

**Sign of the Cross:** In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

**Introductory Prayer.**

Queen of the Holy Rosary, you came to Fatima to reveal to the three shepherd children the treasures of grace hidden in the Rosary. Inspire our heart with a sincere love of this devotion, in order that by meditating on the Mysteries of our Redemption which are recalled in it, we may obtain peace for the world, the conversion of sinners, and our intentions and desires. We ask it for the greater glory of God, for your own honor, and for the good of souls, especially for our own. Amen.

We unite with all the Angels and Saints in Heaven, with all the just on earth, and with all the faithful now praying. We unite with Thee, O my Jesus, in order to praise worthily Thy holy Mother, and to praise Thee in her and through her. We renounce all the distractions that we may have during this Rosary, which we wish to say with modesty, attention and devotion, just as if it were to be the last of our lives. We offer Thee, O most Holy Trinity, this Creed in honor of all the mysteries of our Faith; this Our Father and these three Hail Marys in honor of the unity of Thy Essence and the Trinity of Thy Persons. We ask of Thee a lively faith, a firm hope and an ardent charity. Amen

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

For the intentions of Holy Father, Pope: 1 Our Father.

We salute you, Mary, Daughter of God the Father, Mother of God the Son, and Bride of God the Holy Spirit, and pray for the gifts of faith, hope and charity 3 \* Hail Mary

1\* Glory be., 1 \* Fathima prayer

### **The Our Father**

Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done on earth as it is in heaven.  
Give us this day our daily bread; and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen

### **The Hail Mary**

Hail Mary, full of grace, the Lord is with you;  
blessed are you among women, and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners  
now and at the hour of our death. Amen.

### **The Glory Be (The Doxology)**

Glory be to the Father, and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

### **Fathima Prayer:**

"O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven,  
especially those who are in most need of Your Mercy".

## **Meditation of JOYFUL MYSTERIES**

**First Joyful Mystery – The Annunciation of Our Lord’s Birth to Mary.**

**1<sup>st</sup> of the 5months** (May/November First Saturday)

**Scripture passage from Gospel according to St. Luke 1:26-38**

### **Announcement of the Birth of Jesus.**

In the sixth month, the angel Gabriel was sent from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin’s name was Mary. And coming to her, he said, “Hail, favored one! The Lord is with you.” But she was greatly troubled at what was said and pondered what sort of greeting this might be. Then the angel said to her, “Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive in your womb and bear a son, and you shall name him Jesus. He will be great and will be called Son of the Most High, and the Lord God will give him the throne of David his father, and he will rule over the house of Jacob forever, and of his kingdom there will be no end.” But Mary said to the angel, “How can this be, since I have no relations with a man?” And the angel said to her in reply, “The holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be called holy, the Son of God. And behold, Elizabeth, your relative, has also conceived a son in her old age, and this is the sixth month for her who was called barren; for nothing will be impossible for God.” Mary said, “Behold, I am the handmaid of the Lord. May it be done to me according to your word.” Then the angel departed from her.

### **Reflection**

Let us think of the annunciation event for a few minutes. Mary as a young girl might have been praying or doing some normal household chores, when the angel announced the message of Incarnation to her. God always respects our free will. God became willing to be born as a child in Mary’s womb, just to save the fallen human race. The first man was from Earth, and the second man is from Heaven. Mary said “yes” without knowing the whole picture. She trusted God completely. Her obedience to God’s will cancelled Eve’s disobedience and she became co-redemptrix.

Now let us think of the situations in our lives where we had to take decisions. Thank God for the times we could also say “yes” trusting in His Divine will fully. Ask pardon for the times we gave priority to our conveniences and comforts and made wrong decisions/choices, said “no” to God, and failed in our duties and obligations. Try to identify God’s messengers in our lives. It could be your parish priest, confessor, your parents, grandparents, spouses, children, grandchildren, friends and even a total stranger or enemy, all who help us to make right decisions and lead us closer to God. Think of all the incidents/situations which revealed God’s will to us, and made us close to God. Those are the angelic annunciation moments in our lives. Make a firm decision to try our level best to understand God’s will and do it from now onwards.

### **Silent meditation for a moment.**

With petition for the grace of humility, we pray

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

## **Second Joyful Mystery – The Visitation of Blessed Virgin Mary to Elizabeth.**

**2<sup>nd</sup> of the 5 months** (June/December First Saturday)

**Scripture passage from Gospel according to St. Luke 1:39-56**

### **Mary Visits Elizabeth.**

During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy. Blessed are you who believed that what was spoken to you by the Lord would be fulfilled."

