / today. She always did God's will even when she lost her husband and Son to death. That's what in the Gospel we just heard, Jesus is highlighting her willingness to do God's will at all times irrespective of all situations. It is that sublime degree of trust in God, and obedience to Him, which we have to nurture in us. Let us seek the intercession of Mary, St. Joseph to whom Mary and Jesus was entrusted, and all the angels and saints, imitate them and keep God's will rather than our will, and do everything truly for the greater glory of God, as we journey on this new year..

(Spend some time in silence. Link this passage to the message that Jesus loves anyone who does the will of God the Father, as His family member. Mary is the perfect role model for doing that, and strive to achieve that privilege He has given us.)

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5. February

A reading from the holy Gospel according to Jn 15:4-5

Remain in me, as I remain in you. Just as a branch cannot bear fruit on its own unless it remains on the vine, so neither can you unless you remain in me. I am the vine, you are the branches. **Whoever remains in me and I in him will bear much fruit, because without me you can do nothing.**

The word of God.

R: Praise to You Lord Jesus Christ.

Let us reflect on the Gospel we just heard. How much He wants us to be with us, and expect only that in return. Let us allow Him to work in and through us, and yield much fruits. As in all relationships, a relationship with Jesus also needs quality time with Him. He is the source of our very life and our strength. In the pandemic, we have seen how people had to pay for treatment and ventilators, to sustain life. Every day we are getting this life as a gift from Him. Shortly we are entering the season of Lent and many celebrate Valentine's Day. How much we should think about His pure deep love for each one of us. How much we should be grateful to Him for all that He had already done for our salvation, and doing on a daily basis.

(Spend some time in silence. *Link this passage with the concept of Jesus' assurance to be with us. Also reminds that we can bear fruits if we remain with Him.*)

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6. March

A reading from the holy Gospel according to Jn 10:11-15

I am the good shepherd. A good shepherd lays down his life for the sheep. A hired man, who is not a shepherd and whose sheep are not his own, sees a wolf coming and leaves the sheep and runs away, and the wolf catches and scatters them. This is because he works for pay and has no concern for the sheep. **I am the good shepherd, and I know mine and mine know me, just as the Father knows me and I know the Father; and I will lay down my life for the sheep.**

The word of God.

R: Praise to You Lord Jesus Christ.

Let us reflect on the Gospel we just heard. Jesus is really the good shepherd, as He is more concerned about our salvation, than we ourselves are. Like the sheep, we also wander away from Him. But He comes after us, though He won't compel us. He waits patiently for our conversion, and when we return to Him, He receives us with all His love. Just like the sheep closer to the shepherd is safer from the wolves, the closer we are to Him, the safer we are from the devil and his traps. We are in the Lenten season and these days we are reflecting on His passion and death in a special way. The devil tempted even Jesus to turn away from the cross which He was about to carry. But it was His immense love for us that made Him carry the cross and endure all the sufferings, to save us, who are not even grateful most of the times. Let us be really sorry for all the times we were ungrateful, and make a firm decision to love Him, who died for us, more deeply, and express our sincere gratitude .

(**Spend some time in silence.** *Think about the extreme love of Jesus by which He died for us, while we were sinners.*)

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7. April

A reading from the holy Gospel according to Jn 15:12 - 17

This is my commandment: love one another as I love you. **No one has greater love than this, to lay down one's life for one's friends.** You are my friends if you do what I command you. I no longer call you slaves, because a slave does not know what his master is doing. I have called you friends, because I have told you everything I have heard from my Father. It was not you who chose me, but I who chose you and appointed you to go and bear fruit that will remain, so that whatever you ask the Father in my name he may give you. This I command you: love one another.

The word of God.

R: Praise to You Lord Jesus Christ.

My dear brothers and sisters in Christ, let us reflect on the Gospel we just heard. Jesus laid down His life on the cross, as a reparation for our sins, and He came down on earth for this sole purpose. How much should we be grateful for His love, and His mercy to consider us as His friends, though many times we take His love for granted. Let us take a firm decision that from now onwards we will spend at least 5 minutes in gratitude for all that He has already done for us.

(Spend some time in silence. Think about the intense love by which He died for us, which no one else will do. Also think about His desire for friendship with us.. He called us friend...)

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8. May

A reading from the holy Gospel according to Mt 22:34-40.

When the Pharisees heard that he had silenced the Sadducees, they gathered together, and one of them a scholar of the law tested him by asking, “Teacher, which commandment in the law is the greatest?” He said to him, “**You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment.** The second is like it: **You shall love your neighbor as yourself.** The whole law and the prophets depend on these two commandments.”

The word of God.

R: Praise to You Lord Jesus Christ.

Let us reflect on the Gospel we just heard. God wants nothing from us, other than our love for Him and others. As we celebrate Mother’s Day this month, it’s good to reflect on this a little deeper, which will enable us to understand the whole picture in a wider perspective. Our mothers also do not expect anything from us in return. Our little expressions of love, give them immense happiness. The only other thing she wants is peace and harmony in the family, among the family members and especially her children loving and caring each other. So let us consider our fellow beings as our brothers and sisters in Christ, and remain in peace with all. Let us help each other in which ever way possible and pray for all, and try our level best to make this world a heaven on earth.

(Spend some time in silence. Make a firm decision to make God our first priority, and to take all our decisions and to do everything based on that only.)

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9. June

A reading from the holy Gospel according to Jn 14:18-21

I will not leave you orphans; I will come to you. In a little while the world will no longer see me, but you will see me, because I live and you will live. On that day you will realize that I am in my Father and you are in me and I in you. **Whoever has my commandments and observes them is the one who loves me. And whoever loves me will be loved by my Father, and I will love him and reveal myself to him.”**

The word of God.

R: Praise to You Lord Jesus Christ.

Let us reflect on the Gospel we just heard. Jesus has given us the assurance that He will not leave us as orphans. Do we need anything else? If we truly love God, we will realize that He has given us the commandments, not to burden us, but to guide us to eternal life. If we love God, how can we not love our fellow humans who are our brothers and sisters in Christ. Let us try to do everything in our capacity in accordance with these greatest of all commandments.

(Spend some time in silence. *Think about His concern for us and how much He wants to be loved by us, how much He wants to make His “home” with in us.to dwell within us.)*

¶ Amazing Grace, how sweet the sound,
That saved a wretch like me.
I once was lost but now am found,
Was blind, but now I see.
Through many dangers, toils and snares
I have already come;
'Tis Grace that brought me safe thus far
and Grace will lead me home.¶

Think about His immense love for us, and make a firm decision to love Him above all, and completely give ourselves to Him. Like St. Therese of Lisieux, Lord we too pray, “O Jesus, who, in Thy cruel Passion didst become the reproach of men and the Man of Sorrows, I worship Thy divine Face. Once it shone with the beauty and sweetness of the Divinity; but now, for my sake, it is become as 'the face of a leper.' Yet, in that disfigured Countenance, I recognize Thy infinite love, and I am consumed with the desire of making Thee loved by all mankind. “

¶ Heart of Jesus, Heart of Jesus, burning with love for me..
Inflame my heart, inflame my heart,
with love, with love for Thee.¶

Let us now think about the love and mercy of Jesus.
Silent Reflection for 5 mts.

¶ Jesus my Lord, my God, my all !
How can I love Thee as I ought ?
And, how revere this wondrous gift,
So far surpassing hope or thought ?
{ Sweet Sacrament! we Thee adore !
O, make us love Thee more and more! } * 2 ¶

Prayer of praise and thanksgiving to the Sacred Heart

Lord, you deserve all honor and praise, because Your love is perfect and Your heart sublime. My heart is filled with gratitude for the many blessings and graces You give me and those whom I love. I cannot do anything to deserve this love, but may I always be attentive and never take for granted the gifts of mercy and love that flow freely and generously from Your Sacred Heart. Most Sacred Heart of Jesus, have mercy on us. Amen.

Let us praise and thank God for all the sufferings He endured in reparation for our sins to ensure salvation for us. Let us also thank Him for all that happened in the last month, good or bad, realizing that some were blessings and others were lessons, but all as per His Divine plan for a greater purpose. *Silent Reflection for 5 mts.*

Now let us present all our desires and petitions which we hold deep inside our heart and seek His blessings in all that we do, especially for the coming month. *Silent Reflection for 5 mts.*

Prayer of reparation for insults and blasphemies

O Jesus, my Savior and Redeemer, Son of the living God, behold, we kneel before Thee and offer Thee our reparation; we would make amends for all the blasphemies uttered against Thy holy name, for all the injuries done to Thee in the Blessed Sacrament, for all the irreverence shown toward Thine Immaculate Virgin Mother, for all the calumnies and slanders spoken against Thy spouse, the Holy Catholic and Roman Church. O Jesus, who hast said: "If you ask the Father anything in My name, He will give it to you", we pray and beseech Thee for all our brethren who are in danger of sin; shield them from every temptation to fall away from the true faith; save those who are even now standing on the brink of the abyss; to all of them give light and knowledge of the truth, courage and strength for

the conflict with evil, perseverance in faith and active charity! For this do we pray, most merciful Jesus, in Thy name, unto God the Father, with whom Thou lives and reigns in the unity of the Holy Spirit world without end. Amen

¶ All that I am, all that I have
I lay them down before You, O Lord
All my regrets, all my acclaims
The joy and the pain, I'm making them Yours
Lord, I offer my life to You
Everything I've been through, use it for Your glory
Lord I offer my days to You
Lifting my praise to You as a pleasing sacrifice
Lord I offer You my life
Things in the past, things yet unseen
Wishes and dreams that are yet to come true
All of my heart, all of my praise
My heart and my hands are lifted to You. ¶

Offering to the Sacred Heart

O Lord Jesus Christ, while on earth You gave praise to the Father through Your most Sacred Heart. Today, You continue to give praise to Him in the Sacrament of the Eucharist everywhere, even to the end of the world. In union with Your divine offering, we offer to You during this whole day all our intentions and thoughts, all our affections and desires, all our words and actions, and we pledge not to withhold even the smallest part from You, O Lord.

¶ Come, now is the time to worship
Come, now is the time to give your heart
Come, just as you are to worship
Come, just as you are before your God, Come ¶

An Act of Adoration

O great God, the Sovereign Lord of Heaven and Earth we prostrate ourselves before You. With all the angels and saints, we adore Thee. We acknowledge You to be our Creator and Sovereign Lord, our first beginning and last end. We render to You the homage of our being and lives. We submit ourselves to Your holy will and we devote ourselves to Your divine service this day and forever. We wish and purpose to gain today all the indulgences which it is possible for us to gain. Eucharistic Heart of Jesus, gracious companion of my exile, we adore Thee. Eucharistic Heart of Jesus, lonely Heart, humiliated Heart, abandoned Heart, forgotten Heart, despised Heart, outraged Heart, Heart ignored by men, Heart which loves our own hearts; Heart pleading for our love, Heart so patient in waiting for us, Heart so eager to listen to our prayers, Heart so anxious for my requests, Heart, unending source of new graces, Heart so silent, yet desiring to speak to souls, Heart, welcome refuge of the hidden life, Heart, teacher of the secrets of union with God, Heart of Him Who sleeps but watches always, Eucharistic Heart of Jesus, have mercy on us. Jesus Victim, we desire to comfort Thee; we unite ourselves to Thee; we offer ourselves in union with Thee. We regard ourselves as nothing in Thy Presence. Grant that we may satisfy Thy thirst for our salvation, Thy burning thirst for our holiness, and that we may give Thee a sincere and pure love. We give Thee all our actions, our minds to be enlightened, our hearts to be directed, our will to be stabilized, our wretchedness to be relieved, our soul and body to be nourished by Thee. Eucharistic Heart of Our Savior, Whose Blood is the life of our souls, may we love You deeply. Amen.

Act of Consecration to the Sacred Heart of Jesus

O Sacred Heart of Jesus, to Thee I consecrate and offer up my person and my life, my actions, trials, and sufferings, that my entire being may henceforth only be employed in loving, honoring and glorifying Thee. This is my irrevocable will, to belong entirely to Thee, and to do all for Thy love, renouncing with my whole heart all that can displease Thee. I take Thee, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be Thou, O Most Merciful Heart, my justification before God Thy Father, and screen me from His anger which I have so justly merited. I fear all from my own weakness and malice, but placing my entire confidence in Thee, O Heart of Love, I hope all from Thine infinite Goodness. Annihilate in me all that can displease or resist Thee. Imprint Thy pure love so deeply in my heart that I may never forget Thee or be separated from Thee. I beseech Thee, through Thine infinite Goodness, grant that my name be engraved upon Thy Heart, for in this I place all my happiness and all my glory, to live and to die as one of Thy devoted servants. Amen.

Litany of the Sacred Heart of Jesus

Lord, have mercy. *Lord, have mercy.*
Christ, have mercy. *Christ, have mercy.*
Lord, have mercy. *Lord, have mercy.*
Christ hear us, *Christ graciously hear us.*
God our Father in heaven, *have mercy on us.*
God the Son, Redeemer of the world, *have mercy on us.*
God the Holy Spirit, *have mercy on us.*
Holy Trinity, one God, *have mercy on us.*

Heart of Jesus, Son of the eternal Father, *have mercy on us.*
Heart of Jesus, formed by the Holy Spirit in the womb of the
Virgin Mother, *have mercy on us*
Heart of Jesus, one with the eternal Word, *have mercy on us.*
Heart of Jesus, infinite in majesty, *have mercy on us.*
Heart of Jesus, holy temple of God, *have mercy on us.*
Heart of Jesus, tabernacle of the Most High, *have mercy on us.*
Heart of Jesus, house of God and gate of heaven,
have mercy on us.
Heart of Jesus, aflame with love for us, *have mercy on us.*
Heart of Jesus, source of justice and love, *have mercy on us.*
Heart of Jesus, full of goodness and love, *have mercy on us.*
Heart of Jesus, well-spring of all virtue, *have mercy on us.*
Heart of Jesus, worthy of all praise, *have mercy on us.*
Heart of Jesus, king and center of all hearts, *have mercy on us.*
Heart of Jesus, treasure-house of wisdom and knowledge,
have mercy on us.
Heart of Jesus, in whom there dwells the fullness of God,
have mercy on us.
Heart of Jesus, in whom the Father is well pleased,
have mercy on us.
Heart of Jesus, from whose fullness we have all received,
have mercy on us.
Heart of Jesus, desire of the eternal hills, *have mercy on us.*
Heart of Jesus, patient and full of mercy, *have mercy on us.*
Heart of Jesus, generous to all who turn to you,
have mercy on us.
Heart of Jesus, fountain of life and holiness, *have mercy on us.*
Heart of Jesus, atonement for our sins, *have mercy on us.*
Heart of Jesus, overwhelmed with insults, *have mercy on us.*
Heart of Jesus, broken for our sins, *have mercy on us.*
Heart of Jesus, obedient even to death, *have mercy on us.*
Heart of Jesus, pierced by a lance, *have mercy on us.*

Heart of Jesus, source of all consolation, *have mercy on us.*

Heart of Jesus, our life and resurrection, *have mercy on us.*

Heart of Jesus, our peace and reconciliation, *have mercy on us.*

Heart of Jesus, victim of our sins, *have mercy on us.*

Heart of Jesus, salvation of all who trust in You, *have mercy on us.*

Heart of Jesus, hope of all who die in you, *have mercy on us.*

Heart of Jesus, delight of all the saints, *have mercy on us.*

Lamb of God, Who take away the sins of the world,
spare us O Lord.

Lamb of God, Who take away the sins of the world,
graciously hear us O Lord.

Lamb of God, Who take away the sins of the world,
have mercy on us O Lord.

Jesus meek and humble of hearts, *make our hearts like unto Thine.*

Let us pray. Almighty and eternal God, look upon the Heart of Thy most beloved Son and upon the praises and satisfaction which He offers Thee in the name of sinners; and to those who implore Thy mercy, in Thy great goodness, grant forgiveness in the name of the same Jesus Christ, Thy Son, who lives and reigns with Thee forever and ever. Amen.

¶ Sweet Heart of Jesus! Fount of love and mercy,

Today we come thy blessings to implore;

Oh touch our hearts so cold and so ungrateful,

And make them Lord, thine own for evermore.

{ Sweet Heart of Jesus! We Thee implore,

Oh, make us love thee, more and more. }R

Sweet Heart of Jesus! Make us know and love thee.

Unfold to us the treasures of thy grace.

That so our hearts, from things of earth uplifted,

May long above all to gaze upon thy face. R

Sweet Heart of Jesus! Make us pure and gentle
And teach us how to do thy blessed will;
To follow close the print of thy dear footsteps,
And when we fall, sweet heart oh love us still. R
Sweet Heart of Jesus! Bless all hearts that love thee,
And make thine own heart ever blessed be.
Bless us dear Lord, and bless the friends we cherish,
And keep us true to Mary and to thee. ¶

Benediction of the Blessed Sacrament

All Kneel

Tantum Ergo

¶ Tantum ergo Sacramentum
Veneremur cernui
Et antiquum documentum
Novo cedat ritui
Praestet fides supplementum
Sensum defectui
Genitori, Genitoque
Laus et jubilatio
Salus, honor, virtus quoque
Sit et benedictio
Procedenti ab utroque
Compar sit laudatio. A-men .¶

Priest: You have given them Bread from Heaven

Response: Having within it all sweetness.

Lord Jesus Christ, You gave us the Eucharist, as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the Kingdom where You live with the Father, and the Holy Spirit, one God forever and ever. Amen.

The Divine Praises

Blessed be God. Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus. Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints. Amen.

Eucharistic Blessing

(The Blessed Sacrament is taken to the adoration chapel.)

¶ Holy God, we praise Thy Name;

Lord of all, we bow before Thee!

All on earth Thy scepter claim,

All in Heaven above adore Thee;

Infinite Thy vast domain,

Everlasting is Thy reign.

Hark! the loud celestial hymn,

Angel choirs above are raising,

Cherubim and seraphim,

In unceasing chorus praising;

Fill the heavens with sweet accord:

Holy, holy, holy Lord.

Holy Father, Holy Son, Holy Spirit, Three we name Thee;

While in essence only One, Undivided God we claim Thee;

And adoring bend the knee, while we own the mystery. ¶

ROSARY TO OUR BLESSED MOTHER ON VARIOUS OCCASIONS

Sign of the Cross:

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Introductory Prayer

Dear Mary, help us to pray the rosary, so that we overcome, with serenity the trials and tribulations which Satan inflict on us. Hail Mary these roses from our hearts are for you, because we love you so much. Roses of love and gratitude to make a garland for Jesus and you. Mary our Mother, receive this garland of rosary and help us to overcome evil by loving you and your Son Jesus more. Amen.

Queen of the Holy Rosary, you came to Fatima to reveal to the three shepherd children the treasures of grace hidden in the Rosary. Inspire our hearts with a sincere love of this devotion, in order that by meditating on the Mysteries of our Redemption which are recalled in it, we may obtain peace for the world, the conversion of sinners, and our intentions and desires. We ask it for the greater glory of God, for your own honor, and for the good of souls, especially for our own. Amen.

We unite with all the Angels and Saints in Heaven, with all the just on earth, and with all the faithful now praying. We unite with Thee, O my Jesus, in order to praise worthily Thy holy Mother, and to praise Thee in her and through her. We renounce all the distractions that we may have during this Rosary, which we wish to say with modesty, attention and devotion, just as if it were to be the last of our lives. We offer Thee, O most Holy Trinity, this Creed in honor

of all the mysteries of our Faith; this Our Father and these three Hail Marys in honor of the unity of Thy Essence and the Trinity of Thy Persons. We ask of Thee a lively faith, a firm hope and an ardent charity. Amen

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

For the intentions of Holy Father, Pope...:

1 Our Father.

We salute you, Mary, Daughter of God the Father, Mother of God the Son, and Bride of God the Holy Spirit, and pray for the gifts of faith, hope and charity

3 * Hail Mary

1* Glory Be

1 * Fatima Prayer

The Our Father

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

The Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

The Glory Be (The Doxology)

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer:

"O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those who are in most need of Thy Mercy".

FIRST SATURDAY ROSARY TO BLESSED MOTHER

[*Though on all First Saturdays we have Rosary at 8.25 am, in our Parish we will be having two cycles of 5 consecutive First Saturday Reflection Rosaries. First set from **May to September, in preparation of the Nativity of Our Blessed Mother, and the second set from November to March, in preparation for the Annunciation Feast on March 25.**]*

Meditation of Joyful Mysteries

First Joyful Mystery

The Annunciation of Our Lord's Birth to Mary.

[**1st of the 5 months** (May/November First Saturday)

Scripture passage from Gospel according to St. Luke 1:26-38

Announcement of the Birth of Jesus.

In the sixth month, the angel Gabriel was sent from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin's name was Mary. And coming to her, he said, "Hail, favored one! The Lord is with you." But she was greatly troubled at what was said and pondered what sort of greeting this might be. Then the angel said to her, "Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive in your womb and bear a son, and you shall name him Jesus. He will be great and will be called Son of the Most High, and the Lord God will give him the throne of David his father, and he will rule over the house of Jacob forever, and of his kingdom there will be no end." But Mary said to the angel, "How can this be, since I have no relations with a man?" And the angel said to her in reply, "The holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be

called holy, the Son of God. And behold, Elizabeth, your relative, has also conceived a son in her old age, and this is the sixth month for her who was called barren; for nothing will be impossible for God.” Mary said, “Behold, I am the handmaid of the Lord. May it be done to me according to your word.” Then the angel departed from her.

The word of God. R: *Praise to You Lord Jesus Christ.*

Reflection



Let us think of the annunciation event for a few minutes. Mary as a young girl might have been praying or doing some normal household chores, when the angel announced the message of Incarnation to her. God always respects our free will. God became willing to be born as a child in Mary’s womb, just to save the fallen human race. The first man was from Earth, and the second man is from Heaven. Mary said “yes” without knowing the whole picture. She trusted God completely. Her obedience to God’s will cancelled Eve’s disobedience and she became co-redemptrix. Now let us think of the situations in our lives where we had to take decisions. Thank God for the times we could also say “yes” trusting in His Divine will fully. Ask pardon for the times we gave priority to our conveniences and comforts and made wrong decisions/choices, said “no” to God, and failed in our duties and obligations. Try to identify God’s messengers in our lives. It could be our parish priest, confessor, our parents, grandparents, spouse, children, grandchildren, friends and even a total stranger or enemy, all who help us to make right decisions and lead us closer to God. Think of all the incidents/situations which revealed God’s will to us, and made us close to God. Those are the angelic annunciation

moments in our lives. Make a firm decision to try our level best to understand God's will and do it from now onwards.

Silent meditation for a moment.]

With petition for the grace of humility, we pray

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Joyful Mystery

The Visitation of Blessed Virgin Mary to Elizabeth.

[**2nd of the 5 months** (June/December First Saturday)

Scripture passage from Gospel according to St. Luke 1:39-56

Mary Visits Elizabeth.

During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy. Blessed are you who believed that what was spoken to you by the Lord would be fulfilled."

The word of God. R: *Praise to You Lord Jesus Christ.*

Reflection

From this single passage, we can consider Mary as the role model of Christian faith in action. We can say that Mary is the first evangelizer, as she carried Christ to Elizabeth, Zechariah and their unborn son John. She spread the message of God's salvation to others and spread



the joy she experienced herself. She always helped others rising to the situation and without waiting for a request from them. First and foremost, as Catholics our primary duty is to spread the Gospel and make Jesus known to others, not necessarily through our words but through our actions. Once we experience the deep inner joy as a Catholic, we are no longer able to hold it within ourselves. We will naturally become joy bearers. We will do whatever good we can do, for others, expecting nothing in return, just for the greater glory of God. Let us thank God for all the times we could be Christ bearers in some way, by becoming a good Catholic, by our commitment to God which is obviously reflected in our actions and attitude towards others.

Silent meditation for a moment.]

With a petition for the grace of charity with prudence towards our neighbors, we pray,

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Joyful Mystery

The Nativity of Our Lord.

[**3rd of the 5 months** (July/January First Saturday)

Scripture passage from Gospel according to St. Luke 1:1-7

The Birth of Jesus

In those days a decree went out from Caesar Augustus that the whole world should be enrolled. This was the first enrollment, when Quirinius was governor of Syria. So all went to be enrolled, each to

his own town. And Joseph too went up from Galilee from the town of Nazareth to Judea, to the city of David that is called Bethlehem, because he was of the house and family of David, to be enrolled with Mary, his betrothed, who was with child. While they were there, the time came for her to have her child, and she gave birth to her firstborn Son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn.

The word of God. R: *Praise to You Lord Jesus Christ.*

Reflection



This Gospel passage draws our attention to the poverty of our Lord which He chose willingly, for redeeming us. He showed us how to live a good life even in the worst scenarios on earth. Here we can see that the parents of Jesus, as law abiding citizens went all the way to Bethlehem despite Mary's pregnancy and the cold winter. It reminds us that we should also follow common laws to do our part to ensure the welfare of the society to which we belong. Some people are reluctant to obey laws, rules and regulations, and think that it restricts their freedom. True freedom is not doing whatever we want, but doing the right thing not just for personal benefits alone, but for the common welfare. We should learn from the hardships Mary and Joseph undertook to follow the law. Jesus was wrapped in swaddling clothes and was laid in a manger, and in fact this was the sign given by the angels to the shepherd. Even the baby in worst poverty might have got at least the comfort of a house, but in order to identify with the poorest of the poor, He chose to be born in a manger. So let us make a firm decision to ignore the

difficulties we face in our life. Also let us see Jesus in all who are in real need and help them in which ever way possible.

Silent meditation for a moment.]

With a petition for the grace of detachment from all the vices of the world, we pray,

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Joyful Mystery

The Presentation of Our Lord in the temple.

[**4th of the 5 months** (August/February First Saturday)

Scripture passage from Gospel according to St. Luke 2:22-40

The Presentation in the temple.

When the days were completed for their purification according to the law of Moses, Mary and Joseph took Jesus up to Jerusalem to present him to the Lord, just as it is written in the law of the Lord, Every male that opens the womb shall be consecrated to the Lord, and to offer the sacrifice of a pair of turtledoves or two young pigeons, in accordance with the dictate in the law of the Lord. Now there was a man in Jerusalem whose name was Simeon. This man was righteous and devout, awaiting the consolation of Israel, and the Holy Spirit was upon him. It had been revealed to him by the Holy Spirit that he should not see death before he had seen the Christ of the Lord. He came in the Spirit into the temple; and when the parents brought in the child Jesus to perform the custom of the law in regard to him, he took him into his arms and blessed God, saying: *“Now, Master, you may let your servant go in peace, according to your word, for my eyes have seen your salvation, which you prepared in the sight of all the peoples: a light for revelation to the Gentiles, and glory for your*

people Israel.” The child’s father and mother were amazed at what was said about him; and Simeon blessed them and said to Mary his mother, “Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted (and you yourself a sword will pierce) so that the thoughts of many hearts may be revealed.” There was also a prophetess, Anna, the daughter of Phanuel, of the tribe of Asher. She was advanced in years, having lived seven years with her husband after her marriage, and then as a widow until she was eighty-four. She never left the temple, but worshiped night and day with fasting and prayer. And coming forward at that very time, she gave thanks to God and spoke about the child to all who were awaiting the redemption of Jerusalem. When they had fulfilled all the prescriptions of the law of the Lord, they returned to Galilee, to their own town of Nazareth. The child grew and became strong, filled with wisdom; and the favor of God was upon him.

The word of God. R: *Praise to You Lord Jesus Christ.*

Reflection



In this Gospel passage, we can see that Mary and Joseph strictly observed the law of Moses and the religious practices, even in their poverty. Let us also obey God’s commandments, offer whatever talents we have for the good of the church and those in real need. Above all, let us trust in His merciful love, surrender ourselves fully into God’s hands, allowing Him to use us for His greater glory. Like Simeon and Anna, let us live this life on earth in prayer and praise, so that one day we will enjoy His presence in heaven with all the angels and saints.

Silent meditation for a moment.]

With a petition for the grace of purity, we pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Joyful Mystery – Jesus lost and found in the temple.

[**5th of the 5 months** (September/March First Saturday)

Scripture passage from Gospel according to St. Luke 2:41-51

The Boy Jesus in the Temple.

Each year his parents went to Jerusalem for the feast of Passover, and when he was twelve years old, they went up according to festival custom. After they had completed its days, as they were returning, the boy Jesus remained behind in Jerusalem, but his parents did not know it. Thinking that he was in the caravan, they journeyed for a

day and looked for him among their relatives and acquaintances, but not finding him, they returned to Jerusalem to look for him. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers. When his parents saw him, they were astonished, and his mother said to him, “Son, why have you done this to us? Your father and I have been looking for you with great anxiety.” And he said to them, “Why were you looking for me? Did you not know that I must be in my Father’s house?” But they did not understand what he said to them. He went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart.

The word of God. R: *Praise to You Lord Jesus Christ.*

Reflection



The Gospel scene is that of Mary and Joseph losing Jesus for three days. We can imagine the tremendous pain they had to undergo, as parents. Mary's spontaneous response as a mother is quite understandable and it shows her deep love and concern as a good mother. See how she reacted like an ordinary mother of all ages, and that's the beauty of this passage. Some people think that, as Mary is the Mother of God, she is free of emotions like this. Though God chose her in a special way, she is a normal human being like all of us. It is her love of God, complete trust in God and willingness to perfectly obey God's will, that makes her extraordinary, and in fact the perfect disciple of Jesus, as Jesus has said in Mt.12:50 "For whoever does the will of my heavenly Father is my brother, and sister, and mother." One more quality we

have to imbibe from her is that, we see that she kept all these things in her heart. Amidst our busy life, we have to reflect on all that happen in our lives, and try to find out what exactly is God communicating with us. On finding Divine will, we have to fulfill it for His greater glory. May Mary help us to do this in a special way. May Mary and Joseph, help us not to lose Jesus at any stage of our lives at any cost. **Silent meditation for a moment.]**

With a petition for the grace of true wisdom, we pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Go to page 68

ROSARY FOR THE MONTH OF MAY

[*As May is the month traditionally dedicated to Our Blessed Mother, we will offer a Rosary daily to honor her.]*

Meditation of Joyful Mysteries on Mondays and Saturdays

(Except on First Saturday)

On First Saturday go to page 43

First Joyful Mystery

The Annunciation of Our Lord's Birth to Mary.

Mary accepts God's will announced to her by Angel Gabriel. Lord help us to seek Your will always and accept it.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Joyful Mystery

The Visitation of Blessed Virgin Mary to Elizabeth.

Mary visits Elizabeth. Lord, help us to reach out to others in need.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Joyful Mystery

The Nativity of Our Lord.

Jesus is born in a stable in Bethlehem. Lord, help us to receive You in our hearts, and make our bodies and souls a worthy dwelling place for You.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Joyful Mystery

The Presentation of Our Lord in the temple.

Mary and Joseph take the infant Jesus to the Temple to present him to God. Lord, we present ourselves to You wholeheartedly. Please accept us as Yours.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Joyful Mystery

Jesus lost and found in the temple.

Jesus is lost and found in the Temple discussing His faith with the teachers. Lord help us to never go astray. Give us the courage and willingness to share our faith with others.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ O Lady, full of God's own grace,
whose caring hands the Child embraced,
who listened to the Spirit's word,
believed and trusted in the Lord.
O Virgin fair, Star of the sea,
my dear Mother, pray for me. ¶

Go to page 68

Meditation of Luminous Mysteries on Thursdays

First Luminous Mystery

The Baptism of Jesus in the Jordan River.

God proclaims that Jesus is His beloved Son, during the baptism of Jesus. Lord, help us to keep our baptismal virtues and promises all through our life.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Luminous Mystery

The Wedding miracle in Cana.

At Mary's request, Jesus performs His first miracle. Lord, we thank You for Mary our mother. Mother Mary, pray for us also, even before we ask.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Luminous Mystery

The Proclamation of the Kingdom of God.

Jesus calls all to conversion and service to the Kingdom. Lord, help us to do our part in establishing Your Kingdom on earth

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Luminous Mystery

The Transfiguration of Our Lord on Mount Tabor.

Jesus is revealed in glory to Peter, James, and John. Lord, help us to do everything for Your glory alone.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Luminous Mystery

Institution of the Most Holy Eucharist

Jesus offers His Body and Blood at the Last Supper. Lord, help us to believe Your true presence in the Holy Eucharist and earnestly desire to receive You whenever possible.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ O Lady, who felt daily joy
in caring for the holy Boy,
whose home was plain and shorn of wealth,
yet was enriched by God's own breath.
Mother of Christ, Star of the sea,
pray for the wanderer, pray for me. ¶

Go to page 68

Meditation of Sorrowful Mysteries on Tuesdays and Fridays

First Sorrowful Mystery

The Agony in the Garden of Gethsemane

Jesus prays in the Garden of Gethsemane on the night before He dies.

Lord, help us to stay with You at least for an hour, whenever possible.
1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Sorrowful Mystery

The Scourging at the Pillar.

Jesus is lashed with whips. Lord, help us to endure all our physical sufferings that come in our way for Your sake

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Sorrowful Mystery

The Crowning of Our Lord with Thorns.

Jesus is mocked and crowned with thorns. Lord, help us to endure all humiliations that come in our way for Your sake.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Sorrowful Mystery

The Carrying of the Cross.

Jesus carries the cross that will be used to crucify him. Lord, help us to follow You, carrying our cross.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Sorrowful Mystery

The Crucifixion and death of our Lord Jesus.

Jesus is nailed to the cross and dies. Lord, help us to die to our sins

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ O Lady, who bore living's pain
but still believed that love would reign,
who on a hill watched Jesus die
as on the cross they raised Him high.
Virgin most pure, Star of the sea,
pray for the sinner, oh, pray for me. ¶

Go to page 68

Meditation of Glorious Mysteries
on Wednesdays and Sundays

First Glorious Mystery
The Resurrection of Our Lord.

God the Father raised Jesus from the dead. Lord, help us to rise from our sins.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Glorious Mystery
Ascension of Our Lord in to Heaven.

Jesus returns to His Father in heaven. Lord, help us to focus on heaven, our ultimate destination.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Glorious Mystery
The Descent of the Holy Spirit on Mary and disciples.

The Holy Spirit comes to bring new life to the disciples. Lord, enlighten us with Your Holy Spirit.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Glorious Mystery
The Assumption of Our Blessed Mother into Heaven.

At the end of her life on earth, Mary is taken body and soul into heaven. Lord, help us to be faithful to You till our death.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Glorious Mystery
The Coronation of Our Blessed Mother Mary.

Mary is crowned as Queen of Heaven and Earth. Lord, help us to live a life focused on eternal life.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ O Lady, who, on Easter day,
had all your sorrow wiped away
as God the Father's will was done,
when from death's hold be freed your Son.
Refuge in grief, Star of the sea,
pray for the mourner, pray for me. ¶

Go to page 68

FATIMA ROSARY
(**May 13, June 13, July13, August 13,**
September 13 and October 13)

Meditation of Joyful Mysteries on Mondays and Saturdays
On First Saturday go to page 43

First Joyful Mystery

The Annunciation of Our Lord's Birth to Mary.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer
¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Second Joyful Mystery

The Visitation of Blessed Virgin Mary to Elizabeth.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer
¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Third Joyful Mystery

The Nativity of Our Lord.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer
¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Fourth Joyful Mystery

The Presentation of Our Lord in the temple.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Fifth Joyful Mystery

Jesus lost and found in the temple.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Go to page 68

Meditation of Luminous Mysteries on Thursdays

First Luminous Mystery

The Baptism of Jesus in the Jordan River.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Second Luminous Mystery

The Wedding miracle in Cana.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Third Luminous Mystery

The Proclamation of the Kingdom of God.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Fourth Luminous Mystery

The Transfiguration of Our Lord on Mount Tabor.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Fifth Luminous Mystery

Institution of the Most Holy Eucharist.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Go to page 68

Meditation of Sorrowful Mysteries on Tuesdays and Fridays

First Sorrowful Mystery

The agony in the Garden of Gethsemane.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Second Sorrowful Mystery

The scourging at the pillar.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Third Sorrowful Mystery

The crowning of Our Lord with thorns.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Fourth Sorrowful Mystery

The carrying of the cross.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Fifth Sorrowful Mystery

The crucifixion and death of our Lord Jesus.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Go to page 68

Meditation of Glorious Mysteries
on Wednesdays and Sundays

First Glorious Mystery

The Resurrection of Our Lord.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Second Glorious Mystery

Ascension of Our Lord in to Heaven.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Third Glorious Mystery

The Descent of the Holy Spirit on Mary and disciples.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Fourth Glorious Mystery

The Assumption of Our Blessed Mother into Heaven.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

Fifth Glorious Mystery

The Coronation of Our Blessed Mother Mary.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

¶ Ave Ave Ave Maria...Ave Ave Ave Maria ¶

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ROSARY FOR THE MONTH OF OCTOBER

As October is the month of Rosary, we will offer our Rosary as a spiritual bouquet to Our Blessed Mother.

White flowers for Joyful mysteries, yellow flowers for Luminous mysteries, Red flowers for Sorrowful mysteries and Purple flowers for Glorious mysteries.

Meditation of Joyful Mysteries on Mondays and Saturdays



We offer these crown of Snow-White Roses to Jesus and Mary, for all our personal intentions and the intentions of our parish, and that of ‘ ‘ ministry by praying these Joyful Mysteries.

First Joyful Mystery

The Annunciation of Our Lord’s Birth to Mary.

Sweet Mother Mary, meditating on this Mystery, we bind these Snow White Roses with a petition for the grace of humility, and lay this bouquet at your feet as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Joyful Mystery

The Visitation of Blessed Virgin Mary to Elizabeth.

Sweet Mother Mary, meditating on this Mystery, we bind these Snow-White Roses with a petition for the grace of charity with prudence, towards our neighbors, and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Joyful Mystery

The Nativity of Our Lord.

Sweet Mother Mary, meditating on this Mystery, we bind these Snow-White Roses with a petition for the grace of detachment from all the vices of the world, and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Joyful Mystery

The Presentation of Our Lord in the temple.

Sweet Mother Mary, meditating on this Mystery, we bind these Snow-White Roses with a petition for the grace of purity, and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Joyful Mystery

Jesus lost and found in the temple.

Sweet Mother Mary, meditating on this Mystery, we bind these Snow-White Roses with a petition for the grace of true wisdom and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Go to page 68

Meditation of Luminous Mysteries on Thursdays



We offer these crown of Bright-Yellow Roses to Jesus and Mary, for all our personal intentions and the intentions of our parish, and that of ‘ ‘ ministry by praying these Luminous Mysteries.

First Luminous Mystery

The Baptism of Jesus in the Jordan River.

Courageous Mother Mary, meditating on this Mystery, we bind these Bright-Yellow Roses with a petition for the grace of openness to the Holy Spirit and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Luminous Mystery

The Wedding miracle in Cana.

Courageous Mother Mary, meditating on the Mystery of the First Miracle of Jesus, we bind these Bright-Yellow Roses with a petition for the grace of manifestation through faith and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Luminous Mystery

The Proclamation of the Kingdom of God.

Courageous Mother Mary, meditating on this Mystery, we bind these Bright-Yellow Roses with a petition for the grace of trust in God and lay this bouquet at your feet as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Luminous Mystery

The Transfiguration of Our Lord on Mount Tabor.

Courageous Mother Mary, meditating on this Mystery, we bind these Bright-Yellow Roses with a petition for the grace of desire for holiness, and lay this bouquet at your feet as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Luminous Mystery

Institution of the Most Holy Eucharist.

Courageous Mother Mary, meditating on this Mystery, we bind these Bright-Yellow Roses with a petition for the grace of adoration of the Eucharist and lay this bouquet at your feet as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Go to page 68

Meditation of Sorrowful Mysteries on Tuesdays and Fridays



We offer these crown of Blood-Red Roses to Jesus and Mary, for all our personal intentions and the intentions of our parish, and that of ‘ ‘ ministry by praying these Sorrowful Mysteries.

First Sorrowful Mystery

The Agony in the Garden of Gethsemane.

Sorrowful Mother Mary, meditating on this Mystery, we bind these Blood-Red Roses with a petition for the grace of uniformity with the will of God, and lay this bouquet at your feet as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Sorrowful Mystery

The Scourging at the Pillar.

Sorrowful Mother Mary, meditating on this Mystery, we bind these Blood-Red Roses with a petition for the grace of mortifying our senses and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Sorrowful Mystery

The Crowning of Our Lord with thorns.

Sorrowful Mother Mary, meditating on this Mystery, we bind these Blood-Red Roses with a petition for the grace of courage in tough trials and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Sorrowful Mystery

The Carrying of the Cross.

Sorrowful Mother Mary, meditating on this Mystery, we bind these Blood-Red Roses with a petition for the grace of patience in adversity and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Sorrowful Mystery

The Crucifixion and death of our Lord Jesus.

Sorrowful Mother Mary, meditating on this Mystery, we bind these Blood-Red Roses with a petition for the grace of forgiveness and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Go to page 68

Meditation of Glorious Mysteries **on Wednesdays and Sundays**



We offer these crown of Royal-Purple Roses to Jesus and Mary, for all our personal intentions and the intentions of our parish, and that of ‘ ‘ ministry by praying these Glorious Mysteries.

First Glorious Mystery

The Resurrection of Our Lord.

Glorious Mother Mary, meditating on this Mystery, we bind these Royal Purple Roses with a petition for the grace of faith and lay this bouquet at your feet as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Glorious Mystery

Ascension of Our Lord in to Heaven.

Glorious Mother Mary, meditating on this Mystery, we bind these Royal Purple Roses with a petition for the grace of desire for Heaven and lay this bouquet at your feet as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Glorious Mystery

The Descent of the Holy Spirit on Mary and disciples.

Glorious Mother Mary, meditating on this Mystery, we bind these Royal-Purple Roses with a petition for the grace of receiving the Holy Spirit and lay this bouquet at your feet as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Glorious Mystery

The Assumption of Our Blessed Mother Into Heaven.

Glorious Mother Mary, meditating on this Mystery, we bind these Royal-Purple Roses with a petition for the grace of true devotion to you, dear mother, and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Glorious Mystery

The Coronation of Our Blessed Mother Mary.

Glorious Mother Mary, meditating on this Mystery, we bind these Royal-Purple Roses with a petition for the grace of trust in your intercession and lay this bouquet at your feet, as we humbly pray...

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer



Concluding Prayer

O God, Whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen. May the divine assistance remain always with us and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope, to thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears, turn then, most gracious advocate, thine eyes of mercy toward us, and after this exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Amen.

Pray for us, O holy Mother of God
That we may be worthy of the promises of Christ.

Let us pray: Grant we beseech Thee, O Lord God, that we, Thy servants, may enjoy perpetual health of mind and body and, by the glorious intercession of the blessed Mary, ever Virgin, be delivered from present sorrow and enjoy eternal gladness, through Christ, Our Lord. Amen.

The Memorare

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, we fly unto thee, O Virgin of virgins, my Mother; to thee do we come; before thee we stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in thy mercy hear and answer us. Amen.

Litany of the Blessed Virgin Mary

Lord, have mercy. *Lord, have mercy.*

Christ, have mercy. *Christ have mercy.*

Lord, have mercy. *Lord, have mercy.*

Christ, hear us. *Christ, graciously hear us.*

God, the Father of Heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Spirit, *have mercy on us.*

Holy Trinity, One God, *have mercy on us.*

Holy Mary, *pray for us.*

Holy Mother of God, *pray for us.*

Holy Virgin of Virgins, *pray for us.*

Mother of Christ, *pray for us.*

Mother of the Church, *pray for us.*

Mother of Mercy, *pray for us.*

Mother of Divine Grace, *pray for us.*

Mother of Hope, *pray for us.*

Mother Most Pure, *pray for us.*

Mother Most Chaste, *pray for us.*

Mother Inviolata, *pray for us.*

Mother undefiled, *pray for us.*



Mother Most Amiable, *pray for us.*
Mother Most Admirable, *pray for us.*
Mother of Good Counsel, *pray for us.*
Mother of our Creator, *pray for us.*
Mother of our Savior, *pray for us.*
Virgin Most Prudent, *pray for us.*
Virgin Most Venerable, *pray for us.*
Virgin Most Renowned, *pray for us.*
Virgin Most Powerful, *pray for us.*
Virgin Most Merciful, *pray for us.*
Virgin Most Faithful, *pray for us.*
Mirror of Justice, *pray for us.*
Seat of Wisdom, *pray for us.*
Cause of Our Joy, *pray for us.*
Spiritual Vessel, *pray for us.*
Vessel of Honor, *pray for us.*
Singular Vessel of Devotion, *pray for us.*
Mystical Rose, *pray for us.*
Tower of David, *pray for us.*
Tower of Ivory, *pray for us.*
House of Gold, *pray for us.*
Ark of the Covenant, *pray for us.*
Gate of Heaven, *pray for us.*
Morning Star, *pray for us.*
Health of the Sick, *pray for us.*
Refuge of Sinners, *pray for us.*
Solace of Migrants, *pray for us.*
Comforter of the Afflicted, *pray for us.*
Help of Christians, *pray for us.*
Queen of Angels, *pray for us.*
Queen of Patriarchs, *pray for us.*
Queen of Prophets, *pray for us.*

Queen of Apostles, *pray for us.*
Queen of Martyrs, *pray for us.*
Queen of Confessors, *pray for us.*
Queen of Virgins, *pray for us.*
Queen of all Saints, *pray for us.*
Queen Conceived without Original Sin, *pray for us.*
Queen Assumed into Heaven, *pray for us.*
Queen of the Most Holy Rosary, *pray for us.*
Queen of Families, *pray for us.*
Queen of Peace, *pray for us.*
Lamb of God, Who takes away the sins of the world,
spare us, O Lord.
Lamb of God, Who takes away the sins of the world,
graciously hear us, O Lord.
Lamb of God, Who takes away the sins of the world,
have mercy on us.

May the faithful recitation of our Rosary be a sign of gratitude to Jesus and to you for all you have done for us in bringing about our redemption. May our Rosary also be a means of obtaining all the graces we need for the sanctification and salvation of our souls. Amen.

All : Act of Reparation for the First Saturdays of the Month

O Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart surrounded with the thorns placed therein at every moment by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart.