### **Reflection.**

From this single passage, we can consider Mary as the role model of Christian faith in action. We can say that Mary is the first evangelizer, as she carried Christ to Elizabeth, Zechariah and their unborn son John. She spread the message of God's salvation to others and spread the joy she experienced herself. She always helped others rising to the situation and without waiting for a request from them.

First and foremost, as Catholics our primary duty is to spread the Gospel and make Jesus known to others, not necessarily through our words but through our actions. Once we experience the deep inner joy as a Catholic, we are no longer able to hold it within ourselves. We will naturally become joy bearers. We will do whatever good we can do, for others, expecting nothing in return, just for the greater glory of God. Thank God for all the times we could be Christ bearers in some way, may be by becoming a good Catholic by our commitment to God which is obviously reflected in our actions and attitude towards others.

### **Silent meditation for a moment.**

With a petition for the grace of charity with prudence towards our neighbors, we pray,  
1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

**Third Joyful Mystery – The Nativity of Our Lord.**  
**3<sup>rd</sup> of the 5months (July/January First Saturday)**

**Scripture passage from Gospel according to St. Luke 1:1-7**

**The Birth of Jesus**

In those days a decree went out from Caesar Augustus that the whole world should be enrolled. This was the first enrollment, when Quirinius was governor of Syria. So all went to be enrolled, each to his own town. And Joseph too went up from Galilee from the town of Nazareth to Judea, to the city of David that is called Bethlehem, because he was of the house and family of David, to be enrolled with Mary, his betrothed, who was with child. While they were there, the time came for her to have her child, and she gave birth to her firstborn Son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn.

**Reflection**

The Gospel passage we just heard, draws our attention to the poverty our Lord chose willingly, for redeeming us. He showed us how to live a good life even in the worst scenarios on earth. Here we can see that the parents of Jesus, as law abiding citizens went all the way to Bethlehem despite Mary's pregnancy and the cold winter. It reminds us that we should also follow common laws to do our part to ensure the welfare of the society to which we belong. Some people are reluctant to obey laws, rules and regulations, and think that it restricts their freedom. True freedom is not doing whatever we want, but doing the right thing not just for personal benefits alone, but for the common welfare. We should learn from the hardships Mary and Joseph undertook to follow the law. Jesus was wrapped in swaddling clothes and laid Him in a manger, and in fact this was the sign given by the angels to the shepherd. Even the baby in worst poverty might have got at least the comfort of a house, but in order to identify with the poorest of the poor, He chose to be born in a manger. So let us make a firm decision to ignore the difficulties we face in our life. Also let us see Jesus in all who are in real need and help them in which ever way possible.

**Silent meditation for a moment.**

With a petition for the grace of detachment from all the vices of the world, we pray,  
1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

**Fourth Joyful Mystery – The Presentation of Our Lord in the temple.**  
**4<sup>th</sup> of the 5months** (August/February First Saturday)

**Scripture passage from Gospel according to St. Luke 2:22-40**

**The Presentation in the temple.**

When the days were completed for their purification according to the law of Moses, Mary and Joseph took Jesus up to Jerusalem to present him to the Lord, just as it is written in the law of the Lord, Every male that opens the womb shall be consecrated to the Lord, and to offer the sacrifice of a pair of turtledoves or two young pigeons, in accordance with the dictate in the law of the Lord. Now there was a man in Jerusalem whose name was Simeon. This man was righteous and devout, awaiting the consolation of Israel, and the Holy Spirit was upon him. It had been revealed to him by the Holy Spirit that he should not see death before he had seen the Christ of the Lord. He came in the Spirit into the temple; and when the parents brought in the child Jesus to perform the custom of the law in regard to him, he took him into his arms and blessed God, saying: *“Now, Master, you may let your servant go in peace, according to your word, for my eyes have seen your salvation, which you prepared in the sight of all the peoples: a light for revelation to the Gentiles, and glory for your people Israel.”* The child’s father and mother were amazed at what was said about him; and Simeon blessed them and said to Mary his mother, “Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted (and you yourself a sword will pierce) so that the thoughts of many hearts may be revealed.” There was also a prophetess, Anna, the daughter of Phanuel, of the tribe of Asher. She was advanced in years, having lived seven years with her husband after her marriage, and then as a widow until she was eighty-four. She never left the temple, but worshiped night and day with fasting and prayer. And coming forward at that very time, she gave thanks to God and spoke about the child to all who were awaiting the redemption of Jerusalem. When they had fulfilled all the prescriptions of the law of the Lord, they returned to Galilee, to their own town of Nazareth. The child grew and became strong, filled with wisdom; and the favor of God was upon him.