We therefore kneel before You to manifest the sorrow we feel for the grievances that people cause You, and to atone by our prayers and sacrifices for the offenses with which they return your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy Him forever in Heaven.

All: Act of Consecration to Mary

O my Queen, O my Mother, I love you and give myself to you. I give to you this day my eyes, my ears, my mouth, my heart, my whole self. Since I am yours, keep me and guard me as your child forever. Amen.

Prayer to Saint Joseph after the Rosary

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness. As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by

your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

Priest: Final blessing prayer

O God, fill our hearts with Your love, and as You revealed to us by an angel, the coming of Your Son as man, so lead us through His suffering and death, to the glory of His resurrection who lives and reigns with You and the Holy Spirit, one God for ever and ever. Amen.

Always remember that Our Lady of Rosary is our Mother and friend, She meditates for us between God and the world, between Christ and the Church. May she stand with you at all the crossroads of your life and point the way to her Son.

And may the blessing of Almighty God, + the Father, Son and the Holy Spirit come down upon you and remain with you always. Amen.

¶ Immaculate Mary, your praises we sing,
you reignest in splendor with Jesus our King.
Ave, Ave, Ave Maria! Ave, Ave, Ave Maria!
In Heaven the blessed thy glory proclaim;
on earth we thy children invoke thy fair name.
Ave, Ave, Ave Maria! Ave, Ave, Ave Maria!
We pray for God's glory, may His kingdom come;
we pray for our Mother, the Church upon earth.
Ave, Ave, Ave Maria! Ave, Ave, Ave Maria! ¶

JOSEPHIAN ROSARY

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Introductory Prayer

We unite with all the Angels and Saints in Heaven, with all the just on earth, and with all the faithful now praying. We unite with Thee, O my Jesus, in order to praise worthily Thy holy foster father St. Joseph, and to praise Thee in him and through him. We renounce all the distractions that we may have during this Josephian Rosary, which we wish to say with modesty, attention and devotion, just as if it were to be the last of our lives. We offer Thee, O most Holy Trinity, this Creed in honor of all the mysteries of our Faith; this Our Father and these three Hail Josephs in honor of the unity of Thy Essence and the Trinity of Thy Persons. We ask of Thee a lively faith, a firm hope and an ardent charity. Amen

On the crucifix

O Lord, in order to honor St. Joseph as he deserves, Thou hast taken him to Heaven to Crown him with glory, thus signifying to the world, both visible and invisible, that Thou hast made Joseph Thy foster father, the supreme steward of all Thy possessions. We beseech Thee, O Lord, that we may find aid in the merits of the Spouse of Thy Most Holy Mother, so that what we cannot obtain by ourselves may be given us through his intercession, who lives and reigns with God the Father in the unity of the Holy Spirit, one God forever and ever. Amen.

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

For the intentions of Holy Father, Pope.... :

Our Father, who art in heaven, hallowed be thy name;

thy kingdom come; thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

We salute you, St. Joseph, chosen by God the Father, as the guardian of Mary, Mother of God and Jesus her Son, and our Lord, and pray for the gifts of faith, hope and charity

3 * **Hail Joseph**, Son of David, blessed art thou, among men, who wert chosen to be the Spouse of the Blessed Virgin Mary of whom was born Jesus.

Glorious Saint Joseph, now in Heaven, protector of the Universal Church, pray for us sinners now and at the hour of our death. Amen.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end.

Amen.

Fatima Prayer

"O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those who are in most need of Thy Mercy".

FIRST WEDNESDAY ROSARY TO ST. JOSEPH

First Mystery

Betrothal to Mary, Annunciation to Joseph and the Birth and Naming of Jesus.

(**1st Wednesday of March**) Scripture passage from
Gospel according to Mt.1:18-25.



Now this is how the birth of Jesus Christ came about. When his mother Mary was betrothed to Joseph, but before they lived together, she was found with child through the Holy Spirit. Joseph her husband, since he was a righteous man, yet unwilling to expose her to shame, decided to divorce her quietly. Such was his intention when, behold, the angel of the Lord appeared to him in a dream and said, “Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the holy Spirit that this child has been conceived in her. She will bear a son and you are to name him Jesus, because he will save his people from their sins.” All this took place to fulfill what the Lord had said through the prophet: “Behold, the virgin shall be with child and bear a son, and they shall name him Emmanuel,” which means “God is with us.” When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home. He had no relations with her until she bore a son, and he named him Jesus.

Mediate a moment on *St. Joseph’s communication with God.*

Prayer: Lord, help us to turn to You in all our difficulties and problems, and understand Your Holy will in all that happen in our ives.

1* Our Father ;10 * Hail Joseph;1* Glory Be;1* Fatima Prayer

Second Mystery : Flight in to Egypt.

(2nd Wednesday of March) Scripture passage from

Gospel according to Mt.2:13 -15



When they had departed, behold, the angel of the Lord appeared to Joseph in a dream and said, “Rise, take the child and his mother, flee to Egypt, and stay there until I tell you. Herod is going to search for the child to destroy him.” Joseph rose and took the child and his mother by night and departed for Egypt. He stayed there until the death of Herod, that what the Lord had said through the prophet might be fulfilled, “Out of Egypt I called my son.”

Meditate a moment on *St. Joseph’s complete trust and perfect obedience to God.*

Prayer: *Lord help us to flee from all sinful occasions in our lives and protect us all dangers of body and soul.*

1* Our Father ;10 * Hail Joseph;1* Glory Be;1* Fatima Prayer

Third Mystery : Hidden life at Nazareth.
(3rd Wednesday of March) Scripture passage from
Gospel according to Mt.2:23



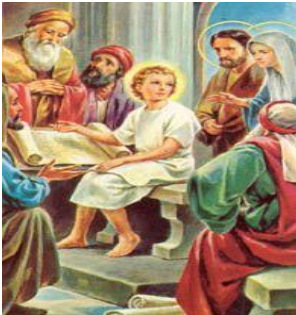
He went and dwelt in a town called Nazareth, so that what had been spoken through the prophets might be fulfilled, “He shall be called a Nazorean.”

Meditate a moment on St. Joseph’s extreme simplicity and humility of heart.

Prayer: Lord make us truly humble like St. Joseph.

1* Our Father ;10 * Hail Joseph;1* Glory Be;1* Fatima Prayer

Fourth Mystery : Finding of Jesus in the temple.
(4th Wednesday of March) Scripture passage from
Gospel according to Lk.2:43-48



After they had completed its days, as they were returning, the boy Jesus remained behind in Jerusalem, but his parents did not know it. Thinking that he was in the caravan, they journeyed for a day and looked for him among their relatives and acquaintances, but not finding him, they returned to Jerusalem to look for him. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers. When his parents saw him, they were astonished, and his mother said to him, “Son,

why have you done this to us? Your father and I have been looking for you with great anxiety.”

Meditate a moment on *St. Joseph’s supreme love for God.*

Prayer: *Lord help us so that we will never lose You by mortal sin, and if it ever happens help us to come back quickly with a true repentant heart.*

1* Our Father ;10 * Hail Joseph;1* Glory Be;1* Fatima Prayer

Fifth Mystery

Death of St. Joseph in the presence of Jesus and Mary.

(5th Wednesday of March) As per Catholic tradition,



St. Joseph is considered as the patron of a happy death, as he had a holy death in the company of Jesus and Mary.

Mediate a moment on St. Joseph’s holy death, and our own death, which is sure to come one day.

Prayer: *Lord assist me at my death time with Jesus, Mary and Joseph.*

O Blessed Joseph, who yielded up thy last breath in the arms of Jesus and Mary, obtain for me this grace, O holy Joseph, that I may breathe forth my soul in praise, saying in spirit, if I am unable to do so in words: “Jesus, Mary and Joseph, I give Thee my heart and my soul.” Amen.

1* Our Father ;10 * Hail Joseph;1* Glory Be;1* Fatima Prayer

Concluding prayer

Our beloved father, St. Joseph, all our trust is in you. Let it not be said that we invoked you in vain, and since you do everything with Jesus and Mary, show us that your goodness is as great as your power. Joseph, son of David, and husband of Mary; we honor you, guardian of the Redeemer, and we adore the Child you named Jesus. St. Joseph, guardian of the Word Incarnate, now coronated in Heaven, we feel confident that your prayers on our behalf will be graciously heard before the throne of God.

Please obtain for us from the kind Heart of Jesus the help and the graces necessary for our spiritual and temporal welfare, particularly the grace of a happy death and the special favors we now implore. (Make your petition here...)

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man. Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. Amen.

St. Joseph, Patron of the Universal Church, pray for us that, like you we may live totally dedicated to the interests of our Savior. Amen.

O glorious Saint Joseph, through the love you bear to Jesus Christ, and for the glory of His name, hear our prayers and obtain our petitions. *Amen.*

Let us pray: O God, in your ineffable providence you were pleased to choose Blessed Joseph to be the spouse of your most Holy Mother; grant, we beg you, that we may be worthy to have

him for our intercessor in heaven whom on earth we venerate as our Protector: You who live and reign forever and ever. Saint Joseph, pray for us.

Litany to St. Joseph

Lord, have mercy. *Lord, have mercy.*

Christ, have mercy. *Christ, have mercy.*

Lord, have mercy. *Lord, have mercy.*

God our Father in heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Spirit, *have mercy on us.*

Holy Trinity, one God, *have mercy on us.*

Holy Mary, *pray for us.*

Saint Joseph, *pray for us.*

Noble son of the House of David, *pray for us.*

Light of patriarchs, *pray for us.*

Husband of the Mother of God, *pray for us.*

Guardian of the Redeemer, *pray for us*

Guardian of the Virgin, *pray for us.*

Foster father of the Son of God, *pray for us.*

Faithful guardian of Christ, *pray for us.*

Servant of Christ, *pray for us.*

Minister of salvation, *pray for us.*

Head of the Holy Family, *pray for us.*

Joseph, chaste and just, *pray for us.*

Joseph, prudent and brave, *pray for us.*

Joseph, obedient and loyal, *pray for us.*

Pattern of patience, *pray for us.*

Lover of poverty, *pray for us.*

Model of workers, *pray for us.*

Example to parents, *pray for us.*

Guardian of virgins, *pray for us.*



Pillar of family life, *pray for us.*
Support in difficulties, *pray for us.*
Comfort of the troubled, *pray for us.*
Hope of the sick, *pray for us.*
Patron of the dying, *pray for us.*
Patron of exiles, *pray for us.*
Patron of the afflicted, *pray for us.*
Patron of the poor, *pray for us.*
Terror of evil spirits, *pray for us.*
Protector of the Church, *pray for us.*
Lamb of God, you take away the sins of the world,
spare us O Lord.
Lamb of God, you take away the sins of the world,
graciously hear us O Lord.
Lamb of God, you take away the sins of the world,
have mercy on us.
He made him master of his house,
R: and ruler of all his possessions.
Let us pray. O God, who in your inexpressible providence were
pleased to choose Saint Joseph as spouse of your most Holy Mother,
grant, we pray, that we, who revere him as our protector on earth,
may be worthy of his heavenly intercession, Who live and reign for
ever and ever. Amen.

Memorare to St. Joseph

Remember, O most pure spouse of the Blessed Virgin Mary, my great protector, Saint Joseph, that no one ever had recourse to your protection, or implored your aid without obtaining relief. Confiding therefore in your goodness, I come before you. Do not turn down my petitions, foster father of the Redeemer, but graciously receive them. Amen.

Prayer of Consecration to St. Joseph

O Glorious Patriarch and Patron of the Church! O Virgin Spouse of the Virgin Mother of God! O Guardian and Virginal Father of the Word Incarnate! In the presence of Jesus and Mary, I choose you this day to be my father, my guardian, and my protector. O great St. Joseph, whom God has made the Head of the Holy Family, accept me, I beseech you, though utterly unworthy, to be a member of your “Holy House.” Present me to your Immaculate Spouse; ask her also to adopt me as her child. With her, pray that I may constantly think of Jesus, and serve him faithfully to the end of my life. O Terror of Demons, increase in me virtue, protect me from the evil one, and help me not to offend God in any way. O my Spiritual Father, I hereby consecrate myself to you. In faithful imitation of Jesus and Mary, I place myself and all my concerns under your care and protection. To you, after Jesus and Mary, I consecrate my body and soul, with all their faculties, my spiritual growth, my home, and all my affairs and undertakings. Forsake me not, but adopt me as a servant and child of the Holy Family. Watch over me at all times, but especially at the hour of my death. Console and strengthen me with the presence of Jesus and Mary so that, with you, I may praise and adore the Holy Trinity for all eternity. Amen.

Priest: Final blessing prayer

May the recitation of this Josephian Rosary help us to walk closely to Jesus and His Blessed Mother, and may blessing of Almighty God, + the Father, Son and the Holy Spirit come down upon you and remain with you always. Amen.

9 day Prayer for Respect Life in January

Heavenly Father, thank you for the precious gift of life. Help us to cherish and protect this gift, even in the midst of fear, pain, and suffering. Give us love for all people, especially the most vulnerable, and help us bear witness to the truth that every life is worth living. Grant us the humility to accept help when we are in need, and teach us to be merciful to all. Through our words and actions, may others encounter the outstretched hands of Your mercy. We ask this through Christ, our Lord. Amen.

Respect Life Holy Hour on the last Day (Friday) of The Annual Nine Day Novena for The Protection Of Human Life, in the month of January

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

My dear brothers and sisters, at 3 O'clock on this Friday, let us thank God for His immense love and the great sacrifice He made for our salvation. Lord we praise and thank You for You paid a debt which You didn't owe, but the debt we owed, which we couldn't pay.
Pause.

As we pray this Chaplet of Divine Mercy, let us keep in mind, the Message of Divine Mercy; given to St. Faustina by Jesus - That God loves all of us; no matter how great or how grave our sins are. Jesus wants us all to realize and to recognize that His Mercy is far greater than our sins. He wants us all to call upon Him with Trust! To sincerely repent of our sins, to receive His forgiveness and Mercy and then most importantly, to let His Mercy flow through us to others.

Today as we conclude the 9 day prayers for Respect Life, let us pray for that intention in a special way. From the time of creation, disregard for human life has continued to spread. When we, like Cain, allow sin to find a place in our hearts, we become blinded to the truth. Sometimes this blindness might be so deep that we fail to recognize the undeniable humanity of unborn children. We may even tragically believe the lie that abortion is an act of compassion. But we know that “life, especially human life, belongs only to God: for this reason whoever attacks human life, in some way attacks God Himself. Let us pray that all who support abortion will encounter the transforming love of the Father and, with repentant hearts, seek His mercy.

Opening Prayer

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

(Repeat 3 times) O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

The Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

The Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy

Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

- 1. Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.**

In a special way, we pray for Your mercy to end the tragic practice of abortion.

For the sake of His sorrowful Passion, have mercy on us and on the whole world. 10*

- 2. Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.**

In a special way, we pray that all who support or participate in abortion experience a conversion of heart to seek and receive the Lord's boundless mercy.

For the sake of His sorrowful Passion, have mercy on us and on the whole world. 10*

- 3. Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.**

In a special way, we pray for Your endless mercy and support for all who defend life, that they may find strength and renewal in the Holy Spirit to continue their good efforts to stop abortion.

For the sake of His sorrowful Passion, have mercy on us and on the whole world. 10*

- 4. Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.**

In a special way, we pray for Your mercy on all those who are suffering with guilty feeling after an abortion, that they may be healed soon.

For the sake of His sorrowful Passion, have mercy on us and on the whole world. 10*

- 5. Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.**

In a special way, we pray for Mothers placing their children for adoption, that in Your loving mercy, they may receive grace and support in embracing this loving option of the sacrificial love of Christ on the Cross in choosing to do what is best for their children, even at great cost to themselves.

For the sake of His sorrowful Passion, have mercy on us and on the whole world. 10*

Concluding prayer (Repeat 3 times)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

After more than four decades of legalized abortion, many children’s lives have been ended, and many parents and family members suffer that loss—often in silence. Yet God’s greatest desire is to forgive. No matter how far we have each strayed from His side, He says to us, “Don’t be afraid. Draw close to my heart.” Be assured that it is never too late to seek God’s forgiveness in the Sacrament of Reconciliation. Consider the parable of the Prodigal Son. After repenting of sinning against his father, he returns from far away, to seek forgiveness and work as a servant. But the father sees him approaching, runs to warmly embrace him, and hosts a banquet to celebrate his return. So, too, does God welcome all of His repentant children, no matter how serious the sin. Let us pray that they turn confidently to Our Lord, Who is love and mercy, and instead of living the rest of their lives in guilt and tears, educate others to disregard abortion .

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

Introduction before Rosary.

As we pray this rosary, let us seek our Mother Mary’s special help and support for all mothers, especially expectant mothers to follow her example. When the angel Gabriel appeared to Mary, she opened her heart to receive his message that she would conceive the Son of God in her womb. As a young, betrothed, but unmarried, woman, Mary knew that her pregnancy presented many challenges. Despite this knowledge, she faithfully responded, “Behold, I am the handmaid of the Lord. May it be done to me according to your word.”

(Luke 1:38). Like the Blessed Mother, women who unexpectedly become pregnant often face significant challenges. They, too, are called to place their trust in God and faithfully respond to His gift of new life. And we are called to walk with them in their time of need. As Jesus taught us, when we love and serve others, we are loving and serving Him. May all expectant mothers be encouraged by Mary's example and receive support and grace in lovingly welcoming their children into the world. **Pause for a minute.**

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Introductory Prayer *on Page 40*

Meditation of Sorrowful Mysteries

First Sorrowful Mystery – The agony in the Garden of Gethsamene.

We pray that all unborn children be protected in law and welcomed in love.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Second Sorrowful Mystery – The scourging at the pillar.

We pray that every expectant mother receive compassionate care and support as she nurtures the life in her womb.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Third Sorrowful Mystery – The crowning with thorns.

We pray that expectant fathers lovingly support the mothers of their children in welcoming new life.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fourth Sorrowful Mystery – The carrying of the cross.

We pray that each person suffering from the loss of a child through abortion find hope and healing in Christ.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Fifth Sorrowful Mystery – The Crucifixion and death of Jesus on the cross.

We pray that civic leaders work for the protection of all human life, in every stage and circumstance.

1* Our Father ; 10* Hail Mary; 1* Glory Be; 1* Fatima Prayer

Concluding Prayer & Litany of the Blessed Mother *on page 68*

Now as we seek the intercession of St. Joseph, we pray that all fathers and fathers to be, make him as their role model. Fatherhood has its origins in God, who chose to reveal Himself to us as Our Father, sending His only Son for the sake of our salvation. Fathers therefore have a special role “in revealing and in reliving on earth the very fatherhood of God.” (*Familiaris consortio* 25). Fathers are called to exhibit “generous responsibility for the life conceived under the heart of the mother.” (FC 25). They are uniquely entrusted with the protection and defense of both mother and child and, in this way, in safeguarding the sanctity of human life. As evidenced in our world today, the role of the father “is of unique and irreplaceable importance.” (FC 25). Often women choose abortion because they do not have the support of the child’s father, or—even worse—the father of the child pressurizes her to make the decision to abort. At the same time, it is important to acknowledge with compassion that men can also be overwhelmed by an unexpected pregnancy and that society increasingly tells them that they should have no say in their children’s lives. In the face of these false messages, we pray that expectant fathers will find courage in the example of Saint Joseph, who embraced the role of father amid difficult circumstances and offer loving, life-affirming support to the mothers of their children. Sometimes, the expectant mother may want an abortion for a better career option, or just to enjoy life more in full freedom, or even at the worry of their bodies losing the beauty. May such women be able to understand that motherhood is a gift from God, and in case of

unexpected pregnancy it should be given priority over career and beauty. May their husbands be able to support and take care of them in those difficult situations.

Prayer to Saint Joseph after the Rosary

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness. As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

Let us also pray for all those who are in need of financial and moral support, to go through unexpected pregnancy, and do all that we can from our part to stop this cruel practice. Silence

Concluding prayer

As we conclude this hour, let us keep in our mind that at every stage and in every circumstance, we are held in existence by God's love. The presence of an illness, disability, or other challenging situation

never diminishes the value of a human life. God does not call us to perfection of appearance or abilities, but to perfection in love. Christ invites us to embrace our own lives and the lives of others as true gifts. Abortion tragically rejects the truth that every life is a good and perfect gift, deserving protection. This violent practice ends the life of a human being at its very beginning and horribly wounds all those involved. But Christ came that we “might have life and have it more abundantly,” (John 10:10), taking on human flesh for the sake of our redemption. May our culture experience the power of God’s transforming love, that all eyes may be opened to the incredible beauty of every human life. Through our own prayer, witness, and civic participation, we can encourage our leaders to truly answer their call to protect the rights of all people. For “there can be no true democracy without a recognition of every person’s dignity and without respect for his or her rights.”

O Sacrament Most Holy, O Sacrament Divine,
All Praise and All Thanksgiving be every moment Thine.(3)

Priest: You have given them Bread from Heaven
Response: Having within it all sweetness.

Lord Jesus Christ, You gave us the Eucharist, as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the Kingdom where You live with the Father, and the Holy Spirit, God forever and ever. Amen.

The Divine Praises

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy.
Blessed be her Holy and Immaculate Conception.
Blessed be her Glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints. Amen.

Eucharistic Blessing

¶ Holy God, we praise Thy Name;
Lord of all, we bow before Thee!
All on earth Thy rule acclaim,
All in Heaven above adore Thee;
Infinite Thy vast domain,
Everlasting is Thy reign.
 Hark! the loud celestial hymn,
 Angel choirs above are raising,
 Cherubim and seraphim,
 In unceasing chorus praising;
 Fill the heavens with sweet accord:
 Holy, holy, holy Lord.
Holy Father, Holy Son, Holy Spirit,
Three we name Thee;
While in essence only One,
Undivided God we claim Thee;
And adoring bend the knee,
while we own the mystery. ¶



At-Home Marriage Retreat

Marriage: To Have, To Hold, To Honor

Celebrate and enrich your marriage this week by taking some time each day to listen to the Word of God, meditate, reflect, and pray together. Each day is an opportunity to read and meditate on a passage from Scripture followed by a re-imagined story from a different perspective. Reflect on the questions that follow and close with the prayer for couples.

This exercise of praying with the Scriptures is called Lectio Divina. It consists of four steps: lectio (the reading of Scriptures), meditatio (meditation), oratio (prayer), and contemplation (contemplation).

God bless you!

Day One - Adam and Eve: That Could Be Us

Lectio: Gen. 2:23; 3:1-24

Meditatio 1: Scripture reveals that God made man and woman for each other! Adam’s cry that “at last, this one is bone of my bones and flesh of my flesh” signals the holy recognition that God desired man and woman to be husband and wife. Now, consider how sin has affected God’s marvelous plan for His children.

Imagine Adam and Eve exiled from the Garden of Eden one year after they ate the forbidden fruit. They toil daily by the sweat of their brow. Eve has already borne their first child, fully experiencing the pangs of labor. Today they have stopped ploughing the fields to take a rest from the heat of the sun. Their conversation picks up the old refrain: who is at fault for bringing them to this point? Who is to blame for their toil and labors?

Adam: Why did you listen to that serpent? Couldn’t you tell he was speaking with a forked tongue?

Eve: You were right there next to me the entire time and you didn’t say a single word. I took just one bite. You ate the rest!

Adam: Still, that doesn’t change the fact that you took the first bite. I was sure you weren’t going to fall for his smooth talk. But since you fell for it, I didn’t feel like I had any choice.

Eve: Now look at us. We sweat and toil daily, we are not happy here like we were in the garden... and it’s your fault.

Adam: Oh, no, it isn’t.

Eve: Perhaps God can tell us who’s at fault. We can get on with our lives once we know who is to blame.

Adam: Good idea.

Adam and Eve seek out God to find the answer.

God: You are both at fault by seeking out the culprit. You think one is the villain and the other is the victim? You are both the villain and the victim.

Adam: We don’t understand.

God: You are far more similar than you are different. It’s unimportant to consider who is at fault. Instead, consider how you –

together – can work to repair the damage that has been done. You have both experienced the consequences of the fall from grace. Together, as husband and wife, you can experience redemption.

Meditatio 2: (Ask yourselves and reflect)

- **To Have:** We were called by God to be caretakers and stewards of each other and the world he created. Do I cherish my spouse as God’s personal gift to me? Do we delight in the blessings we have received, such as our marriage? Or do we grasp for temporal goods that are not ours? How can we simplify our life – especially during this pandemic– and share the goodness we have all received with those who are less fortunate?
- **To Hold:** Do we bring God into our conversations? Do we pray together daily or pray for one another regularly? Do we discern together about God’s plan for our family and the number of children He desires us to have? How can we better hold and sustain each other, especially during challenging times?
- **To Honor:** Do I give my spouse the benefit of the doubt? Do I lay blame on my spouse unjustly? How can I honor my spouse better in word and action? How do we honor God’s plan for married love? For example, have we rejected all forms of contraception and committed to practicing Natural Family Planning?

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Day Two - In the Lion’s Den

Lectio: Daniel 6:16-28

Meditatio 1: Daniel was thrown into the lion’s den because he faithfully worshiped the one, true God. However, God sent His angel to close the mouth of the lion to protect Daniel from harm. Let us imagine the perspective of the lion, whose mouth had been closed by God: “This is a new kind of companion, this Daniel that has intruded

upon my space. We circled each other warily all day, keeping an eye on each other. My objective is always the same: to reduce my prey to satisfy my appetite. I am always ready to pounce at the first sign of weakness in my prey – any prey, beast or human. But strangely, I am not eager to eat this person of human flesh, who is both vulnerable and vigilant. I am not inclined to seduce or entrap, with my careful approach, my cunning eye, my strength always alert. This man confuses and confounds me. What is so different about him? Almighty God, Daniel’s God, you closed my mouth and opened my heart. What is happening to me? One day, very soon, I may even be willing to lie with a lamb.”

Meditatio 2:

- **To Have:** ‘To have and to hold’ is hugely different from ‘to trap and to devour.’ How do I shield or protect my spouse from falling into traps set for them by others or by their own weaknesses?
- **To Hold:** In our relationship as a couple, when have I acted like the lion, ready to pounce, rather than protect? An old Czech proverb says, “If I have to bite you, let me bite you with my heart.” How can I speak the truth with tenderness and kindness, and not with brutality?
- **To Honor:** During the pandemic, many couples have experienced new constraints and close confines that have tested the relationship. Have I attacked my spouse verbally, emotionally, or physically? How can my words, my thoughts, and my actions be transformed by God’s grace to better honor my spouse?

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Day Three - The Emmaus Journey

Lectio: Luke 24:13-35

Meditatio 1: On the first Easter Sunday, two disillusioned disciples were returning home from Jerusalem. Jesus’s crucifixion had crushed and bewildered them. All seemed lost. Then a stranger joined them on their journey. Let us imagine that the two disciples were husband and wife. Only one of the two – Cleopas – is named. To help us dive deeper into the story, let us give the woman a name, Judith, and a voice. “I don’t like it when a third person joins us on a trip, especially another man. It is customary for the two men to walk ahead, and the woman usually follows behind. This time was different, though. The stranger was sometimes by my side, sometimes by the side of my husband, Cleopas. As Cleopas and I were talking about what had happened in Jerusalem, we walked holding hands, glancing at one another from time to time, and sharing more deeply than we ever had before. The stranger walked behind us then, though not in a threatening way, but protectively. At one point, he began to explain the Scriptures to us. He talked excitedly and walked quickly alongside us. Suddenly he jumped in front of us and walked backwards facing us. His eyes shone and his voice was alive with feeling. That’s when I began to sense that something supremely important was playing out, but I could not tell what. As the stranger spoke, everything began to get clearer to me. I whispered to Cleopas, ‘Invite him to stay with us when we get to Emmaus.’ I wanted to hear more. When we arrived, he took bread and blessed it. When we took the bread from his hands, it felt like the most important meal we would ever eat. I began to pray, ‘Help me to take this meal into me and never let it leave me.’ I looked up and he was gone. ‘That was ... the Lord!’ I asked Cleopas. ‘Yes! Let us get back to Jerusalem,’ he replied.”

Meditatio 2:

- **To Have:** What have been the most meaningful spiritual experiences that you and your spouse have experienced together?

Perhaps it was a pilgrimage, a response to tragedy or a moment of joy while performing an act of service. Looking back, was your heart burning within you? Remind your spouse of that moment, and why it was so meaningful to you.

- **To Hold:** How do you hold each other accountable for spiritual growth? What ways can you as a couple strive for holiness and help each other become more desirous of God?

- **To Honor:** You might view this week as an Emmaus journey. Try not to anticipate the next hill. As in the Emmaus story, let this be a time of sharing your heart, searching for meaning, and celebrating God's presence in your lives.

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Day Four - The Mother-In-Law Speaks

Lectio: Luke 4:38-41

Meditatio 1: The Gospel of Luke tells us about the healing of Saint Peter the Apostle's mother-in-law. What would she have said? "My daughter married Peter, a fisherman. He is a great hulking man, a big talker, inclined to extravagant gestures and emotional outbursts. It's hard not to love him. He is full of energy and always up for an adventure. Where his mind goes, his body follows – right away. There is always a crowd around him. He has many friends, but one stands above the rest. His name is Jesus. Let me tell you about him. I love to welcome people to my home. There is nothing I would rather do than take care of the people I love. But I have been sick recently, and unable to wait on others. So, one day Peter told me he wanted me to meet his friend. Jesus was unlike anyone I ever met. He came into the house having already drawn the jug of water from the well. He smiled at me, not past me. He seemed to study me. I couldn't wait on him and the guests for long. Finally, I had to go

rest. He came in and touched me, and now I feel more whole than I have in a long time. I can see that Jesus is influencing Peter. Peter looks deeper into my eyes. He looks around to seek out the lost and assist the needy. He has become a better husband, father, son. Peter is not perfect, but he is becoming more noble, good, and free. He is becoming the man he was meant to be.”

Meditatio 2 :

- **To Have:** Reflect on your individual strengths and weaknesses. How have your gifts enriched your marriage? How have your weaknesses challenged your marriage? Pray together for wisdom to know how to place these gifts at God’s disposal. Allow Him to transform weaknesses with His grace.
- **To Hold:** As a couple, what boundaries do we need to set? What rules and expectations do we need to adjust, as both our parents and our children grow older or new circumstances require us to adapt?
- **To Honor:** How do we honor our extended family members and their marriages? If we have mother or father-in-law(s) - how do we honor and respect them and their marriage while maintaining our independence and sense of identity as a couple? If we have married children - How can I love and respect my son or daughter-in-law(s) and find a balance between ignoring and intruding on my children’s marriage(s)?

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Day Five - Martha and Mary

Lectio: Luke 10:38-42 or John 11:1-54

Meditatio 1: These famous sisters in the Bible can help us reflect about cooperation and accepting each other’s differences as a married couple. They appear again when their brother, Lazarus, dies.

Martha runs to Jesus, while Mary waits until she is called. One is pro-active, the other is passive. However, they both demonstrate that they are committed to Jesus.

Martha: Everyone seems to have an opinion of us: I am all work and she is all prayer. In reality, life is not that simple, and I resent being described that way. Sure, I sometimes act before I think. And I prefer to act rather than sit and muse too long over the potential solutions to a problem.

Mary: I don't like being caricatured, either. It's true that you hurried and ran to Jesus when our brother died, and then Jesus raised him from the dead while I stayed behind at home. Regardless of our differences, though, it's fair to say that "anything you can do, we can do better."

Lazarus: My dear sisters, let us look to our Lord to see the best way forward. Think about this, why did Jesus bring me back to life? Why I was chosen is a mystery, but perhaps here is a clue. Jesus had already lost Joseph his father on earth, and his cousin, John the Baptist. Both of these deaths, Jesus accepted as His Father's will. However, when I died, Jesus recognized it as an opportunity to glorify His heavenly Father by returning me to life (cf. John 11:4). In a sense, it seems that he acted as Mary during the deaths of his father and cousin, but He seemed to act more like Martha when he raised me from the dead. It takes the wisdom of God to know when it is time for patient acceptance and when it is time for heroic action.

Meditatio 2:

• **To Have:** Discuss how your natural inclinations complement each other. If you are inclined to inertia, pray for the courage to act. If you are inclined to impulsivity, pray for the patience to reflect. Consider a way forward to act and pray together.

- **To Hold:** Tell your spouse about something you have been contemplating or dreaming about for a long time. Discuss together what steps you can take, and help each other to put your ideas into action.
- **To Honor:** Take a moment to reflect on how your spouse has actively helped you to grow as a person—perhaps in encouraging you to try something new, expanding your perspective, developing a skill, or letting go of a sinful inclination. Share your thoughts with your spouse and thank him or her for the positive impact they have had on your life.

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Day Six - Tentmakers for God

Lectio: Acts 18

Meditatio 1: When the Jews were expelled from Rome, Priscilla and Aquila, a married couple, and tentmakers, went to Corinth where they met St. Paul. As fellow tradesmen, they became close friends and traveling companions. This couple tells us about their friend, St. Paul.

Priscilla: Do you know how hard it is to stitch a tent? We work in leather and linen, but we also weave camel and goat hair to make strips of cloth, which we then sew together. The fabric is coarse and heavy. Punching a hole once is hard; try punching in a straight line repeatedly. It takes skill, determination, and practice.

Aquila: A stranger named Paul showed up at one of our gatherings, and he said he was good at tent-making, too. He proved himself to be an expert tentmaker. As he furiously stitched and worked, he told us about his extensive travels. He also told us about a good friend of his, Jesus. We had heard of Jesus before, but over time, what Paul said about Jesus made more and more sense, and then it became real

for us. Paul helped us recognize that Jesus as our Messiah, the Christ, the One who came to save us. We wanted to help share this good news with Paul. So, we started working in Corinth with him, then moved to the community in Ephesus, and finally came back to Rome. Along with Paul, we stitched the world together. It was a challenge to tell the same story of Jesus – to tailor it to the Corinthians, the Roman-obsessed Ephesians, the ever-debating Athenians. To say nothing of stitching Jews and Gentiles together! Try to get a Galatian and a Thessalonian to agree on anything. But you know what? It is possible. The pattern is everything, and we model everything on Jesus Christ, who gave us the template.

Priscilla: If you believe in Jesus, you are called to be a tentmaker. Our marriage was made for this work, and for these times. Isaiah's words are our motto: "Enlarge the place of your tent, stretch your tent curtains wide, do not hold back, lengthen your cords, strengthen your stakes." (Isaiah 54:2).

Meditatio 2:

- **To Have:** Like Priscilla and Aquila, few of us live and work in the same place all our lives. Every new place and position is an opportunity to share in the call of evangelization. How do you partake in that call and mission as Christians? Do you have friends who could benefit from your sharing about your life in Christ? Does your marriage reflect what you believe and profess?
- **To Hold:** Can we be tentmakers – sewing and patching the torn and tattered areas of our lives? Where in our lives is there a ragged edge, where healing needs to take place? Is there an area of our marriage or family that needs healing? Or is God asking us to expand our marriage and home – our tent – to the gift of more children, naturally or by adoption?
- **To Honor:** How can I better honor my marriage promises and by doing so, honor my spouse and my family?

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Day Seven - Post-Cana

Lectio: John 2:1-11

Meditatio 1: The story of the wedding feast at Cana is rich with meaning for Christian couples. Let us take a closer look at the one who may have felt disgraced and disrespected by the entire incident: the groom at the wedding. What should have been the best day of his life, still tormented him. How, after such an auspicious courtship, could things have turned so sour? The energy had run out of the crowd even sooner than the wine had. He knew he was moody, and she was spirited, but it had seemed to make sense for them to align their families, their businesses, their lives. It had turned out to be a bad bargain. He could not master her the way he could master the vines. The wine incident had been the best of all occasions to her, and it should have been for him, too, but he had been so woefully embarrassed. Yes, he admitted, he had cut it too close. He had made too many promises to supply wine to others and had run short at his own wedding. It was bad business; he had taken a business gamble and lost. But then Jesus appeared. At the moment when all eyes should have been on him, the groom, they were fastened on Jesus. The same wine jars lay as a reminder of that day among his reserves. “These jars ruined my wedding day,” he thought to himself as he dipped a cup into one jar. He swirled the water around. “I can get wine from water too, can’t I? I take little grape seedlings, string them out over the countryside, add the rain, and the wine comes, eventually. I just can’t do it immediately, like he did.” He dashed the water out of the cup. His mind returned again and again to the day of the wedding. She had watched Jesus with wonder and admiration. Why didn’t she watch him with the same admiration? When she did look at him with love, he lived for those moments. “I’m a winemaker, not a miracle worker,” he thought to

himself. “I can’t fill a stone jar all at once but I can bring my wine to her, slowly and steadily, in every season of my life.”

Meditatio 2:

- **To Have:** How have I changed since my wedding day? In what ways have I lost focus? In what ways have I grown? Share with your spouse the ways in which you think you have changed. Share with one another what you most appreciate about your spouse, but perhaps have seen less evidence of lately. Ask to see that quality again.
- **To Hold:** As you look at the next stage of your life, what can you work on to be a better person, a better spouse, a better Christian? Trust that God will change your water into wine, if you let Him.
- **To Honor:** What made you fall in love with your spouse? What drew you to him or her? What do you see and love in your spouse now that was unknown to you on your wedding day? Share these reflections with each other.

On all days

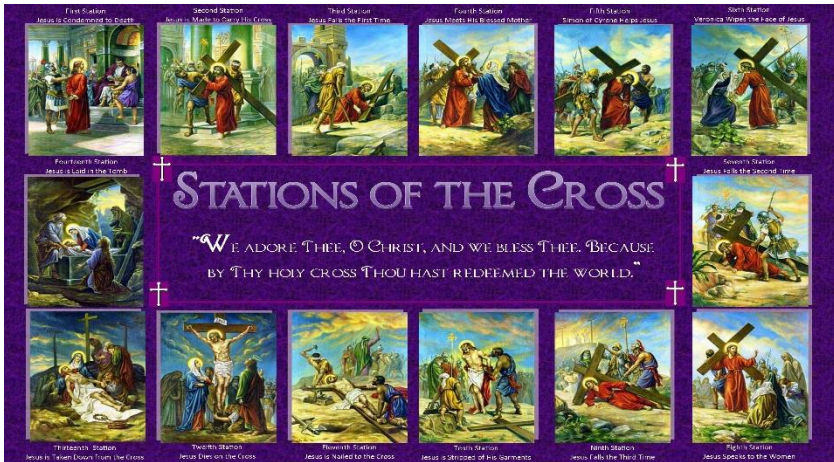
Oratio: O God, who in creating the human race willed that man and wife should be one, keep, we pray, in a bond of inseparable love those who are united in the covenant of Marriage, so that, as you make their love fruitful, they may become, by your grace, witnesses to charity itself. Through Christ our Lord, Amen.

Contemplatio: Spend a few moments in silence, grateful for the gift of your marriage, and allow the Lord to speak directly to your heart. When finished, end by slowly reciting the Our Father together.

United States Conference of Catholic Bishops, Washington, DC.

STATIONS OF THE CROSS MEDITATION

¶ Above all powers, above all kings
 Above all nature and all created things
 Above all wisdom and all the ways of man
 You were here before the world began
 Above all kingdoms, above all thrones
 Above all wonders the world has ever known
 Above all wealth and treasures of the earth
 There's no way to measure what You're worth
 Crucified, laid behind a stone
 You lived to die, rejected and alone
 Like a rose, trampled on the ground
 You took the fall and thought of me Above all ¶



(All Stand) Introduction

The mystery of the Passion of Christ is the heart of Christian Spirituality, and all the four Gospels revolves around the passion, death and resurrection of Jesus. Going beyond all barriers, all of us suffer. Meditating on the sufferings of Jesus and His ultimate victory

over death, gives us hope and strength to endure our sufferings. It reminds us that the end is not here, and we wait for the ultimate joy of heaven, which our Lord has secured for us by His death and resurrection.

Opening Prayer

Lord Jesus Christ, Thou has made this journey to die for us with love unutterable, and we have so many times unworthily abandoned Thee; but now we love Thee with our whole hearts, and because we love Thee, we repent sincerely for having ever offended Thee. Pardon us, O God. We adore Your cross O Lord and glorify Your Holy Resurrection, for behold because of the wood of tree, joy has come to the whole world.

Act of contrition - O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

After the prayer at each station :

Have mercy on us Lord. May the souls of the faithful departed through the mercy of God rest in peace. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be world without end Amen.

Reflections

Station 1

Whenever we condemn others unjustly, or walk away from truth, we are still condemning Jesus. So let us ask pardon for all the times we misunderstood and misjudged others. Let us try to appreciate others, and use kind words like Thank you, Sorry, Please, more often. Let us courageously stand for truth, no matter what. When we are condemned unjustly for no fault of ours, let us bear it patiently for the sake of His passion and offer it as a reparation for our sins.

Station 2

Every time we are reluctant to help others in need, or complaint about our problems, traffic, weather, a coworker, a family member or friend, we are still making Jesus carry our crosses, which we are supposed to carry willingly and patiently. Let us try to think of our blessings more often with a heart full of gratitude knowing that our burdens are nothing compared to the cross He carried, and the sufferings He endured for our sake.

Station 3

The times we give into our weakness or show the worst side of ourselves to our loved ones especially when we are in bad mood, we put our selfishness first and hurt God and our fellow beings, by our falls we make Jesus fall again. Let us try to control our bad temper and develop patience. Always think before saying, as words once spoken cannot be taken back, and they are indeed sharp enough to stab like a sword.

Station 4

Whenever we take for granted, those who help us, especially the efforts of our mothers, fathers, spouse or siblings or friends, we are

still causing them this extreme pain which Our Blessed Mother and Jesus went through by this meeting. Let us try to see the love behind the good works others do for us, pray for them and make them happy in whichever way possible for us.

Station 5

In our sufferings, Jesus might have sent someone to help us. It might have been a family member, a friend or even a stranger. Let us thank God for helping us in our times of need, and whenever we see someone in real need, be a Simon in their lives, even if that means to go out of our comfort zones.

Station 6

All the times we ignored the genuine needs of our family and friends, by watching television or thinking only about our work, we are like the bystanders in the way of His Cross. Whenever we spend quality time with our family and friends, or send an appreciation note to someone, or spend time with a lonely homebound person, or just be there with someone who is sick or suffering, our name is Veronica.

Station 7

Whenever we repeatedly make a mistake, whenever we fail to keep a promise, or repeatedly use a bad word, or argue unjustly with someone, when the times we felt that “I can’t believe that, I did or said that again,” we are making Jesus fall again. Let us make conscious efforts to avoid our mistakes especially the ones we repeat more often.

Station 8

Whenever we ignore the pains and sufferings of those around us, or deny the help we can do, we too are silently playing the role of those who did nothing but just witnessed Our Lord carry the cross. Let us extend a helping hand, a consoling word, to those in pain.

Station 9

Whenever we become the reason of fall for others or justify our mistakes, we are making Jesus fall again mercilessly. As soon as we commit a mistake, let us humbly ask pardon from God, and the ones we hurt. Whenever we fall, let us remember that while it is ok to fall, it is not ok to not get up.

Station 10

All the times we mocked someone else or treated someone without dignity or embarrassed someone, or not welcomed a newcomer, we are still stripping Jesus. Let us not do any of these and also, stop if we see someone being bullied, and make them feel comfortable, and treat everyone with respect. Let us strip ourselves of all bad inclinations and addictions.

Station 11

Each time we doubt His love, and put our faith at stake, especially during our sufferings, or commit a sin knowingly, may be with our lies or lame excuses or broken promises, by not being faithful, we are still nailing Jesus to the cross again.

Station 12

Whenever we ignore our prayer life, or feel lazy to go to Church, or ignore the sacrifices made by our loved ones, we are still ignoring the great Sacrifice Jesus did for us on the Cross. Let us intensify our prayer life and be grateful to God and open our hearts to see the love and sacrifices of our loved ones, and try our level best to die to our sins.

Station 13

Whenever we abandon a family member or a friend, especially in times of need or distress, or someone who is going through the pain of loss of a loved one, or when we forget our departed loved ones,

we are still abandoning Jesus. Let us pray more often for the souls of our loved ones. Let us also not forget those souls who have no one to pray for, as they also are our brothers and sisters in Christ.

Station 14

Whenever we face failures or disappointments in our lives, continue to still trust in God, knowing that our final victory is not of this world. Death is not the end for Jesus has redeemed us by His death and resurrection, and has purchased for us heaven. So let us strive for heaven above all .

Conclusion

Let us rise above our situations to help others and face our lives more courageously as our Lord indeed has conquered death and has risen. We are hope filled people, and will be reunited with our loved ones in paradise. So let us live our lives accordingly, and let no distress or misfortune take that hope away.

Prayer: Lord Jesus, we have journeyed with You in these stations of cross and in a special way reflected them in our every day lives. We know that You call us individually and collectively for a greater union with You and one another, in our own way of life. Bless us with the grace to follow You, on this path way of salvation. Help us in our resolve to live anew in You. Pour out the grace to live life as You have called up. Help us to love the gifts You have given us, especially our family and friends.

Let us pray for the intentions of Holy Father Pope.... for obtaining the indulgences associated with this Stations of Cross devotion.

1 Our Father. 1 Hail Mary. 1 Glory Be.

+May the Lord bless you, protect you from all the evil and bring to everlasting life. Amen.

¶ Jesus, remember me, when You come into Your Kingdom(2) ¶

HOLY THURSDAY PRAYERS

¶ Of the glorious body telling,
O my tongue, its mysteries sing,
And the blood, all price excelling,
Which the world's eternal King,
In a spotless womb once dwelling,
Shed for this world's ransoming.

Given for us, for us descending,
Of a virgin to proceed,
Man with man in converse blending,
Scattered he the gospel seed,
Till his sojourn drew to ending,
Which he closed in wondrous deed.

At the last great supper lying,
Circled by his chosen band,
Duly with the law complying,
First he finished its command,
Then, immortal food supplying,
Gave himself by his own hand.

Word-made-flesh, by word he maketh,
Bread his very flesh to be;
Man in wine Christ's blood partaketh:
And if senses fail to see,
Faith alone the true heart waketh
To behold the mystery.

Therefore we, before him bending,
This great sacrament revere:
Types and shadows have their ending,

For the newer rite is here;
Faith, our outward sense befriending,
Makes the inward vision clear.