**Reflection**

In this Gospel passage, we can see that Mary and Joseph strictly observed the law of Moses and the religious practices, even in their poverty. Let us also obey God’s commandments, offer whatever talents we have for the good of the church and those in real need. Above all, let us trust in His merciful love, surrender ourselves fully into God’s hands, allowing Him to use us for His greater glory. Like Simeon and Anna, let us live this life on earth in prayer and praise, so that one day we will enjoy His presence in heaven with all the angels and saints.

**Silent meditation for a moment.**

With a petition for the grace of purity, we pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

## **Fifth Joyful Mystery – Jesus lost and found in the temple.**

**5<sup>th</sup> of the 5months** (September/March First Saturday)

### **Scripture passage from Gospel according to St. Luke 2:41-51**

#### **The Boy Jesus in the Temple.**

Each year his parents went to Jerusalem for the feast of Passover, and when he was twelve years old, they went up according to festival custom. After they had completed its days, as they were returning, the boy Jesus remained behind in Jerusalem, but his parents did not know it. Thinking that he was in the caravan, they journeyed for a day and looked for him among their relatives and acquaintances, but not finding him, they returned to Jerusalem to look for him. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers. When his parents saw him, they were astonished, and his mother said to him, "Son, why have you done this to us? Your father and I have been looking for you with great anxiety." And he said to them, "Why were you looking for me? Did you not know that I must be in my Father's house?" But they did not understand what he said to them. He went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart.

#### **Reflection**

The Gospel scene is that of Mary and Joseph losing Jesus for three days. We can imagine the tremendous pain they had to undergo, as parents. Mary's spontaneous response as a mother is quite understandable and it shows her deep love and concern as a good mother. See how she reacted like an ordinary mother of all ages, and that's the beauty of this passage. Some people think that, as Mary is the Mother of God, she is free of emotions like this. Though God chose her in a special way, she is a normal human being like all of us. It is her love of God, complete trust in God and willingness to perfectly obey God's will, that makes her extra ordinary, and in fact the perfect disciple of Jesus, as Jesus has said in Mt.12:50 "For whoever does the will of my heavenly Father is my brother, and sister, and mother." One more quality we have to imbibe from her is that, we see that she kept all these things in her heart. Amidst our busy life, we have to reflect on all that happen in our lives, and try to find out what exactly is God communicating with us. On finding Divine will, we have to fulfill it for His greater glory. May Mary help us to do this in a special way. May Mary and Joseph, help us not to lose Jesus at any stage of our lives at any cost.

#### **Silent meditation for a moment.**

With a petition for the grace of true wisdom, we pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

### **Concluding Prayer.**

O God, Whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen. May the divine assistance remain always with us and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

### **Hail Holy Queen**

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. to you do we cry, poor banished children of Eve, to you do we send up our sighs, mourning and weeping in this valley of tears, turn then, most gracious advocate, your eyes of mercy toward us, and after this exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Amen.

Pray for us, O holy Mother of God  
*That we may be worthy of the promises of Christ.*

Let us pray: Grant we beseech Thee, O Lord God, that we, Thy servants, may enjoy perpetual health of mind and body and, by the glorious intercession of the blessed Mary, ever Virgin, be delivered from present sorrow and enjoy eternal gladness, through Christ, Our Lord. Amen.

### **The Memorare.**

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, we fly to thee, O Virgin of virgins, my Mother; to thee do we come; before thee we stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in thy mercy hear and answer us. Amen.