Glory let us give and blessing,
To the Father and the Son,
Honour, might and praise addressing,
While eternal ages run;
Ever too his love confessing,
Who, from both, with both is one. Amen. ¶

OR

¶ Sing, my tongue, the Savior's glory,
Of his flesh the myst'ry sing;
Of the Blood, all price exceeding,
Shed by our immortal King,
Destined, for the world's redemption,
From a noble womb to spring.
Of a pure and spotless virgin,
Born for us on earth below,
He, as man, with us conversing,
Stayed, the seeds of truth to sow;
Then he closed in solemn order
Wondrously his life of woe.
On the night of that last supper,
Seated with his chosen band,
He, the Paschal victim eating,
First fulfills the Law's command;
Then as food, to the disciples,
Gives himself with his own hand.

Word made flesh, the bread of nature,
By his word to flesh he turns;
Wine into his blood he changes,
What though sense no change discerns?
Only be the heart in earnest,
Faith its lesson quickly learns.

Down in adoration falling,
This great sacrament we hail;
Over ancient forms of worship,
Newer rites of grace prevail;
Faith tells us that Christ is present,
When our human senses fail.

To the everlasting Father,
And the Son who made us free,
And the Spirit, God proceeding
From them Each eternally,
Be salvation, honour, blessing,
Might and endless majesty. ¶

[incense]

O God, we give You thanks for the privilege of gathering here in this night to wait with You. Lord, today, we have just journeyed with You in the Last Supper incidents. We thank You Lord for the institution of the Holy Eucharist, to be with us. We ask forgiveness for all the times we ignored Your intense longing for us, and for forgetting that You are waiting for us to come back. Lord, we know that we should reflect You in our lives and proclaim our faith through our very lives. From now onwards, we will try our level best to do that.

Pause for a while

Lord, You deserve all honor and praise, because Your love is perfect and Your heart sublime. My heart is filled with gratitude for the many blessings and graces You have given me and those whom I love. I cannot do anything to deserve this love, but may I always be attentive and never take for granted the gifts of mercy and love that flow freely and generously from your Sacred Heart. Most Sacred Heart of Jesus, have mercy on us. Amen.

Let us praise and thank God for all the sufferings He endured in reparation for our sins to ensure salvation for us. Let us also thank Him for all that happened in the last month, good or bad, realizing that some were blessings and others were lessons, but all as per His Divine plan for a greater purpose.

¶ Thank You, Lord, for all you've done,
things both great and small,
And for Jesus Christ Your Son,
Thank You most of all.
You forgive us when we falter,
You bring healing when we sin,
You redeem our life from bondage,
And renew us deep within. ¶

Prayer of Reparation for insults and blasphemies

O Jesus, my Savior and Redeemer, Son of the living God, behold, we kneel before Thee and offer Thee our reparation; we would make amends for all the blasphemies uttered against Thy holy name, for all the injuries done to Thee in the Blessed Sacrament, for all the irreverence shown toward Thine Immaculate Virgin Mother, for all the calumnies and slanders spoken against Thy spouse, the holy Catholic and Roman Church. O Jesus, who hast said: "If you ask the Father anything in My name, He will give it to you", we pray and beseech Thee for all our brethren who are in danger of sin; shield

them from every temptation to fall away from the true faith; save those who are even now standing on the brink of the abyss; to all of them give light and knowledge of the truth, courage and strength for the conflict with evil, perseverance in faith and active charity! For this do we pray, most merciful Jesus, in Thy name, unto God the Father, with whom Thou lives and reigns in the unity of the Holy Spirit world without end. Amen

¶ As the deer pants for the water so my soul longs after You
You alone are my heart's desire and I long to worship You
You alone are my strength, my shield,
to You alone may my spirit yield
You alone are my heart's desire, and I long to worship You
You're my friend and You are my brother,
even though You are a king
I love You more than any other, so much more than anything
I want You more than gold or silver, only You can satisfy
You alone are the real joy giver, and the apple of my eye. ¶

An Act of Adoration

O great God, the Sovereign Lord of Heaven and Earth we prostrate ourselves before You. With all the angels and saints, we adore Thee. We acknowledge You to be our Creator and Sovereign Lord, our first beginning and last end. We render to You the homage of our being and lives. We submit ourselves to Your holy will and we devote ourselves to Your divine service this day and forever. We wish and purpose to gain today all the indulgences which it is possible for us to gain.

Eucharistic Heart of Jesus, gracious companion of my exile, we adore Thee. Eucharistic Heart of Jesus, lonely Heart, humiliated Heart, abandoned Heart, forgotten Heart, despised Heart, outraged Heart,

Heart ignored by men, Heart which loves our own hearts; Heart pleading for our love, Heart so patient in waiting for us, Heart so eager to listen to our prayers, Heart so anxious for my requests, Heart, unending source of new graces, Heart so silent, yet desiring to speak to souls, Heart, welcome refuge of the hidden life, Heart, teacher of the secrets of union with God, Heart of Him Who sleeps but watches always, Eucharistic Heart of Jesus, have mercy on us. Jesus Victim, we desire to comfort Thee; we unite ourselves to Thee; we offer ourselves in union with Thee. We regard ourselves as nothing in Thy Presence. Grant that we may satisfy Thy thirst for our salvation, Thy burning thirst for our holiness, and that we may give Thee a sincere and pure love. We give Thee all our actions, our minds to be enlightened, our hearts to be directed, our will to be stabilized, our wretchedness to be relieved, our soul and body to be nourished by Thee. Eucharistic Heart of Our Savior, Whose Blood is the life of our souls, may we love You deeply. Amen.

[If Holy Thursday falls on the First Thursday of the month.

Tomorrow is first Friday of this month. But being Good Friday, we don't have the first Friday Holy Hour. So let us do the Act of Consecration to the Sacred Heart of Jesus

O Sacred Heart of Jesus, to Thee I consecrate and offer up my person and my life, my actions, trials, and sufferings, that my entire being may henceforth only be employed in loving, honoring and glorifying Thee. This is my irrevocable will, to belong entirely to Thee, and to do all for Thy love, renouncing with my whole heart all that can displease Thee. I take Thee, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be Thou, O Most Merciful Heart, my justification before God Thy Father, and screen me from His anger which I have so justly merited. I fear all from my

own weakness and malice, but placing my entire confidence in Thee, O Heart of Love, I hope all from Thine infinite Goodness. Annihilate in me all that can displease or resist Thee. Imprint Thy pure love so deeply in my heart that I may never forget Thee or be separated from Thee. I beseech Thee, through Thine infinite Goodness, grant that my name be engraved upon Thy Heart, for in this I place all my happiness and all my glory, to live and to die as one of Thy devoted servants. Amen.]

The Lord be with you.... R. And with your spirit

A reading from the Holy Gospel According to Mark 14:32 -42

The Agony in the Garden.

Then they came to a place named Gethsemane, and He said to His disciples, "Sit here while I pray. "He took with Him Peter, James, and John, and began to be troubled and distressed. Then He said to them, "My soul is sorrowful even to death. Remain here and keep watch. "He advanced a little and fell to the ground and prayed that if it were possible the hour might pass by Him; He said, "Abba, Father, all things are possible to You. Take this cup away from me, but not what I will but what You will. "When He returned He found them asleep. He said to Peter, "Simon, are you asleep? Could you not keep watch for one hour? Watch and pray that you may not undergo the test. The spirit is willing but the flesh is weak."

Withdrawing again, He prayed, saying the same thing. Then He returned once more and found them asleep, for they could not keep their eyes open and did not know what to answer Him. He returned a third time and said to them, "Are you still sleeping and taking your rest? It is enough. The hour has come. Behold, the Son of Man is to be handed over to sinners. Get up, let us go. See, my betrayer is at hand."

The Gospel of the Lord.

R: *Praise to You Lord Jesus Christ.*

In the reading we just heard, we see Jesus asking His disciples, “Could you not keep watch for one hour? Today in this Blessed Sacrament, You are waiting for us , and asking us that same question. *Pause for a moment.*

¶ [*Refrain:*] **Stay with me, remain here with me.**
Watch and pray, watch and pray.2

Stay here and keep watch with me.

Watch and pray, watch and pray! [*Refrain:*]

Watch and pray not to give way to temptation. [*Refrain:*]

The spirit is eager, but the flesh is weak. [*Refrain:*]

My heart is nearly broken with sorrow.

Remain here with me, stay awake and pray. [*Refrain:*]

Father, if it is possible, let this cup pass me by. [*Refrain:*]

Father, if this cannot pass me by without my drinking it,
your will be done. [*Refrain:*] ¶

Reflection: Jesus is right here, in the bread and the wine on the altar of repose. Jesus was truly and fully God and human at the same time. The devil might have tempted Him to make Him give up the cross. He was well aware of the sufferings that awaited Him. But much more than that, it would have been our ingratitude, sinfulness and above all the lack of sense of sin that caused Him great anguish, as the deep pain He experienced by the very fact that He could not save all the souls, might have been very much discouraging Him. Will anyone of us start or even think of starting something knowing that success is not 100%, that too not because of our faults, but because of the betrayals and ignorance of our loved ones. How much the thought that we whom He loved to the extent of giving His very life would fall for devil’s empty promises and obey the enemy, would

have increased His agony. How would we feel if our children listen to some drug dealers and fall in their trap for mere momentary pleasure, and disregard us. Quite often we focus only on His physical pain, and totally forget about the mental agony He endured. When we do something for which the result is sure, we will have the strength to overcome the struggles that come in the way. We will have great enthusiasm to start and see the end result. But Jesus knew that even after all that He did, people will totally ignore Him and will get indulged in those very sins from which He wanted to save us. At this moment whatever be the issues that is troubling us, set aside all that thoughts and worries, and try to concentrate on Him alone. We have the chance to stay awake, to not go to sleep, and reflect on the suffering of our Lord, both physical and mental, this very night.

Prayer: Lord, help us to use this time effectively, and spend at least an hour with You, not to ask anything from You, but to reflect on Your immense love and earnest desire to redeem us, which made You go through all the sufferings You had endured for us. With a grateful heart, we remember once again all You have done, and all that You are. We realize our need for You in our lives, and of Your great sufficiency. Make us whole by Your love and forgiveness. Lord, help us to focus on Your presence in us, and listen to Your gentle whispers amidst the chaos of the world.

¶ [*Refrain:*] Sacred silence, holy ocean ,
Gentle water, washing over me
Help me listen, Holy Spirit,
Come and speak to me

God my father, Christ my brother,
Holy Spirit, sanctifying me
But Lord, have mercy and please forgive me,
Come and set me free

Sacred stillness, deep still waters,
Calm the raging storms within my soul
And clear the waters of confusion,
At pure and peaceful waters flow [*Refrain:*]

Holy Mary, Gentle mother,
God's pure vessel, praying for me
Saints and Angels, all in heaven ,
Come and be with me
Sacred silence, holy ocean,
Gentle water, washing over me
Help me listen, Holy Spirit ,
Come and speak to me. ¶

Silence till 9:30 pm

Adoration in Spanish from 9:30 pm to 10:30 pm

Repose at 10:30 pm

CORPUS CHRISTI EVE ADORATION PRAYERS

¶ O Salutaris Hostia,
Quae caeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium.
Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria. Amen. ¶

Trinitarian Eucharistic Prayer

(taught by Angel of Peace to the Children in Fatima)

MOST HOLY TRINITY, I adore Thee! My God, My God, I love Thee in the Most Blessed Sacrament.(3)

O Most Holy Trinity! Undivided unity! O Holy God! Mighty God! God Immortal be adored. Omnipotent Triune God, I adore and love You. My God, I love You in the Most Blessed Sacrament.

O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment Thine. (3)

¶ Jesus ! my Lord, my God, my all !
How can I love Thee as I ought ?
And, how revere this wondrous gift,
So far surpassing hope or thought ?
{Sweet Sacrament! we Thee adore !
O, make us love Thee more and more!} * 2 ¶

PARDON PRAYER

(taught by Angel of Peace to the Children in Fatima)

My God, I believe, I adore, I trust and I love Thee! I ask pardon for those who do not believe, do not adore, do not trust and do not love Thee (3) Amen.

Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the Most Precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended, and through the infinite merits of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners. AMEN.

¶ I've wandered far away from God,
Now I'm coming home;
The paths of sin too long I've trod,
Lord, I'm coming home.
 Coming home, coming home,
 Nevermore to roam;
 Open wide Thine arms of love,
 Lord, I'm coming home.
I've wasted many precious years,
Now I'm coming home;
I now repent with bitter tears,
Lord, I'm coming home. ¶

Lord, Jesus, I come before You, just as I am. I am sorry for my sins, I repent of my sins, please forgive me. In Your name, I forgive all others for what they have done against me. I renounce Satan, the evil spirits and all their works. I give You my entire self. Lord Jesus, now and forever, I invite You into my life Jesus. I accept You as my Lord

and Savior. Heal me, change me, strengthen me in body, soul and spirit. Come Lord Jesus, cover me with Your precious blood, and fill me with Your Holy Spirit, I love You Jesus. I praise You Jesus. I thank You Jesus. I shall follow You every day of my life. Amen.

¶ When I look into Your holiness
When I gaze into Your loveliness
When all things that surround
Become shadows in the light of You
When I found the joy of reaching Your heart
When my will becomes enthroned in Your love
When all things that surround
Become shadows in the light of You
I worship You, I worship You
The reason I live is to worship You
I worship You, I worship You
The reason I live is to worship You ¶

Now let us pray **The Chaplet of Adoration** in honor of the 33 years of Christ's life on earth.

Lord, remember me in Thy Kingdom,
Living Bread, nourish my soul * 3

"Sweet Jesus in the Holy Eucharist, I adore You" * 33

¶ Soul of my Savior sanctify my breast,
Body of Christ, be Thou my saving guest,
Blood of my Savior, bathe me in Thy tide,
wash me with waters gushing from Thy side.
Strength and protection may Thy passion be,
O blessed Jesus, hear and answer me;
deep in Thy wounds, Lord, hide and shelter me,
so shall I never, never part from Thee.

Guard and defend me from the foe malign,
in death's dread moments make me only Thine;
call me and bid me come to Thee on high
where I may praise Thee with Thy saints for ay. ¶

With this **Litany of Reparation to the Blessed Sacrament**, let us
make **reparation for the sins committed against our Eucharistic
Lord!**

Lord, have mercy on us. Lord, *have mercy on us.*
Christ, have mercy on us. Christ, *have mercy on us.*
Lord, have mercy on us. Lord, *have mercy on us.*
God the Father of Mercy, *have mercy on us.*
God the Son, Mediator between God and man, *have mercy on us.*
God the Holy Spirit, the Enlightener of hearts, *have mercy on us.*
Holy and undivided Trinity, *have mercy on us.*
O Sacred Host! Victim of reparation for the sins of the world,
have mercy on us.
O Sacred Host! Annihilated on the altar for us and by us,
have mercy on us.
O Sacred Host! Despised and neglected, *have mercy on us.*
O Sacred Host! Neglected and abandoned in Your temples,
have mercy on us.
Be merciful unto us, *spare us, O Lord.*
Be merciful unto us, *hear us, O Lord.*
For so many unworthy Communions,
we offer You our reparation, O Lord.
For the irreverence of Christians,
we offer You our reparation, O Lord.
For the continual blasphemies of the impious,
we offer You our reparation, O Lord.

For the infamous discourses made in Your Holy Temples,
we offer You our reparation, O Lord.

For the crimes of sinners, *we offer You our reparation, O Lord.*

For the sacrileges which profane Your sacrament of love,
we offer You our reparation, O Lord.

For the coldness of the greater part of Your children,
we offer You our reparation, O Lord.

For their contempt of Your loving invitations,
we offer You our reparation, O Lord.

For the infidelity of those who call themselves Your friends,
we offer You our reparation, O Lord.

For the abuse of Your grace, *we offer You our reparation, O Lord.*

For our unfaithfulness, *we offer You our reparation, O Lord.*

For our delay in loving You, *we offer You our reparation, O Lord.*

For our tepidity in Your holy service,
we offer You our reparation, O Lord.

For Your bitter sadness at the loss of souls,
we offer You our reparation, O Lord.

For Your long waiting at the door of our hearts,
we offer You our reparation, O Lord.

For Your loving sighs, *we offer You our reparation, O Lord.*

For Your loving tears, *we offer You our reparation, O Lord.*

For Your loving imprisonment,
we offer You our reparation, O Lord.

For Your loving death, *we offer You our reparation, O Lord.*

That You spare us, that You hear us,
we sinners beseech You, hear us.

That You will make known Your love for us in this most Holy
Sacrament, *we sinners beseech You, hear us.*

That You will vouchsafe to accept our reparation, made in the spirit
of humility, *we sinners beseech You, hear us.*

Lamb of God, who takes away the sins of the world,
spare us, O Lord.

Lamb of God, who takes away the sins of the world,
graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world,
have mercy on us, O Lord.

Let us pray. Lord Jesus, Who has chosen to expose Yourself to all the outrages of the impious rather than withdraw Your Sacred Body from our churches, grant us the grace to bewail, with true bitterness of heart, the injuries and sacrileges committed against you, and to repair as far as lies in our power, and with sincere love, the many ignominies and contempts You have received, and still continue to receive, in this ineffable mystery, Who lives and reigns with God the Father in the unity of the Holy Spirit, forever and ever. Amen.

Prayer of St. Faustina before the Holy Eucharist

I adore You, Lord and Creator, hidden in the Most Blessed Sacrament. I adore You for all the works of Your hands, that reveal to me so much wisdom, goodness and mercy, O Lord. You have spread so much beauty over the earth and it tells me about Your beauty, even though these beautiful things are but a faint reflection of You, incomprehensible Beauty. And although You have hidden Yourself and concealed Your beauty, my eye, enlightened by faith, reaches You and my soul recognizes its Creator, its Highest Good, and my heart is completely immersed in prayer of adoration.

My Lord and Creator, Your goodness encourages me to converse with You. Your mercy abolishes the chasm which separates the Creator from the creature. To converse with You, O Lord, is the delight of my heart. In You I find everything that my heart could desire. Here You light illumines my mind, enabling it to know You

more and more deeply. Here streams of graces flow down upon my heart. Here my soul draws eternal life. O my Lord and Creator, You alone, beyond all these gifts, give Your own self to me and unite Yourself intimately with Your miserable creature.

O Christ, let my greatest delight be to see You loved and Your praise and glory proclaimed, especially the honor of Your mercy. O Christ, let me glorify Your goodness and mercy to the last moment of my life, with every drop of my blood and every beat of my heart. Would that I be transformed into a hymn of adoration of You. When I find myself on my deathbed, may the last beat of my heart be a loving hymn glorifying Your unfathomable mercy. Amen.

Silent Adoration

Benediction of the Blessed Sacrament

All Kneel

Tantum Ergo

¶ Tantum ergo Sacramentum, Veneremur cernui
Et antiquum documentum, Novo cedat ritui
Praestet fides supplementum, Sensum defectui
Genitori, Genitoque, Laus et jubilatio
Salus, honor, virtus quoque, Sit et benedictio
Procedenti ab utroque, Compar sit laudatio. A-men ¶

Priest: You have given them Bread from Heaven

R : Having within it all sweetness.

Lord Jesus Christ, You gave us the Eucharist, as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the Kingdom where You live with the Father, and the Holy Spirit, God forever and ever. Amen.

The Divine Praises

Blessed be God. Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints. Amen.

Eucharistic Blessing

¶ Holy God, we praise Thy Name;

Lord of all, we bow before Thee!

All on earth Thy scepter claim,

All in Heaven above adore Thee;

Infinite Thy vast domain,

Everlasting is Thy reign.

Hark! the loud celestial hymn,

Angel choirs above are raising,

Cherubim and seraphim,

In unceasing chorus praising;

Fill the heavens with sweet accord:

Holy, holy, holy Lord.

Holy Father, Holy Son, Holy Spirit,

Three we name Thee;

While in essence only One,

Undivided God we claim Thee;

And adoring bend the knee,

while we own the mystery. ¶

CORPUS CHRISTI PROCESSION PRAYERS

(Taken from St. Ignatius Loyola Parish Prayer collection)

Commentary before Procession (In Church)

MC: Through this procession we express a public profession and manifestation of our Faith. In a particular manner we profess our belief in Jesus Christ, who is present to us through the Blessed Sacrament. It is through us that His presence is extended to others. May this procession inspire us and bless our parish family with a supernatural unity and a divine care for all people. May our prayer touch the hearts of those who are on the periphery of belief as well as those who have wandered from His divine love.

Exposition in Church

¶ O salutaris Hostia,
Quae caeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium.
Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria. Amen. ¶

Procession Hymn

**O Sacrament Most Holy, O Sacrament Divine,
All Praise and All Thanksgiving be every moment Thine.**

STATION ONE- In Front of Church

Theme:Thanksgiving

Commentary: (Priest)

The Eucharist is an offering of Thanksgiving. In the Gospel, Christ established the Mass as the sacrifice of the New Law. This sacrifice is accomplished through the Paschal Lamb, Jesus Christ. It is Christ who offers His Body and Blood as our Paschal Lamb. By partaking of this Eucharist we are graced and united with God and one another in Love. We also become the body of Christ that we receive. Let us pray that this offering of salvation will be established throughout the world.

The Lord be with you R. *And with your spirit.*

A reading from the Gospel according to Matthew

(Mt. 26, 17-19; 26-29) *Glory to you Lord.*

On the first day of the feast of Unleavened Bread, the disciples came up to Jesus and said: "Where do you wish us to prepare the Passover supper for you?" He said: "Go to this man in the city and tell him, 'The Teacher says, my appointed time draws near. I am to celebrate the Passover with my disciples in your house.'" The disciples then did as Jesus had ordered, and prepared the Passover supper. During the meal Jesus took bread, blessed it, broke it, and gave it to his disciples. "Take this and eat it", he said, "this is my body." Then He took a cup, gave thanks, and gave it to them. "All of you must drink from it," he said. "For this is my blood, the blood of the covenant, to be poured out on behalf of many for the forgiveness of sins. I tell you, I will not drink this fruit of the vine from now until the day when I drink it new with you in my Father's reign."

The Gospel of the Lord. R. *Praise to You Lord Jesus Christ*

¶ Jesus ! my Lord, my God, my all !
How can I love Thee as I ought ?
And, how revere this wondrous gift,
So far surpassing hope or thought ?
{ Sweet Sacrament! we Thee adore !
O, make us love Thee more and more!} * 2 ¶

Prayer In English - (Priest)

Lord our God, teach us to cherish in our hearts the paschal mystery of Your Son by which You redeemed the world. Watch over the gifts of grace Your love has given us and bring them to fulfillment in the glory of heaven.

Priest blesses the people with the Blessed Sacrament.

Altar Server Incenses 3 times. Procession proceeds to Holy Family Prayer Corner. All sing in procession.

Procession Hymn

**O Sacrament Most Holy, O Sacrament Divine,
All Praise and All Thanksgiving be every moment Thine.**

STATION TWO – Holy Family Prayer Corner

Theme: Spiritual Nourishment

Commentary-(Priest)

The Eucharist is our Spiritual nourishment. In the gospel narrative of the multiplication of the loaves, this miraculous care and feeding of the hungry multitude is a messianic sign. According to the prophets, it is the bread, which gives eternal life and so satiates the chosen people. In this multiplication of the loaves Jesus presents himself as the Good Shepherd, the promised Messiah, and the source of eternal life. We pray that this communal participation in the Bread of Life be the source of our union with God and with all people.

The Lord be with you R. *And with your spirit.*
A reading from the Gospel according to Mark
Glory to you Lord.

At about that time another large crowd assembled and they were without anything to eat. He called the disciples over to him and said: "My heart is moved with Pity for the crowd. By now they have been with me three days, and have nothing to eat. If I send them home hungry, they will collapse on the way. Still he asked them, "How many loaves do you have?" "Seven," they replied. Then he directed the crowd to take their places on the ground. Taking the seven loaves he gave thanks, broke them, and gave them to his disciples to distribute, and they handed them out to the crowd. They also had a few small fish; asking a blessing on the fish, he told them to distribute these also. The people in the crowd ate until they had their fill; then they gathered up seven wicker baskets of leftovers. Those who had eaten numbered about four thousand.

The Gospel of the Lord. R. *Praise to You Lord Jesus Christ*

¶ Jesus ! my Lord, my God, my all !
How can I love Thee as I ought ?
And, how revere this wondrous gift,
So far surpassing hope or thought ?
{Sweet Sacrament! we Thee adore !
O, make us love Thee more and more!} * 2 ¶

Prayer in English-(Priest)

Lord our God, in this great sacrament we come into the presence of Jesus Christ, your Son, born of the Virgin Mary and crucified for our salvation. May we who declare our faith in this fountain of love and mercy drink from it the water of everlasting life.

Priest blesses the people with the Blessed Sacrament. Altar Server Incenses 3 times. Procession proceeds to the Statue of Blessed Mother. All sing in procession.

Procession Hymn

O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment Thine.

STATION THREE- In Front Of the BVM statue

Theme: Immortality and Eternal Life

Commentary: (Priest)

The Eucharist is a pledge of immortality. We are all called to the "eternal banquet," which is prepared by our heavenly Father. However, we already have a foretaste of the pledge of that banquet here on earth. It is the Eucharistic Banquet, a promise of eternal life. Let us respond to the call of Christ, follow His voice that assures us of sharing the eternal banquet of the Lamb of God. Let us pray that with the Eucharist that we may live in constant view of our eternal life with the Holy Trinity.

The Lord be with you R. *And with your spirit.*

A Reading from the Gospel according to John (6:47-51, 54)

Glory to you Lord.

Jesus said: "Very truly, I tell you he who believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread which comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give for the life of the world is my flesh. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day.

The Gospel of the Lord. R. *Praise to You Lord Jesus Christ*

¶ Jesus ! my Lord, my God, my all !
How can I love Thee as I ought ?
And, how revere this wondrous gift,
So far surpassing hope or thought ?
Sweet Sacrament! we Thee adore !
O, make us love Thee more and more! ¶

Prayer in English: (Priest)

Let us pray:

Lord our God, you have given us the true bread from heaven. In the strength of this food may we live always by your life and rise in glory on the last day.

Priest blesses the people with the Blessed Sacrament. Incense 3 times. Procession proceeds to the Prayer garden(Divine Mercy).

All sing in procession.

Procession Hymn

O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment Thine.

STATION FOUR- Divine Mercy Statue

Theme: Unity

Commentary in English

The Eucharist is the sacrament of unity with God and His people. God's people are frequently called His vineyard in the Old Testament. But this vineyard did not bear the fruit expected by the Divine Gardener. Therefore the new vineyard is the Church, the People of God. The Church is the true Israel that offers the supernatural fruits of worship and love. Through Baptism we are united to this branch to bring the promised fruit. This will occur the more fruitfully we partake of the Living Branch and through His Body we deepen His life within us, we deepen His love. Let us pray that we bear that expected fruit of the Eucharist, which is LOVE.

Commentary in Spanish

La Eucaristía es el Sacramento de unidad con Dios y con su pueblo. En el Antiguo Testamento, a menudo Dios llama a su pueblo: mi viña. Pero esta viña no produce el fruto esperado por el divino Viniador. Hoy, la nueva viña del señor es la Iglesia, el pueblo de Dios. La Iglesia es el verdadero Israel que ofrece los frutos sobrenaturales de la oración y del amor. Por el bautismo somos unidos a la verdadera Vida para dar el fruto prometido. Cuanto más participamos de la Vida de la verdadera vida, daremos el mayor y mayor fruto posible. Participaremos mayor e de Su Vida, de Su Amor. Oremos para que podamos dar los frutos esperados mediante la Eucaristía, que es Su Amor.

Gospel in English. (Priest)

The Lord be with you R. *And with your spirit.*

A Reading from the Gospel according to John (Jn 15:5-11)

Glory to you Lord.

I am the vine, you are the branches. He who lives in me and I in him will produce abundantly, for apart from me you can do nothing. A man who does not live in me is like a withered, rejected branch, picked up to be thrown in the fire and burnt. If you live in me, and my words stay part of you, you may ask what you will -it will be done for you. My Father has been glorified in your bearing much fruit and becoming my disciples. As the Father has loved me, so I have loved you. Live on in my love. You will live in my love if you keep my commandments, and live in his love. All this I tell you that my joy may be yours and your joy may be complete.

The Gospel of the Lord. R. *Praise to You Lord Jesus Christ*

Prayer in English :(Priest)

Let us pray:

Lord, may this sacrament of new life warm our hearts with your love and make us eager for the eternal joy of your kingdom. Through Christ our Lord.

Gospel in Spanish — Jn 15:5-11

Yo soy vid y ustedes las ramas. Si alguien permanece en mí, y yo en él, produce mucho fruto, pero sin mí no pueden hacer nada. El que no permanece en mí, será arrojado afuera y se secará, como ramas muertas: hay que recogerlas y echarlas al fuego, donde arden. Si se quedan en mí, y mis palabras permanecen en ustedes, todo lo que deseen yo les pediré, y se les concederá. Mi padre encuentra su gloria en esto: que ustedes produzcan mucho fruto, llegando a ser con esto, mis auténticos discípulos. Yo los he amado a ustedes como el Padre me ama a mí. Permanezcan en mi amor. Si guardan mis mandatos, permanecerán en mi amor, así como yo permanezco en el amor del Padre, guardando sus mandatos. Yo les he dicho todas estas cosas para que en ustedes esté mi alegría y la alegría de ustedes sea perfecta.

Prayer in Spanish

Oremos

Señor Dios: que este Sacramento de la nueva Vida dé calor de amor a nuestros corazones e infunda en nosotros el deseo del eterno gozo de tu Reino.

Priest blesses the people with the Blessed Sacrament. Altar Server Incenses 3 times. Procession proceeds back to the Church. All sing in procession.

Procession Hymn

*O Sacrament Most Holy, O Sacrament Divine,
All Praise and All Thanksgiving be every moment Thine.*

Once the priest arrives at the altar, he will place the monstrance on its throne and incense the Blessed Sacrament. At this time the congregation sings Tantum Ergo.

CHURCH

Benediction of the Blessed Sacrament

All Kneel

Tantum Ergo

¶ Tantum ergo Sacramentum
Veneremur cernui
Et antiquum documentum
Novo cedat ritui
Praestet fides supplementum
Sensum defectui
Genitori, Genitoque
Laus et jubilatio
Salus, honor, virtus quoque
Sit et benedictio
Procedenti ab utroque
Compar sit laudatio. A-men ¶

Priest: You have given them Bread from Heaven

R : *Having within it all sweetness.*

Lord Jesus Christ, You gave us the Eucharist, as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the Kingdom where You live with the Father, and the Holy Spirit, God forever and ever. Amen.

Eucharistic Blessing

The Divine Praises

Blessed be God. Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints. Amen.

¶ Holy God, we praise Thy Name;

Lord of all, we bow before Thee!

All on earth Thy scepter claim,

All in Heaven above adore Thee;

Infinite Thy vast domain,

Everlasting is Thy reign.

Hark! the loud celestial hymn,

Angel choirs above are raising,

Cherubim and seraphim,

In unceasing chorus praising;

Fill the heavens with sweet accord:

Holy, holy, holy Lord.

Holy Father, Holy Son, Holy Spirit,

Three we name Thee;

While in essence only One,

Undivided God we claim Thee;

And adoring bend the knee,

while we own the mystery. ¶

**PRAYERS IN HONOR OF
THE SEVEN SORROWS AND JOYS OF ST. JOSEPH**

Composed by Ven. Januarius Sarnelli, C.S.S.R (d.1744)

**On March 19th , if it's not a Wednesday and
on May 1st , St. Joseph the worker feast day**
(just the 7joys and sorrows and prayers)

1.



Sorrow: The doubt of St. Joseph.(Matt. 1:19).
But Joseph her husband, being a just man, and not wishing to expose her to reproach, was minded to put her away privately.



Joy: The message of the Angel. (Matt. 1:20).
But while he thought on these things, behold, an angel of the Lord appeared to him in a dream, saying, " Do not be afraid, Joseph, son of David, to take to you Mary your wife, for that which is begotten in her is of the Holy Spirit.

O chaste Spouse of Mary most holy, glorious St. Joseph, great was the trouble and anguish of your heart when you were minded to put away privately your inviolate Spouse, yet your joy was unspeakable when the surpassing mystery of the Incarnation was made known to you by the Angel!

Prayer : By this sorrow and this joy, I beseech you to comfort my soul, both now and in the sorrows of my final hour, with the joy of a good life and a holy death after the pattern of your own, in the arms of Jesus and Mary.

Our Father . . . Hail Mary . . . Glory Be . . .

2.



Sorrow: The poverty of Jesus' birth.(Luke 2:7).
And she brought forth her first born son, and wrapped him in swaddling clothes, and laid him in a manger, because there was no room for them in the inn.



Joy: The birth of the Savior. (Luke 2:10-11).

And the angel said to them, "Do not be afraid, for behold, I bring you good news of great joy which shall be to all people; for today in the town of David, a Savior has been born to you, who is Christ the Lord."

O most blessed Patriarch, glorious St. Joseph, who was chosen to be the foster father of the Word made flesh, your sorrow at seeing the Child Jesus born in such poverty was suddenly changed into heavenly exultation when you did hear the angelic hymn and beheld the glories of that resplendent night.

Prayer :By this sorrow and this joy, I implore you to obtain for me the grace to pass over from life's pathway to hear the angelic songs of praise, and to rejoice in the shining splendour of celestial glory.

Our Father . . . Hail Mary . . . Glory Be . . .

3.



Sorrow: The Circumcision. (Luke 2:21).

And when eight days were fulfilled for his circumcision, his name was called Jesus, the name given to him by the angel before he was conceived in the womb.

Joy: The Holy Name of Jesus. (Matt. 1:25).

And he did not know her until she brought forth her first born son. And he called his name Jesus.

O glorious St. Joseph you faithfully obeyed the law of God, and your heart was pierced at the sight of the Precious Blood that was shed by the Infant Saviour during His Circumcision, but the Name of Jesus gave you new life and filled you with quiet joy.

Prayer : By this sorrow and this joy, obtain for me the grace to be freed from all sin during life, and to die rejoicing, with the holy Name of Jesus in my heart and on my lips.

Our Father . . . Hail Mary . . . Glory Be . . .

4.



Sorrow: The prophecy of Simeon. (Luke 2:34).

And Simeon blessed them, and said to Mary his mother, "Behold this child is destined for the fall and the rise of many in Israel, and for a sign that shall be contradicted. And your own soul a sword shall pierce.

Joy: The effects of the Redemption.(Luke 2:38).

And coming up at that very hour, she began to give praise to the Lord, and spoke of him to all who were awaiting the redemption of Jerusalem.

O most faithful Saint who shared the mysteries of our Redemption, glorious St. Joseph, the prophecy of Simeon regarding the sufferings of Jesus and Mary caused you to shudder with mortal dread, but at the same time filled you with a blessed joy for the salvation and glorious resurrection which, he foretold, would be attained by countless souls.

Prayer : By this sorrow and this joy, obtain for me that I may be among the number of those who, through the merits of Jesus and the intercession of Mary the Virgin Mother, are predestined to a glorious resurrection.

Our Father . . . Hail Mary . . . Glory Be .

5.



Sorrow: The flight into Egypt. (Matt. 2:14).

So he arose, and took the child and his mother by night, and withdrew into Egypt.

Joy: The overthrow of the idols of Egypt(Is.19:1)

The burden of Egypt. Behold the Lord will ascend upon a swift cloud and will enter into Egypt, and the idols of Egypt will be moved at his presence, and the heart of Egypt shall melt in the midst thereof.

O most watchful Guardian of the Incarnate Son of God, glorious St. Joseph, what toil was your in supporting and waiting upon the Son of the most high God, especially in the flight into Egypt! Yet at the same time, how you did rejoice to have always near you God

Himself, and to see the idols of the Egyptians fall prostrate to the ground before Him.

Prayer : By this sorrow and this joy, obtain for me the grace of keeping myself in safety from the infernal tyrant, especially by flight from dangerous occasions; may every idol of earthly affection fall from my heart; may I be wholly employed in serving Jesus and Mary, and for them alone may I live and happily die.

Our Father . . . Hail Mary . . . Glory Be . . .

6.



Sorrow: The return from Egypt. (Matt. 2:22).

But hearing that Archelaus was reigning in Judea in place of his father Herod, he was afraid to go there; and being warned in a dream, he withdrew into the region of Galilee.

Joy: Life with Jesus and Mary at Nazareth.

(Luke 2:39).

And when they had fulfilled all things prescribed in the Law of the Lord, they returned into Galilee, into their own town of Nazareth.

O glorious St. Joseph, an angel on earth, you did marvel to see the King of Heaven obedient to your commands, but your consolation in bringing Jesus out of the land of Egypt was troubled by your fear of Archelaus; nevertheless, being assured by the Angel, you dwelt in gladness at Nazareth with Jesus and Mary.

Prayer : By this sorrow and this joy, obtain for me that my heart may be delivered from harmful fears, so that I may rejoice in peace of conscience and may live in safety with Jesus and Mary and may, like you, die in their company.

Our Father . . . Hail Mary . . . Glory Be . . .

7.



Sorrow: The loss of the Child Jesus(Luke 2:45).

And not finding him, they returned to Jerusalem in search of him



Joy: The finding of the Child Jesus in the Temple. (Luke 2:46).

And it came to pass after three days, that they found him in the Temple, sitting in the midst of the teachers, listening to them and asking them questions.

O glorious St. Joseph, pattern of all holiness, when you did lose, through no fault of your own, the Child Jesus, you sought Him sorrowing for the space of three days, until with great joy you did find Him again in the Temple, sitting in the midst of the doctors.

Prayer : By this sorrow and this joy, I supplicate you, with my heart upon my lips, to keep me from ever having the misfortune to lose Jesus through mortal sin; but if this supreme misfortune should befall me, grant that I may seek Him with unceasing sorrow until I find Him again, ready to show me His great mercy, especially at the hour of death; so that I may pass over to enjoy His presence in Heaven; and there, in company with you, may I sing the praises of His Divine mercy forever.

Our Father . . . Hail Mary . . . Glory Be . .

And Jesus Himself was beginning about the age of thirty years, being (as it was supposed) the Son of Joseph. Pray for me, O holy Joseph that I may be made worthy of the promises of Christ. O God, Who in Your ineffable Providence did vouchsafe to choose Blessed Joseph to be the spouse of Your most holy Mother, grant, I beseech You, that he whom I venerate as my protector on earth may be my intercessor in Heaven, who lives and reigns forever and ever. Amen.

** An effective means of obtaining special graces through the intercession of St. Joseph is to honor his 7 sorrows and 7 joys by practicing the Seven Sundays devotion, at any time of the year, but especially on the seven Sundays preceding his solemnity on March 19th. The Seven Sundays in honor of St. Joseph are observed by receiving Holy Communion in his honor on seven consecutive Sundays, and on each Sunday the prayers in honor of the Seven Sorrows and the Seven Joys of St. Joseph are recited.*

St. Ignatius Loyola Feast Day Preparation Prayers
Novena (July 22- July 31)

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

St Ignatius, pray with me in this novena with the same prayer
that you offered to God:

Dearest Lord, teach me to be generous;
Teach me to serve thee as thou deservest;
To give and not to count the cost,
To fight and not to seek for rest,
To labor and not to seek reward,
Save that of knowing that I do thy will. Amen

Eternal Lord of all things, I feel Your gaze on me. I sense that Your Mother stands near, watching and that with You are all the great beings of heaven: angels and powers and martyrs and saints. Lord Jesus, I think You have put a desire in me. If You will help me, please, I would like to make my offering. I want it to be my desire and my choice, provided that You want it, too, to live my life as You lived Yours. I know that You lived an insignificant person in a little, despised town. I know that You rarely tasted luxury and never privilege, and that you resolutely refused to accept power. I know that You suffered rejection by leaders, abandonment by friends, and failure. I know. I can hardly bear the thought of it all. But it seems a towering wonderful thing that You might call me to follow You and stand with You. I will labor to bring God's reign if You will give me the gift to do it. (*Mention your request here...*)

St. Ignatius Loyola pray for us. Amen.
1 Our Father; 1 Hail Mary; 1 Glory Be

Concluding Prayer : Anima Christi

Soul of Christ, *sanctify me.*

Body of Christ, *save me.*

Blood of Christ, *inebriate me.*

Water from the side of Christ, *wash me.*

Passion of Christ, *strengthen me.*

O Good Jesus, *hear me.*

Within Thy wounds, *hide me.*

Suffer me, *not to be separated from thee.*

From the malignant enemy, *defend me.*

In the hour of my death, *call me.*

And bid me come unto Thee, That with all Thy saints, I may praise thee Forever and ever. Amen.

Parish Feast Day Prayer

On July 31st, Feast Day of St. Ignatius of Loyola

Prayer of St. Ignatius
(Suscipe)

Take, Lord, and receive all my liberty,
my memory, my understanding
and my entire will, all I have and
call my own.

You have given all to me. To you, Lord, I
return it.

Everything is yours; do with it what you will.

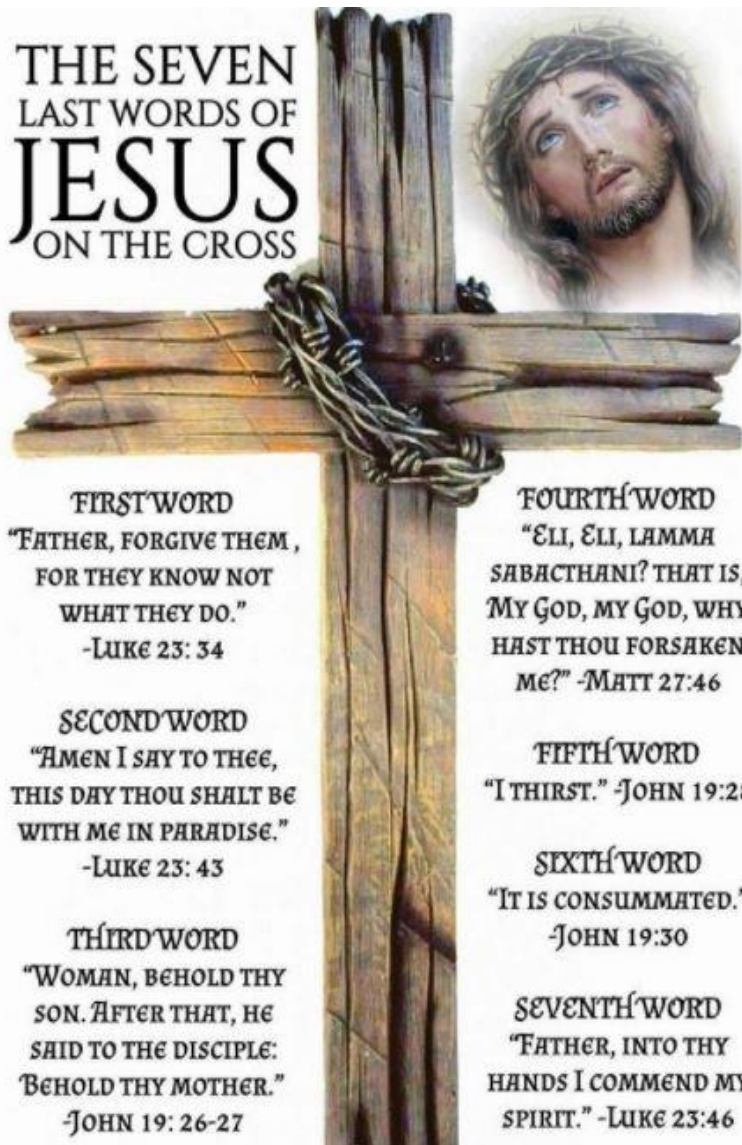
Give me only your love and grace,
that is enough for me.

—*St. Ignatius of Loyola*



On September 14, Exultation of The Cross Feast Day
REFLECTION & PRAYERS ON

THE SEVEN
LAST WORDS OF
JESUS
ON THE CROSS



FIRST WORD

"FATHER, FORGIVE THEM,
FOR THEY KNOW NOT
WHAT THEY DO."
-LUKE 23: 34

SECOND WORD

"AMEN I SAY TO THEE,
THIS DAY THOU SHALT BE
WITH ME IN PARADISE."
-LUKE 23: 43

THIRD WORD

"WOMAN, BEHOLD THY
SON. AFTER THAT, HE
SAID TO THE DISCIPLE:
BEHOLD THY MOTHER."
-JOHN 19: 26-27

FOURTH WORD

"ELI, ELI, LAMMA
SABACTHANI? THAT IS,
MY GOD, MY GOD, WHY
HAST THOU FORSAKEN
ME?" -MATT 27:46

FIFTH WORD

"I THIRST." -JOHN 19:28

SIXTH WORD

"IT IS CONSUMMATED."
-JOHN 19:30

SEVENTH WORD

"FATHER, INTO THY
HANDS I COMMEND MY
SPIRIT." -LUKE 23:46

There was never a preacher like the dying Christ, and there was never a sermon like these seven words.

By contemplating on these last words of Jesus, especially in this Feast Day of the Exultation of the Cross, we can better appreciate His sacrifice on the cross for us. Reflect on these words, as though we were present at the time Christ spoke them.

First Word: “Father, forgive them, they know not what they do.” Luke. 23:34.

Reflection: The forgiveness of God through Christ doesn’t come to us, only when we don’t know what we are doing is a sin, but in the mercy of God, we receive His forgiveness even when we do what we know to be wrong. God chooses to wipe away our sins, not because we have some convenient excuse and not because we have tried hard to make up for them, but because He is a God of amazing grace, with abundant mercy. Having received the forgiveness from God let us forgive others wholeheartedly.

Prayer: *As I read the words, “Father, forgive them,” may I understand that I too am forgiven completely through Christ. Help me to know with conviction that I am fully and finally forgiven, not because of anything I have done, but because of what you have done for me. May I live today as a forgiven person, and forgive all those who have hurt me knowingly and unknowingly, with the same forgiveness I have received from You, opening my heart to You, choosing not to sin, because the power of sin has been broken by Your salvation. Amen.*

Second Word: “Amen, I say to you, today you will be with me in Paradise.” Luke. 23:43.