### **Litany of the Blessed Virgin Mary**

Lord, have mercy. *Lord, have mercy.*  
Christ, have mercy. *Christ have mercy.*  
Lord, have mercy. *Lord, have mercy.*  
Christ, hear us. *Christ, graciously hear us.*  
God, the Father of Heaven, *have mercy on us.*  
God the Son, Redeemer of the world, *have mercy on us.*  
God the Holy Spirit, *have mercy on us.*  
Holy Trinity, One God, *have mercy on us.*  
Holy Mary, *pray for us.*  
Holy Mother of God, *pray for us.*  
Holy Virgin of Virgins, *pray for us.*  
Mother of Christ, *pray for us.*  
Mother of the Church, *pray for us.*  
Mother of Mercy, *pray for us.*  
Mother of Divine Grace, *pray for us.*

Mother of Hope, *pray for us.*  
Mother Most Pure, *pray for us.*  
Mother Most Chaste, *pray for us.*  
Mother Inviolate, *pray for us.*  
Mother Undeiled, *pray for us.*  
Mother Most Amiable, *pray for us.*  
Mother Most Admirable, *pray for us.*  
Mother of Good Counsel, *pray for us.*  
Mother of our Creator, *pray for us.*  
Mother of our Savior, *pray for us.*  
Virgin Most Prudent, *pray for us.*  
Virgin Most Venerable, *pray for us.*  
Virgin Most Renowned, *pray for us.*  
Virgin Most Powerful, *pray for us.*  
Virgin Most Merciful, *pray for us.*  
Virgin Most Faithful, *pray for us.*  
Mirror of Justice, *pray for us.*  
Seat of Wisdom, *pray for us.*  
Cause of Our Joy, *pray for us.*  
Spiritual Vessel, *pray for us.*  
Vessel of Honor, *pray for us.*  
Singular Vessel of Devotion, *pray for us.*  
Mystical Rose, *pray for us.*  
Tower of David, *pray for us.*  
Tower of Ivory, *pray for us.*  
House of Gold, *pray for us.*  
Ark of the Covenant, *pray for us.*  
Gate of Heaven, *pray for us.*  
Morning Star, *pray for us.*  
Health of the Sick, *pray for us.*  
Refuge of Sinners, *pray for us.*  
Solace of Migrants, *pray for us.*  
Comforter of the Afflicted, *pray for us.*  
Help of Christians, *pray for us.*  
Queen of Angels, *pray for us.*  
Queen of Patriarchs, *pray for us.*  
Queen of Prophets, *pray for us.*  
Queen of Apostles, *pray for us.*  
Queen of Martyrs, *pray for us.*  
Queen of Confessors, *pray for us.*  
Queen of Virgins, *pray for us.*  
Queen of all Saints, *pray for us.*  
Queen Conceived without Original Sin, *pray for us.*  
Queen Assumed into Heaven, *pray for us.*  
Queen of the Most Holy Rosary, *pray for us.*  
Queen of Families, *pray for us.*  
Queen of Peace, *pray for us.*  
Lamb of God, Who takes away the sins of the world, *spare us, O Lord.*  
Lamb of God, Who takes away the sins of the world, *graciously hear us, O Lord.*  
Lamb of God, Who takes away the sins of the world, *have mercy on us.*



### **Prayer to Saint Joseph after the Rosary**

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness. As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

### **All: Act of Reparation for the First Saturdays of the Month**

O Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart surrounded with the thorns placed therein at every moment by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart.

We therefore kneel before You to manifest the sorrow we feel for the grievances that people cause You, and to atone by our prayers and sacrifices for the offenses with which they return your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy Him forever in Heaven.

### **All: Act of Consecration to Mary**

O my Queen, O my Mother, I love you and give myself to you. I give to you this day my eyes, my ears, my mouth, my heart, my whole self. Since I am yours, keep me and guard me as your child forever. Amen.

**Priest: Final blessing prayer** O God, fill our hearts with Your love, and as You revealed to us by an angel, the coming of Your Son as man, so lead us through His suffering and death, to the glory of His resurrection who lives and reigns with You and the Holy Spirit, one God for ever and ever. Amen. And may the blessing of Almighty God, + the Father, Son and the Holy Spirit come down upon you and remain with you always. Amen.

¶ Immaculate Mary, your praises we sing,  
you reignest in splendor with Jesus our King.  
Ave, Ave, Ave Maria! Ave, Ave, Ave Maria!  
In Heaven the blessed thy glory proclaim;  
on earth we thy children invoke thy fair name.  
Ave, Ave, Ave Maria! Ave, Ave, Ave Maria!  
We pray for God's glory, may His kingdom come;  
we pray for our Mother, the Church upon earth.  
Ave, Ave, Ave Maria! Ave, Ave, Ave Maria! ¶