Reflection: Heaven is real, and salvation is sure for those who truly repent from the heart. God forgives and generously opens the door to heaven for those who will to repent of their sins. The sinner recognized Christ for who He was. The mercy of God is always ready to reach out and save a soul, even at the last minute. Jesus,

embodying the mercy of God, says to us also, “You will be with me in paradise.” We are welcomed there not because we are living rightly, but because God is merciful and because we have put our complete trust in Him.

Prayer: *Dear Lord, Your mercy, exceeds anything I can even imagine. It encourages me and heals me. Jesus, I also pray, remember me when you come into your kingdom! Jesus, remember me today as I seek to live within your kingdom! Amen.*

Third Word: When Jesus saw his mother and the disciple there whom he loved, he said to his mother, “Woman, behold, your son.” Then he said to the disciple, “Behold, your mother.” John.19:26-27.

Reflection: Jesus, when You gave Mary to St. John, You were giving her, the one who fed You and raised You, as our mother also. Jesus, by this action, we see the immense mental agony You experienced, and that You were fully human, as much as You were fully divine. Even as You were dying on the cross as the Savior of the world, You didn’t neglect Your duty as a son. Let us learn from Jesus to value relationships and take care of each other.

Prayer: *Lord, I seek Your help and guidance to fulfil my duties and responsibilities. I offer my sincere gratitude for Your suffering. Thank you for bearing my sin on the cross. I give You my praise, my love, my heart. all that I am, because You have given me all that You are. All praise be to You, Lord Jesus, fully God and fully human, Savior of the world . . . my Savior! Amen.*

Fourth Word: “Eli, Eli, lema sabachthani?” which means, “My God, my God, why have you forsaken me?” Mathew.27:46

Reflection: Even though Jesus experienced the fullness of human emotion, He also knew the Scriptures, and God the Father’s plan for salvation. Thus Jesus chooses to pray, Psalm 22, a Psalm that begins

with discouragement and ends with joyful hope and faith. In that excruciating moment, Jesus definitely experienced something far more horrible than physical pain, the mystery which we can never grasp. Like Jesus, we should also express our true feelings to God.

Prayer: *Lord Jesus, I am overwhelmed with gratitude, for what you suffered for me. Thank You dear Lord for taking my place, so that I might never be forsaken by the Father. Amen.*

Fifth Word: “I thirst.” John.19:28.

Reflection: Among the seven last words of Jesus on the cross, this is the only verbal expression of His physical suffering. John notes that Jesus said “I am thirsty,” not only as a statement of physical reality, but also in order to fulfil the Scripture. Jesus was suffering for the sins of the world. His thirst on the cross was more than a physical thirst; it was a thirst for souls for whom love compelled Him to redeem. Let us be thirsty for God, who loves us more than anyone else in the world.

Prayer: *Lord, besides extraordinary pain, You also experienced extreme thirst. All of this was part and parcel of Your taking on our humanity so that You might take away our sin. Lord, I too am thirsty, not for physical drink, but for Your living water. Lord, quench the thirst of my soul. Amen.*

Sixth Word: “It is finished.” John.19:30.

Reflection: The Greek verb translated as “It is finished” (*tetelestai*) does not mean “This is finally done!” but “It’s completely done .” On the cross, Jesus finished His work of salvation. Let us also not give up on what we ought to do.

Prayer: *Lord, You accomplished that which no other person could do, taking the sin of the world upon your sinless shoulders taking my sin so that I might receive Your forgiveness and new life. Lord help me to live the life You have given me, in the way You want from me. Help me to accomplish Your plan for me. All praise be to You,*

gracious Lord , for finishing the work of salvation . All praise be to You, dear Jesus, for saving me! Amen.

Seventh Word: “Father, into your hands I commend my spirit” Luke 23:46

Reflection: The very last words Jesus spoke on the Cross before His final breath, was Ps 31:6. Jesus willingly gave up His soul to His Father in Heaven. He was perfectly obedient to His Father's will. The Lamb of God has been slain for my sins also. Let us place our lives in God’s hands and hope for a union with Him after death.

Prayer: *Jesus, just like You entrusted Your spirit into the hands of the Father, I give my life to You. I trust You, and accept You as my Savior. I submit to Your sovereignty over my life, and seek to live for Your glory alone. Here I am, Lord, available to You, both now and in the future. I reflect upon Your death, not in despair, but in hope. With cross behind me, resurrection is on the horizon. All praise be to You, dear Jesus, for saving me by Your death and resurrection! Amen.*

(All sing together:)

¶ **Jesus, remember me,**
when You come into Your Kingdom...¶

On the Feast of Our Lady of Sorrows on September 15
REFLECTION AND PRAYERS ON THE

SEVEN SORROWS OF MARY



SIMON PROPHECY
Lk.2:34-35



PIERCED HEART



BURIAL OF CHRIST
Jn. 19:39-42



FLIGHT TO EGYPT

Mt.2:13-21



**JESUS IS TAKEN DOWN
 FROM THE CROSS**
Jn. 19:39 -40



LOSS OF JESUS

Lk.2:41- 50



**MEETING ON THE WAY
 OF THE CROSS**

Jn. 19:17



THE CRUCIFIXION

Jn. 19: 18- 30

As we celebrate today the Memorial of Our Blessed Mother, under the title “ Our Lady of Sorrows”, let us focus our attention on the darker realities of life - pain, suffering, tears and struggles: and learn to face them with the help and intercession of the Mother of Compassion. Let the Commemoration of this Feast of the Mother of Sorrows help us to live our lives of struggle and hardships with immense faith, hope and love! May she be our role model to follow Our Lord very closely through the thick and thin of our lives too.

1. The Prophecy of Simeon.

Reflection: The joyful occasion of presentation of the Lord in the temple was ruined by Simeon's prophecy. But Mary was calm and trusted God fully. Let us learn from Mary to remain patient, even when unexpected things ruin our joyful occasions.

Prayer: *Mary our Mother, help us to trust in God always, and to not worry about future. Hail Mary...*

2. The Flight into Egypt.

Reflection: Mary and Joseph, obeyed God's message delivered through the angel. Like Mary, let us listen to God's voice through the Bible, through our authorities or through our life situations

Prayer: *Mary our Mother, help us to do God's will always. Hail Mary...*

3. The Loss of Jesus for Three Days.

Reflection: Mary experienced the pain of losing Jesus for three days, but she never gave up and went back in search of Him. Like Mary, let us seek Jesus always, especially when we feel lonely or far from Him.

Prayer: *Mary our Mother, help us to hold on to Jesus always, and to never lose Him in our lives. Hail Mary...*

4. The Carrying of the Cross.

Reflection: Seeing her Son carry the cross, made Mary also carry a cross, though not on the shoulders, but in her heart. Like Mary, let us remain faithful and loyal to God always, even when life puts us to situations of total hopelessness and darkness and the way ahead seems closed.

Prayer: *Mary our Mother, help us to keep our faith, till our last moment. Hail Mary...*

5. The Crucifixion of Jesus.

Reflection: Mary, who had already lost her husband lost her Son also. Like Mary, let us also hold on to God even when we struggle with the death of a loved one, health issues, the loss of job, etc.

Prayer: *Mary our Mother, help us to accept our limitations as human beings, and surrender ourselves to God, who loves us immensely. Hail Mary...*

6. Jesus Taken Down from the Cross.

Reflection: Mary stood by Jesus from His birth to His death. Like Mary, let us also hold on to Jesus till our death.

Prayer: *Mary our Mother, obtain for me pardon for past sins and save me from future sins and falls. Hail Mary...*

7. Jesus Laid in the Tomb.

Reflection: When the body of Jesus was placed inside the tomb, it seemed to be the end of the world for Mother Mary. Like Mary, let us courageously face life, even when circumstances drag us to give up in life.

Prayer: *Mary our Mother, help us to live our lives with immense faith in God, no matter what the challenges that comes in the way. Hail Mary...*

Let intercession be made for us, we beseech You, O Lord Jesus Christ, now and at the hour of our death, before the throne of Your mercy, by the Blessed Virgin Mary, Your Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, O Jesus Christ, Savior of the world, Who with the Father and the Holy Spirit lives and reigns world without end. Amen.

¶ Gentle woman, quiet light
Morning star, so strong and bright
Gentle Mother, peaceful dove
Teach us wisdom, teach us love. ¶

Hour of grace at 12 pm on December 8 on the Immaculate Conception Feast Day

Let us begin this Holy Hour of grace

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Let us thank God for the gift of Incarnation and pray *The Angelus*

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit. Hail Mary ...

V. Behold the handmaid of the Lord.

R. Be it done to me according to Thy word. Hail Mary . . .

V. And the Word was made flesh.

R. And dwelt among us.

Hail Mary . . .

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

*Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ Our Lord. Amen. Glory be * 3*

Psalm 51 is a psalm of David, when Nathan the prophet came to him after he had gone into Bathsheba. This is a prayer of repentance.

Now let us say the Psalm 51 with outstretched arms.

Psalm 51

Have mercy on me, God, in accord with your merciful love; in Your abundant compassion blot out my transgressions. Thoroughly wash away my guilt; and from my sin cleanse me. For I know my

transgressions; my sin is always before me. Against You, You alone have I sinned; I have done what is evil in your eyes So that You are just in Your word, and without reproach in your judgment. Behold, I was born in guilt, in sin my mother conceived me. Behold, You desire true sincerity; and secretly You teach me wisdom. Cleanse me with hyssop, that I may be pure; wash me, and I will be whiter than snow. You will let me hear gladness and joy; the bones You have crushed will rejoice. Turn away Your face from my sins; blot out all my iniquities. A clean heart create for me, God; renew within me a steadfast spirit. Do not drive me from before your face, nor take from me your holy spirit. Restore to me the gladness of Your salvation; uphold me with a willing spirit. I will teach the wicked Your ways, that sinners may return to You. Rescue me from violent blood shed, God, my saving God, and my tongue will sing joyfully of Your justice .Lord, You will open my lips; and my mouth will proclaim Your praise. For You do not desire sacrifice or I would give it; a burnt offering You would not accept. My sacrifice, O God, is a contrite spirit; a contrite, humbled heart, O God, You will not scorn.

Now let us pray the **Rosary**. *Go to Page 40*

Act of Reparation

O Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart surrounded with the thorns placed therein at every moment by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart.

We therefore kneel before You to manifest the sorrow we feel for the grievances that people cause You, and to atone by our prayers

and sacrifices for the offenses with which they return your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy Him forever in Heaven.

Act of Consecration to Mary

O my Queen, O my Mother, I love you and give myself to you. I give to you this day my eyes, my ears, my mouth, my heart, my whole self. Since I am yours, keep me and guard me as your child forever. Amen.

Now let us think of all our sins and shortcomings, and ask God for His forgiveness once again, by praying **Psalm 51** (**page 155**), with outstretched arms. *A couple of minutes silence.*

Now let us pray Psalm 91, for God's protection.

Psalm 91

You who dwell in the shelter of the Most High, who abide in the shade of the Almighty, Say to the LORD, "My refuge and fortress, my God in whom I trust." He will rescue you from the fowler's snare, from the destroying plague, He will shelter you with His pinions, and under His wings you may take refuge; His faithfulness is a protecting shield. You shall not fear the terror of the night nor the arrow that flies by day, Nor the pestilence that roams in darkness, nor the plague that ravages at noon. Though a thousand fall at your

side, ten thousand at your right hand, near you it shall not come. You need simply watch; the punishment of the wicked you will see.

Because you have the LORD for your refuge and have made the Most High your stronghold, No evil shall befall you, no affliction come near your tent. For he commands His angels with regard to you, to guard you wherever you go. With their hands they shall support you, lest you strike your foot against a stone. You can tread upon the asp and the viper, trample the lion and the dragon. Because he clings to me I will deliver him; because he knows my name I will set him on high. He will call upon me and I will answer; I will be with him in distress; I will deliver him and give him honor. With length of days I will satisfy him, and fill him with my saving power.

Now let us offer all our petitions to God with complete trust in Him. *A couple of minutes silence.*

Let us seek God's pardon and mercy one more time by praying **Psalm 51(Page 155)** with outstretched arms, and decide not to sin again.

Let us thank and praise God for everything especially for this opportunity for this hour of grace, and spent the remaining hour in silence.

O Sacrament Most Holy, O Sacrament Divine,
All Praise and All Thanksgiving be every moment Thine.(3)

At the end of the hour: May the blessing of Almighty God,+ the Father, Son and the Holy Spirit come down upon you and remain with you always.

NOVENA TO THE HOLY SPIRIT

FOREWORD

The novena in honor of the Holy Spirit is the oldest of all novenas since it was first made at the direction of Our Lord Himself when He sent His apostles back to Jerusalem to await the coming of the Holy Spirit on the first Pentecost. It is still the only novena officially prescribed by the Church. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian.

ACT OF CONSECRATION TO THE HOLY SPIRIT

To be recited daily during the Novena On my knees I before the great multitude of heavenly witnesses I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice, and follow Your gracious inspirations. I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds, and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, to keep me in Your grace that I may never sin against You. Give me grace O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, "Speak Lord for Your servant heareth." Amen.

PRAYER FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

To be recited daily during the Novena O Lord Jesus Christ Who, before ascending into heaven did promise to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul, the work of Your grace and Your love. Grant me the Spirit of Wisdom that I may despise the perishable things of this world and aspire only after the things that are eternal, the Spirit of Understanding to enlighten my mind with the light of Your divine truth, the Spirit on Counsel that I may ever choose the surest way of pleasing God and gaining heaven, the Spirit of Fortitude that I may bear my cross with You and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of Piety that I may find the service of God sweet and amiable, and the Spirit of Fear that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord with the sign of Your true disciples, and animate me in all things with Your Spirit. Amen.

The Novena begins on the day after the Solemnity of the Ascension, Friday of the 6th Week of Easter, even if the Solemnity of the Ascension is transferred to the 7th Sunday.

FIRST DAY

(Friday after Ascension or Friday of 6th Week of Easter)

Holy Spirit! Lord of Light! From Your clear celestial height, Your pure beaming radiance give! The Holy Spirit Only one thing is important -- eternal salvation. Only one thing, therefore, is to be feared--sin? Sin is the result of ignorance, weakness, and indifference The Holy Spirit is the Spirit of Light, of Strength, and of Love. With

His sevenfold gifts He enlightens the mind, strengthens the will, and inflames the heart with love of God. To ensure our salvation we ought to invoke the Divine Spirit daily, for "The Spirit helpeth our infirmity. We know not what we should pray for as we ought. But the Spirit Himself asketh for us."

Prayer: Imighty and eternal God, Who hast vouchsafed to regenerate us by water and the Holy Spirit, and hast given us forgiveness all sins, vouchsafe to send forth from heaven upon us your sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.

- Our Father and Hail Mary ONCE.

Glory be to the Father SEVEN TIMES.

- Act of Consecration, Prayer for the Seven Gifts

SECOND DAY (Saturday of 6th Week of Easter)

Come. Father of the poor. Come, treasures which endure; Come, Light of all that live!

The Gift of Fear- The gift of Fear fills us with a sovereign respect for God, and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God. "They that fear the Lord will prepare their hearts, and in His sight will sanctify their souls."

Prayer: Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set you, my Lord and God, before my face forever, help me to shun all things that can offend You, and make me worthy to appear before the pure eyes of Your Divine Majesty in heaven, where You live and reign in the unity of the ever Blessed Trinity, God world without end. Amen.

- Our Father and Hail Mary ONCE.

Glory be to the Father SEVEN TIMES.
- Act of Consecration, Prayer for the Seven Gifts

THIRD DAY

(7th Sunday of Easter or transferred Ascension)

Thou, of all consolers best, Visiting the troubled breast, Dost refreshing peace bestow.

The Gift of Piety - The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible head, our parents and superiors, our country and its rulers. He who is filled with the gift of Piety finds the practice of his religion, not a burdensome duty, but a delightful service. Where there is love, there is no labor.

Prayer: Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen.

- Our Father and Hail Mary ONCE.

Glory be to the Father SEVEN TIMES.

- Act of Consecration, Prayer for the Seven Gifts

FOURTH DAY (Monday, 7th Week of Easter)

Thou in toil art comfort sweet, Pleasant coolness in the heat, solace in the midst of woe.

The Gift of Fortitude - By the gift of Fortitude the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to under take without hesitancy the most arduous tasks, to face dangers, to trample under foot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation. "He that shall persevere unto the end, he shall be saved."

Prayer: Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good. Amen.

- Our Father and Hail Mary ONCE.

Glory be to the Father SEVEN TIMES.

- Act of Consecration, Prayer for the Seven Gifts

FIFTH DAY (Tuesday, 7th Week of Easter)

Light immortal! Light Divine! Visit Thou these hearts of Thine, And our inmost being fill!

The Gift of Knowledge - The gift of Knowledge enables the soul to evaluate created things at their true worth--in their relation to God. Knowledge unmask the pretense of creatures, reveals their emptiness, and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity, and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first, and prize the friendship of God beyond all else. "Knowledge is a fountain of life to him that possesseth it."

Prayer: Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee, and Thy eternal rewards. Amen.

- Our Father and Hail Mary ONCE.

Glory be to the Father SEVEN TIMES.

- Act of Consecration, Prayer for the Seven Gifts

SIXTH DAY (Wednesday, 7th Week of Easter)

If Thou take Thy grace away, nothing pure in man will stay, All his good is turn'd to ill.

The Gift of Understanding - Understanding, as a gift of the Holy Spirit, helps us to grasp the meaning of the truths of our holy religion BY faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to "walk worthy of God in all things pleasing, and increasing in the knowledge of God."

Prayer: Come, O Spirit of Understanding, and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Thy Light; and in the light of glory to have a clear vision of Thee and the Father and the Son. Amen.

- Our Father and Hail Mary ONCE.

Glory be to the Father SEVEN TIMES.

- Act of Consecration, Prayer for the Seven Gifts

SEVENTH DAY (Thursday, 7th Week of Easter)

Heal our wounds--our strength renews; On our dryness pour Thy dew, Wash the stains of guilt away.

The Gift of Counsel - The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. "Above all these things, pray to the Most High, that He may direct thy way in truth."

Prayer: Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Thy holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the

straight path of Thy commandments to that goal of eternal life for which I long.

- Our Father and Hail Mary ONCE.

Glory be to the Father SEVEN TIMES.

- Act of Consecration, Prayer for the Seven Gifts

EIGHTH DAY (Friday, 7th Week of Easter)

Bend the stubborn heart and will, melt the frozen warm the chill.

Guide the steps that go astray!

The Gift of Wisdom - Embodying all the other gifts, as charity embraces all the other virtues, Wisdom is the most perfect of the gifts. Of wisdom it is written "all good things came to me with her, and innumerable riches through her hands." It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things divine, in the appreciation of which earthly joys lose their savor, whilst the Cross of Christ yields a divine sweetness according to the words of the Savior: "Take up thy cross and follow me, for my yoke is sweet and my burden light.

Prayer: Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them for ever. Amen.

- Our Father and Hail Mary ONCE.

Glory be to the Father SEVEN TIMES.

- Act of Consecration, Prayer for the Seven Gifts

NINTH DAY (Saturday, Vigil of Pentecost)

Thou, on those who evermore Thee confess and Thee Adore, in Thy sevenfold gift, Descend; Give Them Comfort when they die; Give them Life with Thee on high; Give them joys which never end. Amen

The Fruits of the Holy Spirit : The gifts of the Holy Spirit perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Spirit, our service becomes more sincere and generous, the practice of virtue more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Spirit. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

Prayer: Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary in the service of God, but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son. Amen.

- Our Father and Hail Mary ONCE.

Glory be to the Father SEVEN TIMES.

- Act of Consecration, Prayer for the Seven Gifts

(Taken from St. Ignatius Loyola Parish Prayer collection)

Novena for the

August 30 to September 7

Nativity of Our Lady

*A spiritual gift to our
Blessed Mother on her birthday.*



V. O God, come to my assistance.

R. O Lord, make haste to help me.

V. Glory be to the Father, and to the Son, and to the Holy Spirit.

R. As it was in the beginning, is now and ever shall be,
world without end. *Amen.*

Day One - August 30

Heavenly Child, lovable Mary, the Eternal Father delights in your birth, for He beholds in your coming into this world one of His creatures who is so perfect that she will become the worthy Mother of His divine Son. May your birth give joy to my soul also, by obtaining for me from the heavenly Father, the pardon of my sins, and an abiding sorrow for them.

Day Two – August 31

O Chosen One among the daughters of Adam, admirable Mary, the Son of God delights in your birth, for He beholds the one chosen to be His Mother, and oh! such a beloved Mother. May your birth give joy to my soul also, by obtaining from your divine Son the grace to be born again spiritually to a holy life, perfectly conformed to yours, so that I may merit to obtain eternal glory.

Day Three – September 1

O Chosen One among the daughters of Adam, lovable Mary, the Eternal Word takes delight in your birth, for He sees the source of His Immaculate Blood. May your birth give joy to my soul also, by

obtaining for me from the Word made Flesh, the grace to find in this Divine Blood the eternal happiness of my soul.

Day Four – September 2

O Chosen One among the daughters of Adam, admirable Mary, the Redeemer, promised to mankind from the beginning of the world, takes delight in your birth, for He sees the one who is destined to become the Co-redemptress of souls by uniting her tears to the Blood shed on the Cross to save mankind.

Day Five – September 3

Resplendent Lily of Paradise, lovable Mary, the Holy Spirit takes delight in your birth for He sees in you the soul never stained by sin, which would forever be His worthy Temple. May your birth give joy to my soul also, by obtaining for me from the Holy Spirit His divine love and final perseverance.

Day Six – September 4

Most Beautiful Branch of the tree of David, most admirable Mary, whose birth was such a consolation to St. Joachim and St. Anne who were delighted to be the parents of so holy a child, may your birth be the consolation of my soul, by obtaining for me from God, victory over the world and detachment from all the things of this earth.

Day Seven – September 5

Resplendent Morning Star, lovable Mary, your birth was the cause of great joy to the angels, for they beheld in you the Mother of the Redeemer of the world, who by His Death would repair the loss sustained by the fall of rebellious angels in paradise. May your birth give joy to my soul also, by obtaining for me from God, victory over the infernal enemy, deliverance from all his snares, and the grace to be associated in glory with the angels in heaven.

Day Eight – September 6

Brilliant Aurora of Heaven, lovable Mary, your birth brought great consolation to the souls of the saints detained in limbo, for it announced the approach of the Sun of Justice, Jesus Christ, who would enlighten their darkness and then conduct them to paradise.

May your birth give joy to my soul also, and obtain for me from God, patience in all adversities, a perfect and constant conformity to His most holy will.

Day Nine - September 7

Mediatrice between God and mankind, admirable Mary, by your birth you perfected the joy of all the children of Adam, who, through you, have received the Author of Grace, for He has made you the treasurer of all the graces which are imparted to us. May your birth be a special cause of joy to my soul by obtaining for me from God, eternal salvation and all the graces necessary to obtain it.

On all days: Dearest Mother, please pray for me and for these my intentions... (*State your intentions*)

Hail Mary...

Prayer: Your Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from you arose the Sun of Justice, Christ our God, who, destroying the curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

V. Let us celebrate with joy the birth of the Blessed Virgin Mary.

R. That she may intercede for us with Our Lord Jesus Christ.

Let us pray: Grant to us your servants, we beseech you, O Lord, the gift of Your heavenly grace, that as our salvation was begun in the child-bearing of the Blessed Virgin, so from this solemn festival of her Nativity may we obtain an increase of peace. Through Our Lord Jesus Christ. ***Amen.***

St. Gertrude Prayer for souls
(in the month of November)

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family.
Amen.

St. Andrews Christmas Novena
Prayed in joyful anticipation of Christmas
(From November 30 to December 24)

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Hail, and blessed be the hour and moment at which the Son of God was born of a most pure Virgin at a stable at midnight in Bethlehem in the piercing cold. At that hour vouchsafe, I beseech Thee, to hear my prayers and grant my desires.

(Mention your intentions here)

Through Jesus Christ and His most Blessed Mother.

Amen.

THE CHRISTMAS NOVENA

(26th December - 3rd January)

(adapted from the writings of St. Alphonsus de Liguori)

December 26 - First Day.

Reflection

Love of God, which is revealed in His becoming a man and thank Him for His immense love. The Lord of Heaven and earth, chose to become like us, willing to die for us, in order to win back for us the life of divine grace that we had lost by sin. Keeping this in mind, let us thank for His immense love and love Him more.

Prayer

O Great Son of God, You became one of us in order to make Yourself loved by us. But instead of repaying You with love, we spurn You with ingratitude. Forgive me all the offences I have committed against You. Let me no longer live in ungrateful forgetfulness of Your love and may I always persevere in this holy desire. Sweetest Infant, in the name of thy blessed Mother Mary, comfort me, bless me and grant me the joy to praise you forever with all my heart. Amen.

O Mary, Mother of God and my Mother, pray for me that your Son may give me the grace to love Him always unto death. Amen.

December 27 - Second Day.

Reflection

God's love, which resulted in His becoming a helpless baby. He didn't chose to come as an adult like Adam, whom He created. But as He came as a child to draw our attention and grab our love. Keeping this in mind, let us thank for His immense love and love Him more.

Prayer

O dearest Infant! You have come looking for me, the lost sheep, so that, instead of fleeing from You, may I rest in Your loving arms. Never may withdraw from You, but constantly to love You in all the years that still lie before me in this life. Sweetest Infant, in the name of thy blessed Mother Mary, comfort me, bless me and grant me the joy to praise you forever with all my heart. Amen.

O Mary, you are my advocate. By your prayers obtain whatever you will from your Son. Pray Him then to forgive me, and to grant me holy perseverance until death. Amen.”

December 28 - Third Day.

Reflection

Jesus chose to be born in poverty. Out of His immense love for us, He suffered so much in paying the penalty for our sins. Yet many times we are not in aware of our sins, and get busy with this world’s affairs, taking for granted all that He had done. Keeping this in mind, let us thank for His immense love and love Him more.

Prayer

Dear Infant Jesus, how could I offend You so often? I am sorry for having turned my back on You From now on You, O my God, shall be my only treasure and my only good. I long for nothing else. Thou alone art enough for me, my Jesus, my life my love. Sweetest Infant, in the name of thy blessed Mother Mary, comfort me, bless me and grant me the joy to praise You forever with all my heart. Amen

O Mary, my mother obtain for me the grace that I may always love Jesus and always be loved by Him. Amen

December 29 - Fourth Day

Reflection

The Son Of God, the King of Heaven came in lowliness because He came to destroy the pride from our hearts. Pride had always been one of the causes of man's fall. Keeping this in mind, let us thank for His immense love and love Him more.

Prayer

O dearest Savior, You embraced so many outrages for love of me, yet I have not been able to bear one word of insult without at once being filled with to appear before sinful as proud as I am. Forgive me O Jesus I will not offend You again. Give me the grace to love you always and to bear every insult for your love always and bear every insult for your love. Sweetest Infant, in the name of thy blessed Mother Mary, comfort me, bless me and grant me the joy to praise You forever with all my heart. Amen.

O Mary recommend me to your son pray to Jesus for me Amen.

December 30 - Fifth Day

Reflection

Jesus being God could have saved us without His passion and crucifixion. Yet, in order to show to us how much He loved us, He chose for Himself a life full of sufferings. His Passion began from the first moment of His birth, because all the sufferings He would have to endure till His death had ever before His eyes. Keeping this in mind, let us thank for His immense love and love Him more.

Prayer

Jesus, my sweet Love! I too have made You suffer. What must I do in order to win Your forgiveness. O sovereign God I love You more than myself. Graciously accept me and bind me to You with the bonds of Your love. Sweetest Infant, in the name of thy blessed

Mother Mary, comfort me, bless me and grant me the joy to praise You forever with all my heart. Amen

O Mary, my Mother and my hope, help me to love your dear God and mine. This is the only favor I ask of you, and through you I hope to receive it. Amen.

December 31 - Sixth Day

Reflection

God's merciful love revealed to us when He took on Himself the punishment we had deserved. He came to pay a debt which He didn't owe, but because we owed a debt which we couldn't pay. Keeping this in mind, let us thank for His immense love and love Him more.

Prayer

O my dear Redeemer! Where should I be now if You had not borne with me so patiently while I was in a state of sin? I am so sorry for having vilely despised You, my sovereign God and I know that You cannot abandon a soul that seeks You. Help me, Lord, to love You for the rest of my life. I beg this of You. Sweetest Infant, in the name of thy blessed Mother Mary, comfort me, bless me and grant me the joy to praise you forever with all my heart. Amen.

Mary my hope do thou pray for me. If you pray for me, I am sure of grace. Amen.

December 1 - Seventh Day

Reflection

While on earth, birth in a manger to death on the cross, Jesus lived a life deprived of all comforts. His life was not only never a rose of bed, but full of sufferings. Keeping this in mind, let us thank for His immense love and love Him more.

Prayer

Dear Infant Jesus, crying so bitterly! You certainly have good reason to weep in seeing Yourself persecuted by us whom You love so much. I too have persecuted You by my sins but You know that now I love You more than myself. Forgive me, O Jesus and never permit me to be separated from You again. Sweetest Infant, in the name of thy blessed Mother Mary, comfort me, bless me and grant me the joy to praise you forever with all my heart. Amen

O Mary, my hope make me always live in God's love and die loving Him. Amen.

January 2 - Eighth Day

Reflection

God of all power willingly subjected Himself to human obedience. He obeyed His parents, and helped them in the household works, and went to temple with them. Though God, He led an ordinary life like any human, and toiled for the life on earth. Keeping this in mind, let us thank for His immense love and love Him more.

Prayer

O Jesus, my Savior! When I consider how, for love of me You spent thirty years of Your life hidden and unknown in a poor workshop, how can I desire the pleasures and honors and riches of the world? Gladly do I renounce all these things, since I wish to be Your companion on this earth, poor as You were, mortified and humble as You were. I would rather lose my life a thousand times than lose Your grace by sin. Sweetest Infant, in the name of thy blessed Mother Mary, comfort me, bless me and grant me the joy to praise you forever with all my heart. Amen

O Mary, you are the refuge of sinners, be my hope. Amen.

January 3 - Ninth Day

Reflection

The omnipotent God endured all sufferings for our sake. He loved us so much that He died for us. Then shouldn't we live for Him. Keeping this in mind, let us thank for His immense love and love Him more.

Prayer

O adorable Infant Jesus! I should not have the boldness to cast myself at Your feet, if I did not know that You Yourself invite me to draw near to You. Set me on fire with Your holy love and never let me stop loving You for evermore. Sweetest Infant, in the name of thy blessed Mother Mary, comfort me, bless me and grant me the joy to praise you forever with all my heart. Amen.

O Mary, Mother of Jesus and my Mother, you can obtain everything from your Son by your prayers. This is the only favor I ask of you. Do pray to Jesus for me. Amen.

On all days

Hail and blessed be the hour and moment in which the Son of God was born of the most pure Virgin Mary, at midnight, in Bethlehem, in the piercing cold. In that hour vouchsafe, I beseech Thee, O my God, to hear my prayer and grant my desires through the merits of Our Savior Jesus Christ, and of His blessed Mother. Amen.

Prayer for the Feast of The Most Holy Name of Jesus on January 3

(The Golden Arrow Prayer)

May the most holy, most sacred, most adorable, most mysterious and unutterable Name of God be always praised, blessed, loved, adored and glorified in heaven on earth and under the earth, by all the creatures of God, and by the Sacred Heart of our Lord Jesus Christ in the most Holy Sacrament of the altar.

**Miraculous Prayer to Infant Jesus
for the Feast Day of Infant Jesus on January 14th**



O Miraculous Infant Jesus!
We prostrate before your image and beseech you to cast a merciful look on our troubled hearts. Let your tender heart, so inclined to pity, be softened by our prayers, and grant us that grace for which we ardently implore you.

(Mention your request here)

Take from us all afflictions and despair, all trials and misfortunes with which we are laden. For your Sacred Infancy's sake, hear our prayers and send us consolation and aid, that we may praise you with Father and the Holy Spirit, forever and ever. Amen

O Jesus, Who said, "Ask and you shall receive, seek and you shall find, knock and it shall be opened to you," through the intercession of Mary, Your most holy Mother, we knock, we seek, we ask that all our prayers be answered.

O Jesus, Who said, "All that you ask of the Father in My Name He will grant you," through the intercession of Mary, Your most holy Mother, we humbly and urgently ask Your Father in Your Name that my prayers be granted.

O Jesus, Who said, "Heaven and earth will pass away, but My word shall not pass," through the intercession of Mary, Your most holy Mother, we feel confident that my prayers will be granted. Amen.

**Angelus / Regina Caeli during the Easter Season
to be said after the 5pm Saturday Vigil Mass
and after the 12pm noon Mass**

Angelus

V/. The Angel of the Lord declared unto Mary,

R/. And she conceived of the Holy Spirit.1H

V/. Behold the handmaid of the Lord,

R/. Be it done unto me according to your Word.1H

V/. And the Word was made flesh,

R/. And dwelt among us. Hail Mary...

Pray for us, O holy Mother of God,

That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts: that we, to whom the Incarnation of Christ Thy Son was made known to us by the message of an Angel, may by His Passion and Cross be brought to the glory of His Resurrection through the same Christ our Lord. Amen. 3*Glory Be.

OR

Regina Coeli(Easter Season)

V/. Queen of Heaven, rejoice,

R/. Alleluia.

V/. For He whom you did merit to bear,

R/. Alleluia.

V/. Has risen, as he said,

R/. Alleluia.

V/. Pray for us to God,

R/. Alleluia.

V/. Rejoice and be glad, O Virgin Mary,

R/. Alleluia.

V/. For the Lord has truly risen,

R/. Alleluia.

Let us pray: O God, who by the resurrection of Thy Son, our Lord Jesus Christ, granted joy to the whole world, grant we beg Thee, that through the intercession of the Blessed Virgin Mary, His Mother, we may obtain the joys of eternal life. through the same Christ our Lord. Amen.

Parish Hymn after Holy Communion

¶ Jesus ! my Lord, my God, my all !
How can I love Thee as I ought ?
And, how revere this wondrous gift,
So far surpassing hope or thought ?
{Sweet Sacrament! we Thee adore !
O, make us love Thee more and more!} * 2 ¶

Prayer to St. Michael



St. Michael, the Archangel, defend us in battle .
Be our protection against the wickedness and
snares of the devil. May God rebuke him, we
humbly pray; and do thou, O Prince of the
heavenly host, by the power of God cast into hell
satan and all the evil spirits who prowl about the
world seeking the ruin of souls. Amen.

Prayers to Guardian angel



Angel of God, my guardian dear to whom His love
commits me here ever this day be at my side to light
and guard, to rule and guide. Amen.

Angel of God, whom Divine goodness has appointed to be my
guardian, enlighten and protect, direct and govern me. Amen.

Lord have Your angels watch and guide me, every day of my life.
Amen.

Prayer for Daily Neglects

Eternal Father, I offer Thee the Sacred Heart of Jesus, with all its love, all its sufferings and all its merits.

(i) To expiate all the sins I have committed

(ii) To purify the good I have done badly *and*

(iii) To supply for the good I ought to have done and that I have neglected

till this moment all my life. Glory Be

Prayer to offer all the Masses ever celebrated in this whole world

Eternal Father, I humbly offer You my poor presence and that of the whole humanity from the beginning to the end of the world at all the Masses that ever have or ever will be prayed. I offer You all the pains, sufferings, prayers, sacrifices, relaxations and joys of my life, in union with those of my dear Lord Jesus here on earth.

Total consecration Prayer to God

I,....., consecrate myself wholly to You, God today. Let all my days offer You ceaseless praise. Grant that every action of mine be done for Your greater glory and advancement of my salvation. Amen.

The Commitment Prayer

I,....., declare that the Lord is my shepherd and I shall not be in want. I am absolutely convinced that neither death, nor life, nor power from the world can separate me from the love of Christ Jesus. Today I choose Jesus to be the Lord of my life and the Savior of my soul. I recommit my life to Jesus today. Lord Jesus, I surrender my life, heart and will into Your Precious hands. I choose You and choose to follow You alone all the days of my life. May it be done to me according to Your Holy Will. Amen.

Prayer of St. Aloysius to the Blessed Mother

(A partial indulgence is granted to the faithful who raise their mind with humble confidence to God.)

O holy Mary, into thy blessed trust and special keeping, into the bosom of thy tender mercy, this day, every day of my life and at the hour of my death, I commend my soul and body; to thee I entrust all my hopes and consolations, all my trials and miseries, my life and the end of my life, that through your most holy intercession and your merits, all my actions may be ordered and disposed according to your will and that of your divine Son. Amen.

The Serenity Prayer

God grant me the grace to accept with serenity the things I cannot change; courage to change the things I can; and wisdom to know the difference. Living one day at a time; enjoying one moment at a time; accepting hardships as the pathway to peace; taking, as Jesus did, this sinful world as it is, not as I would have it; trusting that He will make all things right if I surrender to His Will; that I may be reasonably happy in this life and supremely happy with Him forever in the next.

Thanksgiving prayer before leaving the church

Thank You Lord for all You've done in my life, especially for enabling to pray and spend time with You and enjoy Your presence. Be with me always and help me live a life pleasing to You. Amen.

Annexure

Weekend Holy Mass Timings: Saturday Vigil Mass at 5 pm,
Sunday 7:30 am, 9:30 am, 11 am, 12:30 pm in English
and 5 pm in Spanish

Weekday Holy Masses at 7 am(except on holidays) and 9 am

Devotions and events of all months (*Subject to change*)

- Morning adoration prayers on all weekdays after the 9 am Holy Mass.
- Divine Mercy Chaplet on all Fridays.
- First Sunday Birthday and Wedding Anniversary Blessings at 9.30 am Mass.
- First Wednesday Rosary to St. Joseph at 8:25 am.
- First Friday Holy Hour soon after 9 am Holy Mass.
 - First Saturday Rosary Meditation at 8:25 am.
 - First Saturday Holy Hour from 6 pm to 7 pm.
- Mass for hearing impaired on every First Sunday at 2 pm
- Anointing of the sick on every second Sunday after the 11 am Holy Mass till 12:25 pm, and upon request.
- Patriotic Rosary on every third Saturday.
- Blessing of articles on every third Sunday.
- Family Mass at 11 am on last Sunday.
 - Confessions
 - on every Saturday from 3:30 pm to 4:30 pm
 - on every First Saturday from 6 pm to 6:30 pm
 - on First Sunday and every Sunday of Lent after the 9:30 am Holy Mass till 10:55 am
 - by appointments.

The 9 am weekday and 9:30 am Sunday Holy Masses, will be livestreamed on our YouTube channel, and Facebook page.

The 3 pm Divine Mercy Chaplet, Sunday Vigil Mass, Family Mass Special Day Masses and other devotions will be livestreamed on our YouTube channel, and later uploaded in our Facebook page.

Yearly Devotions and events(*Subject to change*)

- December 31st Holy Hour after the Vigil Mass at 5 pm
- Miraculous Prayer to Infant Jesus at 9 am Holy Mass on January 14th
- 9 day Prayer for Respect Life in January
- Blessing of candles at the 9 am Mass on the Feast of Presentation of our Lord in the temple on February 2nd
- St. Blaise blessing of throats at 7 am and 9 am Holy Masses on February 3rd
- Healing Mass on February 11 on Our Lady of Lourdes Feast Day (World Sick Day)
- Sunday before February 14- St. Valentine's Day
Special Blessings to all married couples at 9.30 am
- Meditation of the 7 joys and sorrows of St. Joseph on March 19th
- Rosary to St. Joseph on Wednesdays of March
- Pancake breakfast after 9 am Holy Mass on the Tuesday before Ash Wednesday (Madri Gras)
- Our Lenten devotions.
 - Ash Wednesday Schedule
Holy Masses with ash distribution at 7 am,
9 am, 12.10 pm, 4:30 pm and 7:30 pm in English,
and 6 pm in Spanish.
 - Stations of the Cross on every Friday in Lent at
7pm in English and 8 pm in Spanish.
 - Lenten Retreat
 - Palm Sunday Schedule - Holy Masses with Blessing of Palms at regular Sunday Masses
 - Diocesan wide confession on Monday of the Holy week from 3 pm to 9 pm
 - Maundy Thursday Schedule
 - No Morning Mass.
 - Morning Prayer at 9 am

- Concelebrated Mass in English at 7 pm
- Adoration soon after the Mass till 9:30 pm (English).
- Holy Mass in Spanish at 7:30 pm (auditorium).
- Adoration in Spanish from 9:30 pm to 11 pm.
- Good Friday Schedule
 - No Morning Mass.
 - Morning Prayer at 9 am
 - Stations of the cross in English at 12 noon.
 - Divine Mercy Chaplet and Novena Day 1 at 3 pm
(*Novena pamphlets will be provided*)
 - Solemn Liturgy of the Passion of the Lord with Holy Communion at 3:30 pm (English)
 - Stations of the cross in Spanish at 6:30 pm
 - Solemn Liturgy of the Passion of the Lord with Holy Communion at 7 pm
- Holy Saturday
 - No Morning Mass.
 - Morning Prayer at 9 am.
 - Blessing of Easter Baskets following 9 am Prayer service
 - Divine Mercy Chaplet and Novena Day 2 at 3 pm
(*Novena pamphlets will be provided*)
 - No 5pm Holy Mass
 - Easter Vigil service and Solemn Mass in English at 8 pm
- Easter Sunday
 - Holy Masses at usual Sunday timings
 - Divine Mercy Chaplet and Novena Day 3 at 3 pm
 - Divine Mercy Chaplet and Novena till Saturday before Divine Mercy Sunday at 3 pm
 - Divine Mercy Sunday 2:30 pm to 4:30 pm
Talk, Divine Mercy Chaplet at 3 pm and adoration
 - Novena to Holy Spirit in preparation of Pentecost Sunday begins on the day after the Solemnity of the Ascension, Friday of the 6th Week of Easter, even if the Solemnity of the

Ascension is transferred to the 7th Sunday.

- Meditation of the 7 joys and sorrows of St. Joseph on May 1st
- Daily Rosary in the month of May
- Second Sunday of May
 - May Crowning
 - Mother's Day Blessings
 - CDA Spiritual Adoption Shower at all Masses
- Our Lady of Fatima devotion Rosary beginning with Rosary procession on May 13th after 6 pm Mass, and at 8.25 am on the 13th of June, July, August, September and October.
- Vigil Mass of the Ascension of the Lord at 7 pm
- Mass book opening for next year in the month of June
- Flag Day on June 14
- Father's Day Blessings on third Sunday of June
- Consecration to Sacred Heart of Jesus on the Solemnity of the Sacred Heart of Jesus at the Holy Hour after 9am Mass
- Holy Rosary at 8:25 am and Consecration to Mary on the Immaculate Heart of Mary Feast Day at 9 am Holy Mass
- Memorial Day Prayers on the last Sunday of May at the 9.30 am Holy Mass
- Special Prayers for our country on Independence Day on July 4
- Novena in preparation of the Parish Feast Day on July 31st from July 22 to July 31
- Light breakfast and refreshments after the 9 am Holy Mass on July 31st, the Feast Day of St. Ignatius of Loyola (Patron Saint)
- Parish Feast Day Mass at 5pm on the nearest Saturday after July 31st with a fellowship dinner
- Evening Mass at 6pm on August 15th, Assumption Feast Day
- Novena in preparation for the Nativity of Blessed Virgin Mary from August 30th to September 7th
- Special prayers on 9/11 – World Day of peace
- Blessing of animals on 5th in honor of St. Francis of Assisi.
Feast Day of Fr. Francis Assisi

- Consecration to Christ the King on Feast Day.
- Blessing of bread and wine to be used for Thanksgiving dinner at the 9 am Holy Mass on Thanksgiving Day
- All Souls' Day Memorial Altar at all Masses
Holy Masses at 7 am, 9 am and 7:30 pm (those who had a funeral at St. Ignatius during the last year will be specially remembered)
- St. Gertrude prayer at the 9 am Mass in November
- RE children dressed up as Saints on the Sunday prior to All Saints Day at the 9 am Holy Mass
- Veterans Day blessings on the Sunday before November 11 at all Holy Masses.
- Ministry appreciation Holy Mass at 5pm on the Saturday before Thanksgiving Day, followed by a fellowship dinner.
- St. Andrews Christmas Novena from November 30th to December 24th
- Christmas Tree lighting and Manger Blessing on the second Sunday of Advent
- Advent Retreat on the Saturday of the 3rd week of Advent
- Christmas Pageant by RE Children on the 4th Sunday of Advent.
- Confessions before Christmas on the Monday of the 4th week of Advent from 5 pm to 8 pm
- Christmas Mass Schedule
 - On Christmas Eve Holy Masses at 4 pm, 5:30 pm and 12 midnight (*Live*) in English and 7 pm in Spanish.
 - Christmas Sunday- usual Sunday Masses in English
Spanish Mass at 2:30 pm
- Christmas Novena adapted from St. Alphonsus Liguori from December 26th to January 3rd
- New Year Schedule (Solemnity of Mary, Mother of God)
 - Vigil Mass in English at 5 pm followed by Holy Hour
 - Vigil Mass in Spanish at 7 pm.
 - If January 1st on Sunday, usual Sunday Mass schedule,
Otherwise Holy Masses at 7 am, 9 am and 12 noon in English

RECTORY OFFICE: 931-0056 ;

Monday to Friday 9:00 am - 12 noon & 1:00 pm - 5 pm *

Saturday : Closed; Sunday: 9:00 am - 2 pm

**** Evenings by appointment only.***

Rectory Holidays (Subject to change)

- December 31 and January 1 – New Year
- Third Monday of January - Martin Luther King Jr. Day
- Third Monday of February– President’s Day
- From 4 pm on Holy Thursday till 9am on Tuesday after Easter
- Last Monday of May - Memorial Day
- July 4 – Independence Day
- August 15 – Assumption Day
- First Monday of September – Labor Day
- November 11 - Veterans’ Day
- From 3 pm on the Fourth Wednesday & Thursday of November – Thanksgiving Holidays
- December 24, 25 and 26 – Christmas Holidays



**Scan QR Code to visit all
our Social Media Platforms
for more information on the
various happenings of
our Parish**

Please visit the “Live in faith” page of our website for Bible Reading Plan and 33day Total Consecration to Jesus through Mary, and much more. Please visit the “Weekend Liturgy” of our website for Sunday Readings, Short reflection and a prayer based on it .